

# THE BIRCH BARKER



## Birch Lake Yacht Club

August 11, 1984  
Issue #10

### COMMODORE'S COMMENTS

The festivities last week end began Friday night with the Record Dance. It was very pleasing to see many new faces at this enjoyable evening and we were happy with the good turnout. My daughter, Shelley, provided us with good music for dancing and listening. Gertie and Bob Temple did a great job in organizing and running this activity and were very ably assisted by Phyllis and Carl Reiner. My special thanks to all of you.

The Triathlon began early Saturday morning and, to the pleasure of the participants, they were cheered on by a large and enthusiastic crowd of Birch Lake spectators. I've never seen so many early risers before. My congratulations to the winners and to all of the participants who completed this grueling race. Bill Carpenter deserves a big thank you for initiating and organizing this very exciting event.

I'm happy to report that the Saturday night dance for the Juniors was very successful and enjoyed by some 45 young people. Thanks to Katha and Mike Machalleck and Judy and Dave Olson for handling this party. It was enjoyed so much that they have scheduled another one for Saturday, August 18.

You might all be pleased to know that Notre Dame football coach, Jerry Faust, has become such a Birch Lake fan that one of the first things he schedules for the freshman team to enjoy is an afternoon visit to our lake. The Notre Dame Quarterback Club will be putting on a feast for them and the coaching staff this Sunday in our front yard. This will be their fourth visit in what has become an annual affair.

Tonight's the Monte Carlo party which always is a lot of fun. Don't miss it. Also, I hope all of you with sail boats will participate tomorrow afternoon in the Couple's Race.

Herm Kruggel, Commodore

\* \* \* \*

### UPCOMING EVENTS

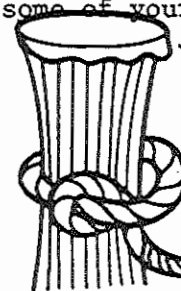
Tonight - MONTE CARLO NIGHT - 8:00 P.M. (Indiana time) at the Yacht Club. Joe O'Brien and Randy Welch, Co-Chairmen. Admission charge - your favorite hors d'oeuvres or snack. We will have a cash bar. Don't settle for Las Vegas or Atlantic City, come to Monte Carlo Night at the Yacht Club and be a winner!

Sunday, August 12 - COUPLES SAILBOAT RACE - Here comes one of summers most enjoyable events. Grab a partner of the opposite sex and enter the Couples Sailboat Race. This race is just for the fun of it, but we will have some trophies to reward your skill and/or luck. We'll start at 2:00 P.M. (Indiana time) tomorrow, August 12. Boats 14' and under (Sunfish, etc.) will sail with one couple. Boats over 14' will be sailed by two couples. With one couple, each person sails every other leg. With two couples, each person sails a leg. A handicap system is used which makes all boats competitive. Call Marty Sante for further information.

Tuesday, August 14 and Thursday, August 16 - CPR CLASSES - 6:00 P.M. (Indiana time). The Birch Lake Improvement Association will again sponsor cardiopulmonary Resuscitation (CPR) classes this year at the Yacht Club. Yearly re-certification is required for those who have already taken the class. It is very important that as many people as possible be trained in this technique, as we are only a breath away from the victim. The class will be taught by Porter Township Fire Department and our cards will be available. Please call Bud Rieth at 476-2174 and register as soon as possible.

Saturday, August 18 - JUNIOR PARTY - 8:00 to 10:00 P.M. (Indiana time). Juniors ages 12 to 18, come to the Yacht Club and dance or listen to some of your favorite music. 50¢ admission. Mike and Katha Machalleck, Dave and Judy Olson, Chairmen.

Upcoming Events continued on next page



UPCOMING EVENTS (Continued)

Saturday, August 25 - ANNUAL DINNER - Plan now to attend. We will have cocktails (cash bar) at 6:00 P.M. (Indiana time). Dinner will be served at 6:30 P.M. with a short business meeting immediately following. This will be a Polish wedding style dinner. Adults \$6.25, children under 12 \$4.50. Randy Welch, Chairman.

\* \* \* \*

SUNFISH RACING NEWS

It has to happen at least once each season. A Sunday with no wind. We will attempt to make up the two cancelled races from last Sunday, so please be prepared to sail three races on future Sunday mornings. We won't go for three; however, if the wind is very light.

We are seeking volunteers to man our committee boat next season. This can be a non-sailor type, as you will be trained on starting races, etc. Please contact Tom Howard as he would like to begin working with you now in preparation for next season.

COUPLES SAILBOAT RACE - Starts at 2:00 P.M. (Indiana time) tomorrow. See details in UPCOMING EVENTS.

1985 FLEET CAPTAIN - Have received no suggestions for 1985 Fleet Captain. Please get them to Marty Sante as soon as possible. The end of this season will be upon us sooner than we think.

**\*\* RACE RESULTS FOR 8-5-84 \*\***

SAILOR		FINISH RACE #					TOTAL RACES SAILED	POINTS EARNED TODAY	SEASON AVERAGE TO DATE
		1	2	3	4	5			
BILL CARPENTER	*						3		1526.7
HAROLD CRANMER	14						13		1097.3
MIKE GOTSTEIN	6						8		1434.8
CLEM HAINES	*						2		1018.5
DON HARMON	8						9		1382.2
JEFF HOWARD	5						12		1439.9
CHAS LAPIERRE	15						7		1060.6
MIKE MACHALLEK	2						10		1479.1
JOE O'BRIEN	12						10		1110.3
DAVE OLSON	11						8		1201.6
JEFF OLSON	16						7		1045.4
HARRY PRICE	*						4		870.8
F.WELCH / K.SANTE	10						11		1239.5
MARTY SANTE	3						15		1457.3
STEVE SANTE	7						12		1398.5
TROEGER'S	1						13		1699.8
KEN TROYER	9						14		1269.1
RANDY WELCH	4						9		1450.1
ASHLEY WELCH	13						10		1101.8

\* = WILL NOT COMPLETE 2/3 OF SEASON RACES

August

The morning came with much anticipation. Twenty Triathletes waded out into the water waiting for the starters gun. The questions would cross through each one of their minds - did I train enough? - will I finish? - what am I doing here? The final commands were given and they were off. The tasks ahead of them were a 1/4 mile swim, 7 1/2 mile bike, and a 3 mile run. One by one they reached their goal, the finish line.

Last Sat. 15 individuals and 5 relay teams participated in the Birch Lake Triathlon. They came to test themselves. Dave Lovejoy used the swim to show everyone his state championship form. Out of the water fast after him were Pete Lovato and Bill Carpenter. Now comes the test of pulling yourself out of the water and preparing for the bike ride. Bob Ross was the 1st. cyclists on the course. Dave Lovejoy, Bob Ross and Dave Bussard were part of a relay team. Now came the hills. The faster you could ride up them the more you gain on the leaders. Bill Carpenter caught Bob Ross at the 3 mile mark then at the 5 mile mark Kurt Kruggel showed his winning form and took the lead. The moment of truth comes when you get off the bike and begin to run. Tom Troeger after a fast bike ride caught Bill on the hill to take over second spot, but there was still 3 miles ahead. Libby Troeger was now ready to show her winning form. She passed slower runners to finish 9th overall but the 1st. women. Dave Bussard showed a running form which brought his relay to 1st. overall by two minutes.

Many thanks goes to all the helpers and volunteers who made this a success. It took many people to start, finish, work the water stations and just be on the course cheering the triathletes on. My special thanks to Dan Reynolds for assuring me nothing would go wrong, and Bob Temple and Herm Kruggel for overseeing the race. Members of the Michiana Masters swim team were up for water safety.

Thanks again to all that helped.

*BILL CARPENTER*

Bill Carpenter  
Race Chairman

NAME (Place Overall)	TIME	MALE	FEMALE	RELAY
D. Lovejoy/B. Ross/D. Bussard	48:37			1
Kurt Kruggel	50:48	1		
Kevin Kruggel	53:07	2		
Tom Troeger	53:59	3		
Pete Lovato	54:48	4		
Phil Verslype	56:40	5		
Craig Cole	56:41	6		
Brain Machallack	56:42	7		
Libby Troeger	57:26		1	
Bill Carpenter	58:53	8		
Dan Reynolds	59:23	9		
T. Condon/J. Cook/C Cook	59:53			2
C. Doolittle/R. Doolittle/ C. Jankowski	59:56			3
Tammy Troeger	61:56		2	
Bryan Bergin	66:05	10		
Janet Barr	66:50		3	
K. Cook/S. Condon/K. Condon	68:12			4
Troy Troeger	68:25		4	
Andrea Athanas	69:14		5	
R. Welch/A. Welch/R. Welch	75:25			5



Can any of you believe that we are now in the second WEEK of August!!! The Summer of 1984 is coming to a beautiful close, for me the end of the summer season is the saddest of all--- everyone leaves and the lake is so quiet!!!! Anyway, Birch Lake Residents, make this your motto for the rest of this season, "Go for it , make the most of what we have left!!!!" Party!!

TRIATHALON NEWS

All I have to say to those of you that missed watching this years' triathlon is that you "blew it" ! You missed a highlight of our summer at Birch Lake! ((it was also the highlight of some residents' athletic careers!!) Even tho this year I did not participate in the actual athletic part (!) I had a ball being a part of all the fun!! (I plan to start NOW to train for next year, I figure by next June I won't be sore anymore and can begin working on speed and endurance!!!)

HIGHLIGHTS OF our residents efforts:

Rah Rah Rah for (young) Randy Welch!! Randy Welch "helped" his young son to the finish line, bicycling along behind for encouragement! "Little" Randy you are really something! Congratulations to you.

Andrea Athanas, you looked GREAT! You were fantastic during the Triathlon, its just too bad your bike wasn't in as good of shape as you were!

Rumor has it that Dan Reynolds "tricked" Bill Carpenter! Seems Bill was leading as they came to a turn-around point & Reynolds claimed he just didn't have it in himself to out run Bill to the finish line----but he did! He zipped past Bill to finish ahead! Sorry Bill, but we thought you were looking sooooooo good!

The Condon-Cook Girls' Relay may not have come in 1st place, (or even 2nd) but they have my admiration! Three cheers for those Three girls who dared to try! Next year those three will be something to keep your eye on; they'll be back for the kill!!

Well we watched the swimming portion & saw the great lead Dave Lovejoy had----- then what happeded!?? Really, Bob Ross your "pedal power" is good, it just must have been the rugged competition that you were up against!

WHO'S WHO around here!

The Blackwoods, in the cove, are the host of an exchange student this summer from Lille, France. Her name is Sophie Graves; last summer Ann Blackwood was an exchange student with Sophie's family. Since Ann was shown Paris by them she is hoping to show Sophie certain sights of our country, starting with last weekend being the tour of New York and the "Big Apple".

Ruth Rogers, of Canoga Park, Calif. is visiting in this area for 3 weeks. Along with visiting with her sister, Arline Machalleck, she also came for her 40th Class Reunion at Niles High School.

For Denny Weesner's Birthday party (no one would tell me just which number this party was for Denny!) on Sunday, her husband, Keith, and her parents, Frank & Rose Horvath, had a Hungarian Gypsy Band to entertain her!! They made this into a Corn & Sausage "Birthday" Roast ! Congratulations Denny!

Hub & Dorothy Getzinger are very proud of their two visiting grandsons from Burke, Virginia. The boys completed competition before leaving to visit their grandparents this summer. Kirk received a 1st place Trophy for Diving in Sr. division, and Kevin received a 3rd place gold medal in diving for the intermediate division!! Good work to you both!

John, Sue, & Laura Parnell, from Cincinnati enjoyed a long weekend at Birch Lake. Dick, Babe, & the Twins were here too from Niles & also Kathy & husband Ron Niezgodski from S.Bend relaxed at the Lake. John was showing Shane & Brian the fine points of fishing & Shane has the proof (with a picture!) that there are Big fish in Birch Lake!!

(Does this mean that maybe Tom Rogers was telling the Truth (!) about that 3 ft fish he spotted in the water by the South Shore!! Need more PROOF!)

"No two persons ever read the same book".

"Sunrise should be videotaped for later viewing so more people could enjoy it!"

LOOKING FOR: If you have an old, but in good working condition, refrigerator that you are going to replace with a spanking new one , I would be interested in obtaining your old one ! Call Sherry Holleman, 476-2800.

Judy and Jeff Olson celebrate their birthdays today; Jeff is 14, Judy won't say how old she is.

DID YOU KNOW THAT.....

...Camp Tannadoonan is one of the oldest residents on Birch Lake!!? Yes, the Camp has been in operation for 63 years now. Back in 1968 the Camp Director was Miss Dorothy Denton, who was the Executive director of the S.B. Camp Fire Girls Council, Inc. Jo Murphy is now the Camp Director.

...You can freeze hard cheeses?? Cheeses sliced or in a brick or wheel can be frozen to keep them fresh longer. Thaw in the refrigerator or at room temp, check before using to see if the color is even. Cheese that is still slightly frozen will have a spotted or splotchy appearance.

...You should never refrigerate yeast breads or rolls, you'll retard mold growth but the bread will stale more quickly. If you're not using the bread right away, keep it in the freezer.

BACK IN TIME .....

In Aug. 1968 at the Annual Diamond Lake Open Regatta, Birch Lake did well. Keith Claro of B.L. took 1st place and Earl & Tom Troeger finished in 3rd places.

From the 1968 Barker: Daffy-nition:

Lake: a body of water where it is sometimes illegal to catch fish, but more often miraculous.

UNDERGROUND RAILROAD-- One of the principal greivances of the Southern Slave Owners before the Civil war was the Underground Railroad. Quakers from Pennsylvania came into Michigan and purchased sections of land around Birch Lake and Calvin Center. When the runaway slaves from the South were carried by the Underground into Michigan, a farm was given to them and many families have retained this lads to the present day. The Underground railway was a route over which the colored men and their families, were carried on horse-back or by wagon, after night from one station to another. These stations were usually about twenty miles apart. Two principal routes were used, one coming up from Cincinatl through Indiana and the other from St.Louis, Through Illinois. These two routes converged just east of Cassopolis at the home of Stephen Bogue. A monument now marks this spot on route m 60, this was the Michigan terminal of the Underground railroad. Bogue and Josiah Osborne were the principal operators and the most important men in this undertaking. Osborne was located on the farm that is now known as Hiltrings Lakeland Gardens. He operated a nursery here as far back as 1850, furnishing shade and fruit trees for the surrounding country. In 1847, slave owners from Bourbon County, Kentucky organized an expedition to come to Michigan to recover some of their runaway slaves. They arrived in the month of August and camped near Shavehead Lake. They knew exactly where the runaways were living as they had sent a spy up the previous winter. The spy had made maps and reported their location to the slave owners.....NEXT ISSUE CONT.

NEW NEW -- There is a new product on the market labeled "mosquito beater" by Bonide that is said to keep mosquitoes away for 2 days.

DANCE DANCE DANCE!!! .... There will be another teen dance (due to popular demand!!) from 8-10 p.m. on Aug. 18 at the Yacht Club. There will be a .50¢ admission charge, and if you have a favorite tape (no records please), please bring it, labeled with your name. Come have some Real Lake Fun!!

MEDICAL ADVICE, (from an article written by Shirley Ross Aug 1968.)

Heat Exhaustion : heat exhaustion or heat collapse is a common illness caused by heat. Its' signs are weakness, faintness, dizziness, headache, loss of appetite and nausea. The person may appear ashen gray & his skin may be cold & clammy. The person suffering from heat exhaustion is in a mild state of shock & should be placed in a cool room on his back & made comfortable. He should rest to allow his vascular system an opportunity to meet the demands placed upon it.

If you or someone you are with shows signs of having heat exhaustion be sure you take immediate steps to help them.

"Wouldn't it be wonderful if, when we lose our temper, we couldn't ever find it again?"

"Women's liberation started when women began to get tired of dancing backward"

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