

Birch Barker

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Weekend of July 28, 2007



photo courtesy of Steve Richards

Commodore's Comments

Excellente! The Spaghetti Dinner last Saturday night was very successful. Two hundred and twenty five hungry people were served a delicious meal and connected with their friends and family. I know the Kruggles had 17 of their family members there. It was quite a sight to see them all. I love these events that bring us all together to enjoy ourselves and each other. Our weekends get so involved with friends and family it's also nice to touch base with our neighbors.

The Spaghetti Dinner could not have happened without the dedicated families of the Cove: Vickie and Tom Rogers, Linda and Jim Bergan, Beth and Howard Blackwood and Bruce Wagner. What a great job you did. The work you put in even before Saturday is overwhelming but that's what made it so successful. The proceeds from the dinner will go towards

our Eurasian Milfoil/Invasive Species fund. We owe these people a huge round of applause and our heartfelt thanks.

Speaking of fundraisers don't forget to buy a ticket to the House Walk on August 11th. As you know the past few weeks the Barker has featured a house that will be on the walk. I am always curious to see how other people decorate their lake homes. I get great ideas for my own home, plus I always love seeing our beautiful lake from different perspectives. Every home has such a unique view of the lake.

I was honored this year to present a check to Miss Amber, at Camp Tannadoonah, for close to \$2000 from our Pancake Breakfast. I felt very proud to represent this lake in it's support of Camp. Camp T is such an asset to our lake and Miss Amber has really worked hard to make it a great experience for the kids that go there.

Please keep an eye out for your neighbor and your neighbor's property.

Tentative BLYC Calendar

- Aug. 3Women's Golf Outing & Luncheon
- Aug. 4Board Meeting 9 AM
- Aug. 4Corn and Sausage Roast
- Aug. 11House Walk
- Aug. 18Fall Dinner
- Sept. 1Board Meeting 9 AM
- Sept. 3Sailing Awards

We have had a string of vandalism and thefts this summer. It seems many of the occurrences have happened during the early morning hours. The police are aware of these activities so don't hesitate to call them if you see something. Please take steps to deter anything from happening to your property.

Working together makes this a beautiful day in the neighborhood.

-Blair Garceau, Commodore 2007

We are always soliciting and accepting materials for publication. E-mail the info to sailorphil@philvitale.com, or, if you must, put the materials in the red Barker box at 63174 Birch Rd. (East Shore). You can also mail your items to: Phil Vitale, 102 So. Broadway, Cassopolis, MI 49031, or fax to (269) 445-9200. To contact me by phone, call (269) 476-1680 or (269) 445-9200.

— Birch Lake Notes —

SLOW DOWN!

We want to thank everyone that has slowed their speed down going back and forth to the yacht club. Our family and pets truly appreciate it. And to those of you that haven't slowed down please keep in mind our kids and pets are very precious to us and we don't want anything to happen to them.

Thank You.

-Ron and Staci Whiteman and family

One Book, One Lake

Our next book to read is Snow Flower and the Secret Fan, by Lisa See. We'll meet on Saturday, Sept. 15, 10 am, at the Yacht Club for discussion. Mark your calendar. There won't be a Barker that week to remind us.

Ladies Golf/Luncheon

Any non-golfing Birch Lake Lady and their friends are welcome to join us for a delicious luncheon following the golf. We will be dining once again at the Four Lakes Country Club. Lunch will start at 12:30 and the cost for just the lunch (and favors) is \$15. We will not be able to accommodate walk-ins so please call Linda, Vickie, Ilene or Blair to reserve your spot today.

Looking for Donations

This years Birch Lake Ladies Golf and Luncheon committee are looking for

Birch Barker Kids (No. 1) of the Week



Nancy Walker submitted this as one of her "frog kids" ...

donations for door prizes and baskets to raffle. This year we would like to have each team donate a basket to raffle. This was such a success last year, and just a few basket themes were; Chocolate Lovers, Christmas, Garden Plants, Pamper

Yourself, they were all sizes.

In the way of door prizes, we would appreciate anything you would like to donate.

This yearly outing for golf and luncheon or just come for the luncheon is great



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We wish everyone a safe and enjoyable summer at Birch Lake!

-Ben and Vanessa Wozniak

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BENDER

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He may be moldy but he ain't plastic!

*And he probably won't remember your name
until you've know him for years ... but, hey
He wants everyone here to...*

'Have A Safe and Fun Summer!'

— Birch Lake Notes —

fun. Call Vickie Rogers at 476-2383 with any questions on donations for our August 3rd outing.

-Golf Committee: Blair Garceau, Linda Bergan, Ilene Golden, Vickie Rogers

Volleyball anyone?

Let's spike it up. Sunday, July 29 at 1 pm, come to the north east corner and play. Games will be played in the field near Ben Wozniak's barn. This is very informal. You don't need a team. Just come on over and we'll choose up teams from whoever's there. See you on the court.

Directories

Directories are here! If you are a member of Birch Lake Yacht Club and did not receive your free directory please call Blair (9862). If you would like a copy or need additional copies (\$5.00) please call the same number. Any inaccuracies in the directory should be emailed to bgarceau@aol.com. Please put "BL director" in the subject box.

Line Dancing

Line Dance at the Yacht Club Tues. mornings 9 am Everyone welcome.

Spaghetti dinner at the club

MAMA MIA what a great third annual Spaghetti Dinner we had. We sold a

total of 247 tickets, from our 250 goals. The evening was a great success, it was good to see lake neighbors and guest enjoy a family style dinner, and stay to enjoy the evening.

This event as so many others could not have been completed without our helpers. We thank these volunteers who include Bruce Wagner and Jimmy Bergan III on beverages. Our dessert servers and help from Patty Luecht, and Blair Garceau. Cal King helped in the dining area, of course Bob King our traffic control person, and Judy & Dave Olson who were our greeters and ticket sales. Our appreciation to those who contributed desserts: Blair Garceau, Patty Luecht, Ilene Golden, Linda Bergan, Traci Limes, Deb Bolinger, and Donna Humes (cousin to Linda Bergan). She also pitched in the kitchen, to help us service.

We again this year walked around the lake to sell tickets in advance, which helps in our food preparation. We received warm welcomes from everyone and even received donations to the Yacht Club. We appreciate Judy Olson, for selling tickets on the east side and hill, as always a great job in her support to our lake.

This fundraiser made \$1,235; we will donate all funds to the Eurasian Milfoil Fund. This accomplishment was achieved by your support to Birch Lake Yacht Club

and us, we thank each and every one of you for making our last year such a wonderful event.

**-Howard and Beth Blackwood
-Jim and Linda Bergan
-Tom and Vickie Rogers**

Mark Your Calendars!

Mark Your Calendar! The Corn and Sausage Roast will be held on Saturday, August 4th, serving food from 5:30 pm until 7:30 pm. Once again we will be serving grilled chicken breasts on a limited basis, so come early if brats aren't your thing. Our combo meals include your meat choice, corn, four sides, cookies and beverage. Prices are: \$5.00 for a hot dog meal, \$6.00 for a bratwurst or chicken breast meal. Hope to see you there.

Kid of the week

Hey, what happened? Not a soul sent in a photo of an actual kid for this week's Barker. Were the kids around the lake all too busy last weekend that they didn't slow down enough for anyone to get a picture? Was the weather so spectacular that no one wanted to go indoors and do some computer time? I mean, come on guys ... just a froggie this week? Surely there are some proud grandparents around here with digital cameras, aren't there? Email photos to sailorphil@philvitale.com

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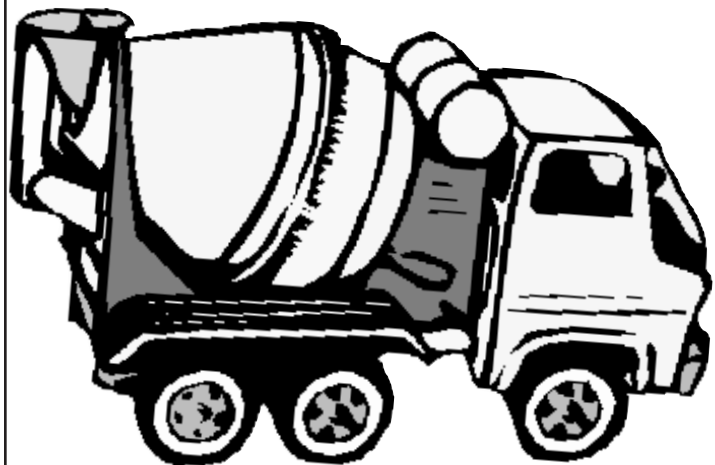
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— Birch Lake Notes —

The Sauk Trail

Prior to the White settlers arriving, there were numerous foot trails that were blazed through the thick forested land we now call Hillsdale County, they were used by the Indians very often as they were never camped in one spot for long periods. The one most recognized trail was memorialized when the Government decided to convert The rugged Indian route into a modern road.

Meandering from town to town along the southern edge of Michigan is "The Great Sauk Trail." The Sauk Indians blazed the trail to provide a route from Fort Detroit and "Checagou" (land of wild onions) what is now known as Chicago, and including Fort St. Joseph at Niles, Michigan. Later, the Potawatomi Indians drove the Sauk Indians out of southern Michigan.

The trail passes through Ypsilanti, Irish Hills, Clinton, Cambridge Junction (Walker Tavern there since 1846) Moscow, Jonesville, Coldwater, Niles, New Buffalo and angling on through the City of Chicago. Even today in Niles a sign proclaims the name "Pa-wat-ing," meaning "Great Crossing," where the trail crossed the St. Joseph River.

Pioneer settlers took the trail after landing by boat at Detroit, but many chose to avoid the Irish Hills area by going from Clinton to Tecumseh and then by, (which was later known as,) the Monroe Turnpike to Cambridge Junction where they rejoined the Sauk Trail, reason being, Too many steep hills, sink holes, renegade Indians and highwaymen in the Irish Hills area.

In later years the trail was widened and graveled and was named officially as The Detroit-Chicago Turnpike, or to most, simply "the pike." It was the shortest route between these two cities and passed by Bundy Hill, then the highest point in southern Michigan.

In the 1920s the wagon trail was paved and convict labor from the State Prison in Jackson did much of the work on the road from "Dead Man's Curve" near Allen Lake to and beyond Cement City in Lenewee County.

Why Dead Man's Curve? Seven native Indian skeletons were dug up there and later displayed and reburied at The Walker Tavern at Cambridge Junction with ceremony.

Early on the road was a State road and was designated M-23, later the road became a federal highway, U.S.112, later changed to U.S.12

after the Interstate system was instituted by the Eisenhower administration.

It is still a scenic route across southern Michigan — but remember The Sauk Indians first blazed the trail.

Possible new Michigan slogans

- The one that looks like a mitten, you moron.
- Where used cars from Florida bring top dollar.
- We know the rules to euchre.
- Got fudge?
- Yes, the Porcupines are real mountains.
- Soda? We say pop here, buddy.
- The Midwestern "M" state without a wrestler for governor.
- Imagine an island where horse manure still litters the streets.
- Water enough for any drought.
- Gerald Ford slept here.
- It's called snow. Get used to it.
- Deer processing available here.
- Not as flat as Indiana.
- Try eating corn flakes without us.
- Big on flannel.
- It's not the heat it's the humidity.
- No toll roads and proud of it.
- Our biggest bridge makes yours look puny.
- Land of snow machines and bass boats.

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— Birch Lake Notes —

Almost Impossible Questions #3

This week's Questions:

19. Why do some firehouses have circular stairways?
 20. A recent study has shown that even though you can't buy one of these, people do better on tests if they have one. What?
 21. The U.S. city of New Amsterdam became known by what name?
 22. What is it that's totally unnecessary, most all of us have, but George Washington DIDN'T have?
 23. What used to be called 'Fruit Smack Flavored Syrup'?
- Answers to last week's Questions
13. What television and movie star after graduating from high school worked in his sister's beauty parlor as 'Mr. Danny'?
Danny DeVito!
 14. Studies show that men like theirs white while women prefer theirs painted blue. What?
Bedroom!
 15. Wyoming was the first state in which it was legal for women to do this. What?
Vote, serve on juries or hold public office. These rights were granted in 1869!
 16. What Time Magazine Person of the Year for one of the years of the 80's decade was born in the U.S., but has never voted and works in this country but has never paid a dime of income taxes?
The Computer! It was Time Magazine's Person of the Year in 1982!
 17. Thomas Jefferson brought what popular kids dinner treat to America?
Macaroni! Thomas Jefferson, the third president, is credited with introducing macaroni to the United States. He brought the first macaroni machine home with him from France, where he served as U.S. Ambassador after the American Revolution.
 18. What do these Winter Olympic sports have in common: Speed Skating, Hockey, Figure Skating and Curling?
They're the indoor sports!

1972
127 - Brown

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Thanks to Judy O. for the cool old Barker (printed in 1972). Got some historic Barkers sitting around? Maybe can put together a complete set ...

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Tannadoonah Tidbits



Harry Potter Week has ended, and we're now on to All Star Sports Week. The Harry Potter Week dinner was great — the dining hall was decorated to look like Hogwarts, and the kids ate at tables with their "houses." Everyone was in costume, and all of the staff had characters to play. It was a lot of fun, and we were all looking forward to the new book!

Saturday morning we had copies of the book available to all of the campers, and everyone got started reading as soon as the book was in their hands. We do still have lots of extra copies, so if you haven't bought one yet, come on up to camp and get one for \$25. We also have more hoodies in stock now, so if you want one, come up to the store!

This week we have 54 kids, and 34 of them are boys! Every boy bed in camp is now full. On Sunday night we played "Big Base Kickball," Monday was cabin night and the guys organized "Tannadoonah Bowl IV," and Tuesday night they are playing Capture the Flag. Tuesday afternoon we have four international students coming up to volunteer for a few hours, and talk about sports in their culture (one is from Brazil, and really

wants to help with soccer!). Mr. Jake, on our waterfront staff, played Rugby in high school, and plans to teach a rugby lesson sometime later in the week as well.

Back to our staff ... Miss Catherine is a long-time Tannadoonah Camper and Camp Fire kid. She was a volunteer member of last year's kitchen staff (her mom is our cook!). This year Miss Catherine is living in Cardinals and Wrens, and she teaches our new Jewelry-making class, as well as working at Hand Craft. Miss Catherine will be a senior at Mishawaka High School in the fall.

Miss Joan is also a Cardinals and Wrens counselor. She will be a sophomore at Notre Dame, and is majoring in Mathematics. She is our tennis instructor, and also leads campers in our new team-building / low ropes course. Miss Joan is from a suburb of Chicago, and this is her first year at Camp Tannadoonah.

Miss Kayla lives in Robins and Woodpeckers, and is one of our Sports and Games leaders. She just graduated from New Prairie High School, where she played softball. She will be a freshman at IUSB in the fall. Miss Kayla had never been to a summer camp before coming to join our staff

this year!

Miss Diana also lives in Robins and Woodpeckers. She is in charge of our "Campers on the Move" program, and primarily teaches biking. You've probably seen her riding around the lake with some of our campers. On Friday afternoons she helps to organize our mini-triathlon each week. Miss Diana will be a junior at IU in the fall, and she graduated from Penn High School.

We're coming up on the end of the summer, and I can't believe how fast it has gone by! We're still very low for registrations next week (only 27 right now), so if you can rustle up any more campers we'd love to have them attend. We're offering some extra discounts, so if you're interested please call or email me! We're about 20 short of last year's total numbers, and we really, really, really want to at least get back to those numbers. We're well short of the goal we had set for the summer. Hope to see you all up at camp!

*-Miss Amber, aka
Amber Holleman Grundy, Ph.D.
Director, Camp Tannadoonah
amber@tannadoonah.org
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BLYC House Walk Preview

The Waxmans'

The house that is now home, to Dr. Dan Waxman and his wife Sharon, from Indianapolis, and his brother Dr. Michael Waxman, and wife, Nancy, from Kansas City, is full of Birch Lake History.

Homesteaders of farmland, whose boundaries touched the East Side of Birch Lake, brought many of the homes that are now here. Genevieve Lagoni (whose grandparents were Henry and Oceana Sears) owned the original land. In 1924, an uncle of Genevieve moved the North End of the Sears farmhouse on one of the new lots on the lake. It was first bought by the Parkers, then the Lagoni's. Later, Dr. Lindenfield had the house remodeled, but Genevieve still lived there.

The Waxmans have discovered many hidden treasures within this house. When they removed the old shag carpet, they found beautiful old yellow pine floors. In the paneling, were many hidden places for storage. The kitchen has the original turquoise appliances, so they had an artist (Amy Schaur) decorate the kitchen like an old fashion diner. Directly across the road is a stone

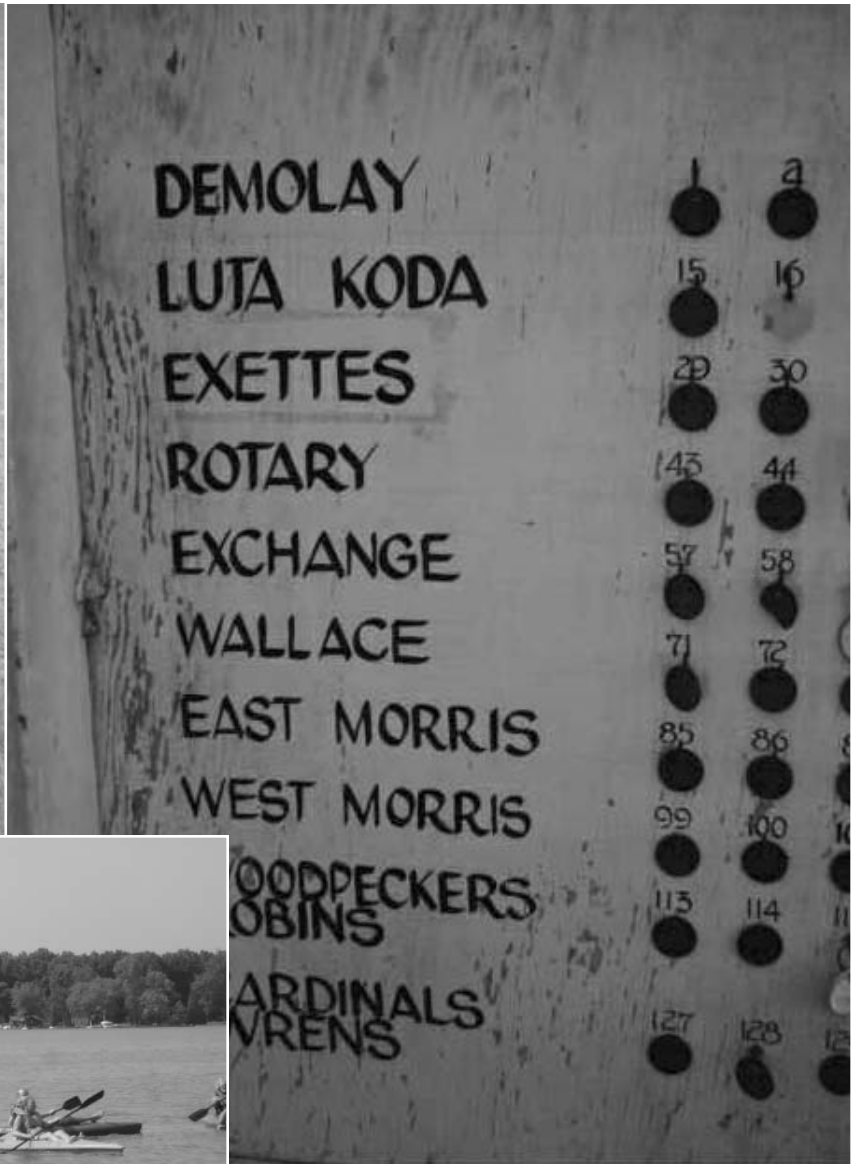


House Walk will be August 11th (rain date August 12th) from 1 to 4 pm. It will feature six homes and the beautiful and historic barn owned by Ben and Vanessa Wozniak. Tickets are on sale for \$10 in advance and \$15 on the day of the tour. All proceeds are going in a fund to fight the Eurasian. -Denny Weesner, Vanessa Wozniak & Michelle Seyfarth

wall, that once was a croquet court where many a Sunday afternoon was spent enjoying time with friends and family

The Waxmans have a wonderful,

historic place, that they treasure and enjoy. We know you will enjoy meeting them and seeing their lovely home



Thanks, campers

These photos submitted by Miss Amber at Camp Tannadoonah were shot as part of a camp activity involving photography.

Fleet Captain's Corner

This week, sore from try to run again and tending to my knotted muscles, I thought that an article on the six most common sailing knots, including illustrations of course, might be appropriate. So here are the basics first:

Since rope is a vital part of a boat's equipment, a good sailor should be familiar with how to handle rope and how to tie a few basic knots. Rope is used for controlling the sails, docking, mooring, and anchoring. Knots are needed to control all of the various lines, painters, halyards, and sheets on a sailboat. (All of the previous terms for rope refer to their use onboard a ship) Rope used to be made only from natural fibers, but now there are many types of synthetic rope. Synthetic rope is used on sailboats because it is durable, even though it sometimes gets slippery when wet. There are two different types of rope construction: laid — where the strands are twisted together (mooring and anchor lines are usually three—strand) and braided — where the strands are interwoven (sheets and halyards). A knot is usually found at the end of a rope, but the term is also used to describe a hitch (which is used to secure a rope to

another object), and a bend (which is used to tie two ropes together). Just like sailing, knotting has its own terminology. The running end of the rope is the part used in making the knot. The standing part is not used in forming the knot (it is the part under strain). The bight is the bend in the rope between the two ends.

Since a picture is worth a thousand words (and sometimes blackmail money), included with the description of each knot article is an illustration.

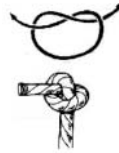
Overhand Knot

Overhand or thumb knot, is the simplest knot. It is used to stop the end of a rope from running through a block or up the mast. It is difficult to untie, and should only be used on lines that are not re—rigged frequently (such as jib sheets) To tie an overhand knot, form an overhand loop by crossing the running end over the standing part.

Then cross the running end behind the standing part, and through the loop.

Square Knot

The square knot



is the best known sailors' knot. It is really just two overhand knots. It is useful for joining small ropes together, tying sail covers, reefing, lashing, and for tying in battens. It is very easy to tie a square knot; you just have to remember one rule: right over left, then left over right. If you don't do this correctly, you have a granny knot, which slips easily.

Figure Eight Knot

A figure eight knot is very quick and easy to tie. It is used like the overhand knot, as a stopper knot in the end of a line, or sheet, to prevent ropes from escaping. It can also be used to attach rope halyards, to the sails. It never jams, however much pressure is applied, and can be untied easily, even if wet.

To tie a figure—8, start with an underhand loop by crossing the running end behind the standing part. Then take the running end and bring it over the standing part and back around through the loop from beneath. Draw the end up snugly.

Bowline Knot

The bowline, sometimes called the "king of knots", is one of the most useful knots



LADIES GOLF AND LUNCH



Friday, August 3
Four Lakes Country Club
9 am Tee Off — 12:30 pm Lunch
All levels of golfers are welcome!!

\$40 fee per person
(covers golf, cart, lunch and prizes)
Checks payable to BLYC
Deadline: July 21st

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to a sailor. It is multi—purpose, and can be used to secure a line to a bollard, or to a ring, or to make a loop at the end of a line. It can be made quickly and easily and will never jam, even after under strain.

To tie a bowline, put the line around the object to which it is to be tied and make a simple overhand loop, by crossing the running end over the standing part. Then put the running end through the loop, from underneath. Then wrap the running end around the back of the standing part. To finish, put the running end back down through the loop in the same way it came out. Many children are taught to do the bowline by following these simple instructions: "The rabbit comes out of the hole,

runs around the tree, and goes back down the hole."

Clove Hitch



A clove hitch is used chiefly to tie a line to a post or pile. Many sailors use a clove hitch to moor small boats, but be careful because if there isn't steady tension on the line, it can loosen. For more security, the line's end should be half—hitched to its standing part.

To form a clove hitch, two underhand loops can be slipped over a pole. To tie an underhand loop, cross the running end behind the standing part.

Double Half Hitch



This knot is also called a round turn and two half hitches, or two half hitches.


It can be used to attach a line to a beam or pole. It moors boats much more securely than a clove hitch.

This is a simple knot to tie; pass the line twice around a pole, and then finish by tying two half hitches around the standing part of the line. A half hitch is the knot most people use to tie a parcel.

Just a little help from your friendly neighborhood Fleet Captain to try to tie up those loose ends...sorry, I couldn't resist the pun. As always, we'll have sailing races on Sunday at 12 noon, wind willing.

Fair Winds and Following Seas,

-Steve Richards
2007 Fleet Captain

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2007 BLYC 7/8/07 Results, Season Standings (updated)

Race	6	7	Att'd	Comp	Percentage	Avg	Total Points	Point Avg	Current Place
MC Scow									
Scott Troeger**	DNS	DNS	1	1	14.29	1.00	1600	1600.00	1st
Don Harman	2	4	7	7	100.00	2.40	10349	1478.43	2nd
Harold Cranmer	4	1	6	5	71.43	1.67	8836	1472.67	3rd
Bob King	3	5	7	7	100.00	2.80	10041	1434.43	4th
Jeff Smitley	1	2	7	7	100.00	4.60	9753	1393.29	5th
Phil Vitale	5	3	5	5	71.43	3.67	6930	1386.00	6th
Jim Bolinger**	DNS	DNS	3	3	42.86	4.00	4113	1371.00	7th
Bill Luecht	6	6	5	5	71.43	5.67	5989	1197.80	8th

Sunfish A Fleet

Tom Howard	1	1	7	7	100.00	2.20	10740	1534.29	1st
Dave Olson	DNS	DNS	5	5	71.43	2.40	7459	1491.80	2nd
Rick Russwurm**	DNS	DNS	2	2	28.57	2.50	2969	1484.50	3rd
Erica Vitale	2	2	5	5	71.43	4.67	7007	1401.40	4th
Sandy Vitale	3	3	5	5	71.43	3.33	6707	1341.40	5th
Ashley Marquez**	DNS	DNS	3	3	42.86	4.00	3689	1229.67	6th
Steve Richards**	CB	CB	3	3	42.86	6.33	3606	1202.00	7th
Nancy Walker**	DNS	DNS	0	0	0.00	0.00	0	0.00	8th

Sunfish B Fleet

Paul Fallon	DNS	DNS	2	1	14.29	1	3121	1560.50	1st
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Junior Fleet

Neil Troeger**	DNS	DNS	1	1	14.29	1.00	1600	1600.00	1st
Katie Luecht	1	1	5	5	71.43	1.33	7921	1584.20	2nd

** Sailor below qualifying percentage for Season

SB- Safety Boat will be scored at End-of-Season as Committee Boat Service

DNS - (Did Not Sail) does not count for or against any sailor; however a minimum of 2/3 of total season races must be completed to qualify in class
 CB - Any sailor who volunteers to operate the Race Committee Boat and/or act as Starter will receive the point equivalent of a First Place finish for that day and will be counted in final season totals

DNF - (Did not Finish) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

DQF - (Disqualified Foul/CB Ruling/Other) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

GCDQ - (Gross Misconduct Disqualified) will count as zero points for that race or day (CB ruling)

Season points are determined using the Square 40 Scoring System (1st place equals 40 squared, 2nd place equals 39 squared, etc.)

Season place is determined by totalling season points and dividing by races completed. DNF does not count toward required season race minimum

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Stu's Star Stuff



A moon by any other name...

The Moon is a shape shifter. The interplay of sunlight and shadow as the Moon orbits Earth creates different shapes, called phases. Tonight, the Moon is almost full, so sunlight illuminates most of the lunar disk.

As you watch the Moon climb the eastern sky beginning around sunset, look for a blue-gray band in the sky below it. That band is Earth's own shadow, which extends hundreds of thousands of miles into space.

The Moon is full at 8:48 p.m. EDT Sunday as it lines up opposite the Sun in our sky. There are many names for the full moons we see each month. The one we are probably most familiar with would be the Harvest moon. The full Moon of July is known as the Grain Moon or Thunder Moon. So, when is the Harvest moon?

The full Moon that occurs closest to the autumnal equinox is commonly referred to as the "Harvest Moon," since its bright presence in the night sky allows farmers to work longer into the fall night, reaping the rewards of their spring and

summer labors. Because the equinox always falls in late September, it is generally a full Moon in September which is given this name, although in some years the full Moon of early October earns the "harvest" designation.

In fact, each full Moon of the year has its own name, most of which are associated with the weather or agriculture. A little research will yield a number of different lists of names for the full moon. Some have ancient origins, some native American, some from folklore. The most common names used in North America include:

- January -- Moon after Yule
- February -- Snow Moon
- March -- Sap Moon
- April -- Grass Moon
- May -- Planting Moon
- June -- Honey Moon
- July -- Thunder Moon
- August -- Grain Moon
- September -- Fruit Moon (or Harvest Moon)
- October -- Hunter's Moon (or Harvest Moon)



November -- Frosty Moon

December -- Moon before Yule

No matter what month you are watching, the full moon is always a great part of the show so get out there and enjoy. No extra charge today.

-Stu Spratt

The Moon tonight:

The moon for July 28 (at Midnight)

Illuminated Fraction: 0.992

0.7 days until full moon

Your Birch Lake Horoscope

ARIES (Mar. 21- April 20)
Be inquisitive about unfamiliar circumstances. Finish up any correspondence by early afternoon. You can accomplish the most if you travel for business purposes. Your doubt could lead to insecurity. Your lucky day this week will be Friday.

TAURUS (Apr. 21- may 21)
Take matters in hand when it comes to dealing with clients or colleagues. Club memberships or donations could be expensive and prove unnecessary. You will probably have to defend your mate. Go after your goals. Your lucky day this week will be Saturday.

GEMINI (May 22-June 21)
Enjoy the company of relatives this week. Try not to get backed into corners. Reevaluate your situation. You will learn a great deal about yourself if you go somewhere secluded. Your lucky day this week will be Friday.

CANCER (June 22-July 22)
Expect some flak. Invite friends over rather than spending money on lavish

entertainment. Opportunities to pamper yourself may unfold. Spend some time on yourself. Your lucky day this week will be Monday.

LEO (July 23-Aug 22)
Self-deception regarding your own worth may lead you down the wrong path. Direct your energy wisely. Do not allow colleagues to hinder your ambitions. You will learn a great deal from the foreigners you meet. Your lucky day this week will be Friday.

VIRGO (Aug. 23 -Sept. 23)
You may have problems with those you live with. Changes to your self image will be to your benefit as long as you don't over pay. You can expect insincere gestures of friendliness this week. Don't let your family put demands on you. Your lucky day this week will be Saturday.

LIBRA (Sept. 24 -Oct. 23)
You can make money if you pursue your own business. Involvement in groups will be favorable and lead to valuable information. You

have been stagnating for some time now and you need a change of pace. Disharmony will result in a lowered vitality. Stress may result in minor illness. Your lucky day this week will be Tuesday.

SCORPIO (Oct. 24 - Nov. 22)
Do not over expand if you have your own business. Sit tight. Don't back down but don't ignite the situation. Use discretion in your dealings and refrain from making verbal promises of any kind. Your lover may disappoint you in such a way that estrangement will follow. Your lucky day this week will be Monday.

SAGITTARIUS (Nov. 23 - Dec. 21)
Observations will be far more productive. You can convince anyone of anything. Attempt to face key issues with lovers or problems could escalate. You might find that delays will cause setbacks and upset. Your lucky day this week will be Thursday.

CAPRICORN (Dec 22.- Jan. 20)
This is not the best day to visit relatives who get on

your nerves. Make money using your ingenuity and creative talent. When the work is done, they may serve you for a change. Don't be afraid to talk to close friends or relatives about pressing personal problems. Your lucky day this week will be Sunday.

AQUARIUS (Jan. 21 -Feb. 19)
Don't bother trying to make someone you live with see your point of view. You should make special plans for you and your lover. Don't overspend on items for your home. Your high energy should be spent pleasing your mate. Your lucky day this week will be Sunday.

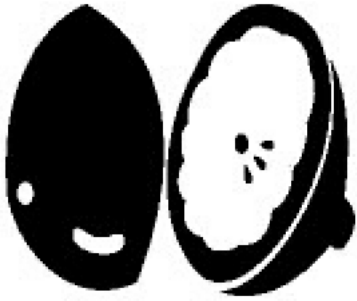
PISCES (Feb. 20-Mar. 20)
You may need a good friend to lean on. Your ability to dazzle others with your unique and innovative ideas will attract attention. Try to visit friends or relatives you don't get to see often. Work quietly at your own goals and forget about situations that you can do little about. Your lucky day this week will be Monday.

FOR THE HEALTH OF IT!

By Ima Foodnudge

I'm back and ready to be healthier.

Lemons and Limes



- May reduce risk of heart disease
- May help prevent cancer
- Aids digestion
- Makes Corona taste better

Unfortunately when I think of lemons or limes I think of Corona. Not a healthy choice but a tasty one! Both of these citrus fruits are excellent sources of vitamin C, along with B vitamins, vitamin E, potassium, magnesium, calcium, phosphorus, copper, zinc, iron, and manganese. Wow, wonder how that compares to a regular daily multi-vitamin. The citrus oil limonene has also been shown to help prevent tumor growth. Terpenes help regulate cholesterol and act as antioxidants, guarding cells against toxic damage. So drink up!

Oats



- Reduce cholesterol
- Stabilize blood sugar levels
- Ease constipation
- Help control appetite
- Soothe nerves
- May help prevent heart disease and stroke
- May help prevent cancer

Soon after the cholesterol-heart disease link came to light, oat bran was proved to help reduce cholesterol levels. Overnight, oat bran muffins became the rage among health-conscious eaters. They like most fads, quickly disappeared— before many people even realized that oats don't have to come in muffins. Unlike most grains, oats are never refined, so all the nutritional goodness of their outer layers — the bran and germ - remains intact. A soluble fiber called beta-glucan traps dietary cholesterol in the intestine and flushes it out of the body.

I know a couple Jim's that believe in the power of oat meal for breakfast. Guess they're pretty smart.

IMA RECIPES

Apple-Banana Oatmeal

This special oatmeal gets me going in the morning and makes me feel great all day,'
Original recipe yield: 2 servings

INGREDIENTS

- 1 cup water
- 1 tablespoon orange juice concentrate
- 1/2 cup chopped unpeeled tart apple
- 1/4 cup sliced firm banana
- 1/4 cup raisins
- 1/4 teaspoon salt
- 1/8 teaspoon ground cinnamon
- 2/3 cup quick-cooking oats
- 1/4 cup oat bran
- brown sugar (optional)

DIRECTIONS

In a saucepan, combine water, orange juice concentrate, apple, banana, raisins, salt if desired and cinnamon; bring to a boil. Stir in oats and oat bran. Cook for 1-2 minutes, stirring occasionally. Sprinkle with brown sugar if desired.

Oatmeal Raisin Cookies X

"Tasty, crispy oatmeal cookie with raisins."

Original recipe yield: 3 dozen

INGREDIENTS

- 1/2 cup margarine, softened
- 1/2 cup canola oil
- 3/4 cup brown sugar
- 3/4 cup white sugar
- 1/2 cup egg substitute
- 1 teaspoon vanilla extract
- 1 teaspoon water
- 1 1/2 cups all-purpose flour
- 1 teaspoon baking soda
- 2 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- 2 1/2 cups rolled oats
- 1/4 cup oat bran
- 1/4 cup wheat germ
- 3/4 cup raisins
- 3/4 cup chopped walnuts

DIRECTIONS

1. Preheat oven to 350 degrees F (175 degrees C). Lightly grease cookie sheets.
2. In a large bowl, cream together the margarine, oil, brown sugar and white sugar until smooth. Beat in the egg substitute, vanilla and water. Combine the flour, baking soda, cinnamon and nutmeg; stir into the sugar mixture. Stir in the oats, oat bran, wheat germ, raisins and walnuts. Drop by teaspoonfuls onto the prepared cookie sheets.
3. Bake for 18 to 20 minutes in the preheated oven, or until the edges are lightly browned. Remove from cookie sheets to cool on wire racks.

Ima Foodnudge is a Birch Lake resident who wants her neighbors to be healthy

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BIRCH LAKE WATER QUALITY MANAGEMENT PROGRAM
July 22, 2007 Report to Residents – Gert Temple

Eurasian milfoil Update: The DEQ has the complete application for a permit to have Professional Lake Management spot-treat Eurasian milfoil. After final review, treatment will commence.

Eurasian milfoil and its control is no different than any other Water Quality Committee program which is tailored and recommended for Birch Lake by Michigan Lake & Stream Associations. Below is a brief review of Birch Lake data important to the control of the invasive species threat.

Don Winne, Executive Director, Michigan Lake & Stream Associations (ML&SA) made recommendations to the Water Quality Committee in 2001 in regard to invasive species.

1. 2001: The Water Quality Committee was selected for enrollment in ML&SA pilot program **Cooperative Lakes Monitoring Program Aquatic Plant Mapping.**
 - Bob & Gert attended Howard Wandell's session at ML&SA Spring Conference in 2001.
 - At Birch Lake, 2001, Howard selected 24 transects which involved a total of 72 sites.
 - Data indicates moderate plant population, consisting of a good diversity of species, none of which dominated. Native milfoil was observed at 20 sites.
2. Howard recommended that the Water Quality Committee participate in ML&SA program **Eurasian milfoil Watch.**
 - 2001-2006 Rick re-visited each Native milfoil site to collect samples for Gert and Bob to take to the ML&SA conference for evaluation. Howard confirmed the samples as Native milfoil.
 - At the April 2007 ML&SA conference, two of the samples were confirmed as "suspicious". In June when Rick re-visited the "suspicious" sites, we suspected Eurasian. Don Winne responded immediately when asked to come to Birch Lake. He confirmed milfoil as Eurasian
3. Don Winne recommended that the Water Quality Committee participate in a program for **Eurasian milfoil Control.** We followed instructions: 1) rope off the areas to help prevent spreading. 2) secure permission from affected residents to allow treatment. 3) secure support from the Birch Lake Yacht Club. 4) contact Tony Groves (*Water Resources Director, Progressive A/E*) for a lake survey, prescribed treatment and continued management.
 - In my letter of 6-20-07 Tony Groves writes, "As you are aware Birch Lake is a high quality lake that contains a healthy and diverse assemblage of native aquatic plants." Fortunately, the infestation of Eurasian milfoil at Birch Lake is small. Professional Lake Management is retained to spot-treat the invasive species. In the fall, Tony Groves will follow up with a lake survey and a report to the Water Quality Committee
 - Tony recommends that biologists from his office perform annual surveys of the lake in late May or early June to monitor future infestations of nuisance, invasive plant species such as Eurasian milfoil, curly-leaf pondweed (*Potamogeton crispus*) and Hydrilla. (*Hydrilla verticillata*). The annual cost to perform these surveys and to report findings to the Water Quality Committee is \$1000. An annual survey of the lake in the Spring is critical.

Dan Reynolds, Chairman, Water Quality Committee

Lake contacts: Dan Reynolds.....476-8877
Rick Russwurm....476-2407
Bob Temple.....476-2773
Gert Temple..... 476-2773_


Watch this page for Water Quality Program "Updates"

- 1) Eurasian milfoil Control.
- 2) Cooperative Lakes Monitoring Program
- 3) Birch Lake Monitoring Program

1999 ML&SA Purple Loosestrife Project is on-going. Rick will re-visit the removal sites, monitor new sites and follow the same procedures for removal without the use of chemicals.

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Commodore		Blair Garceau		Judy Olson
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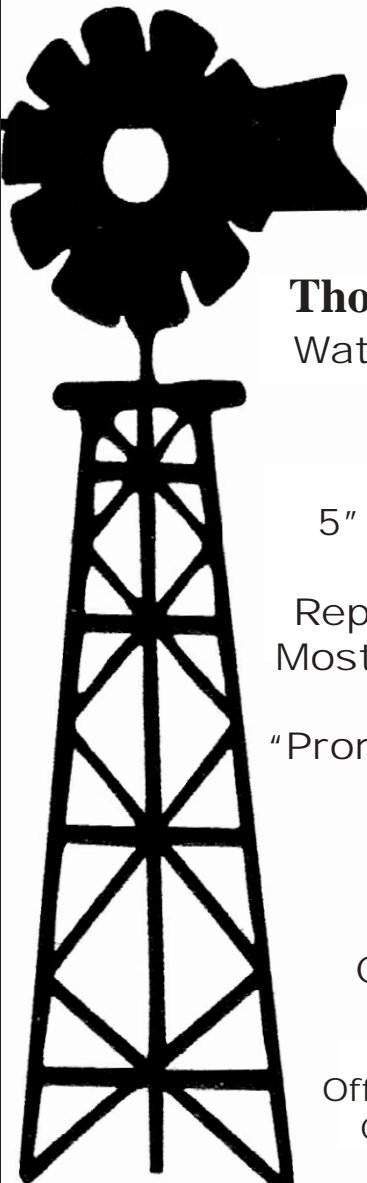
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Yellow, 2-seat Float Tube (kid dragger). Call Bill at 476-2280, 14890 Birch Lake Rd.

FOR SALE

1991 Seadoo XP with lift. Good shape/runs good. \$800.00 476-2293

Garage Sale — Saturday July 28, from 8 am-2pm, 63514 Birch Rd. DeCocker's 3 car garage is full of Stuff. We are blending two households and many things have to go. See you there!

Fishing boat for sale

19?? 12' Aluminum fishing boat with 9.9 Evanrude motor. Old Gator trailer. Wide bottom boat very steady in the water, great to take the kids fishing in. Tom DeCocker 476-9821.

For Sale: Large Compost Tumbler in very good condition \$ 180. Also: **Holder 14 MK made by Hobie Cat** also in good condition \$1500. Will consider other offer. Claude Petit W. 847 675 6241 or cell 847 274 9932

For sale: 2002 Mercury 6 hp outboard engine. Runs great. Also comes with 1940-1960 Alumacraft 14 ft. row boat in good shape for age. \$750 obo. Call 476-9852

For Sale: Trailer - Shore Lander, 15 ft. Call 1-574-231-0890 or 1-269-476-9688. Price \$400.

Sunfish with stand/manual lift \$200. 476-1680.

Pontoon for sale. 24' Sanpan w/ 30 hp Evinrude motor. '80s vintage but runs good.

Interior and seats in good condition. Asking \$2,500. Call Gablemans 574-215-0336.

Lake Safe Fertilizer - Only a few bags left. This fertilizer is offered by the Water Quality Committee and is approved for greening your lawn without harming the lake. Don't feed the weeds, use lake safe fertilizer. It is only \$12 a bag and pick up or delivery can be arranged by calling the Bouwkamps at 476-1001.

Storage Facility for Sale or Lease - Zoned Commercial, Storage Facility and Property located around the corner in Williamsville and is available for lease or sale. Building is 7,600 sq. ft. or you can lease 4,000 sq. ft. with high bay doors for tractor trailer access. You can review the property at <http://home.comcast.net/~millracestorage> Inquiries may call 476-1001.



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■ Birch Lake Posters, we were very fortunate

to receive additional posters from Camp Fire. These Birch Lake posters were given to the camp. Therefore, all money received on these sales will be returned to camp. Ready to frame and signed by the artist, selling at \$20.

■ 2007 Birch Lake Calendars, a few remain at a discounted price.

Call **Vickie Rogers** 476-2383

QS AND AS OF MICHIGAN HISTORY:

Q. The Michigan state capitol is constructed of what material? A. Ohio sandstone

Q. What is Michigan's largest fresh-market vegetable crop? A. Onions

Q. Compared to Chicago, "The Windy City," how does Detroit rank in average wind velocity? A. The same (10.4 mph)

Q. What is the nation's largest indoor/outdoor museum complex? A. Henry Ford Museum and Greenfield Village

Q. Where does Michigan rank internationally in the production of dogsleds? A. First

Q. Debuting in 1936 over WWJ in Detroit, what crime fighting adventure series used "Flight of the Bumblebee" as its theme song? A. The Green Hornet

Q. What safety and traffic flow feature was first introduced near Trenton in 1911? A. Painted center lines

Q. In 1954 the world's first shopping mall opened in what Detroit suburb? A. Southfield (Northland Mall)

Q. Approx. how many lakes are in the state? A. 11,000

Q. In 1870, Detroit telephone customers became the first in the nation to have what type of reference information assigned to them? A. Telephone numbers

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- \$ _____ - BLYC Member Dues (\$20 / year)
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- \$ _____ - Homeowners' Assoc. (\$10 / year)
- \$ _____ - Sailing Fees (\$15 / year)
- \$ _____ - Building Improvement Fund
- \$ _____ - Fireworks Fund
- \$ _____ - Water Quality Program
- \$ _____ - Eurasian Milfoil Eradication
- \$ _____ - Riparian (\$8/yr, provide address for magazine)
- \$ _____ - Safety Committee
- \$ _____ - Other (non-party related expenses)

Total \$ _____

Name _____

Address _____

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