

Birch Barker

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Weekend of August 4 2007



photo courtesy of Ben Wozniak

Commodore's Comments

A Hole-In-One! Thrilling!! That describes the Men's Golf Outing but more specifically for Dick Cowen who got an Ace and fulfilled his and everyone's golfing dream. Congratulations Dick! From all accounts last Friday's Men's Golf Outing was a lot of fun. The day started out rainy but by afternoon the clouds lifted and our guys got to tee off. The dinner afterward was delicious and listening to all of the stories the entire event was thoroughly enjoyable. Congratulations to Team Kruggel for taking first place honors, and a big thank you to Artie McElwee and his team for putting it all together.

Good news on our Eurasian Milfoil fight. Our permit has been accepted, notices have gone out to the residents who will be effected by the treatment and the herbicide application should take

place during the week of August 6th. Keep your fingers crossed. It's been a long summer, especially for those who have been so inconvenienced these past eight weeks. I can't tell you how much we appreciate your patience and cooperation.

There is a group of people who dedicate themselves to this lake every year, week in and week out, and need some recognition. They are our neighbors who work as a team to get the Barker to your door every weekend. It is such a service to me and all that receive the Barker. First, thanks to Phil Vitale for putting the Barker together each week. It always looks good. Bill King picks up and delivers the entire stack of Barkers to my door every Thursday. Thanks Bill. And thank you to these devoted Barker delivery people: Linda Curtis, Major O'Brien, Vickie Rogers, Peggy Cowen, Buzz Rasmussen, Julie and Amanda Lacy, Neil, Scott and Holly Troeger, and Judy Olson. You guys

Tentative BLYC Calendar

| | |
|---------------|------------------------|
| Aug. 4 | Board Meeting 9 AM |
| Aug. 4 | Corn and Sausage Roast |
| Aug. 11 | House Walk |
| Aug. 18 | Fall Dinner |
| Sept. 1 | Board Meeting 9 AM |
| Sept. 3 | Sailing Awards |

rock!

Please join us at the annual Corn and Sausage Roast this Saturday night from 5:30 until 7:30. It is another super tradition at Birch Lake. I love seeing everyone visit with each other and the young kids running around having a great time. I hope to see you there.

As always it's a beautiful day in the neighborhood.

-Blair Garceau
Commodore 2007

We are always soliciting and accepting materials for publication. E-mail the info to sailorphil@philvitale.com, or, if you must, put the materials in the red Barker box at 63174 Birch Rd. (East Shore). You can also mail your items to: Phil Vitale, 102 So. Broadway, Cassopolis, MI 49031, or fax to (269) 445-9200. To contact me by phone, call (269) 476-1680 or (269) 445-9200.

— Birch Lake Notes —



Congrats Jim

Jim Foos, of the Cove turned 70 years old this March and decided he was going to water ski 70 laps around the lake this summer to match his years of life. He completed that goal this past Saturday morning. Some were on a slalom ski (Betsy) while others were on two, Betsy and Barney. His first good pair of wooden skis, which he bought many many years ago. At times you could see him going around the lake for 10 laps at a time, those were on two skis of course.

He skied one of his early laps with both his granddaughter, Amy (22) and Becky (23) Davis.

His last lap he skied with his granddaughter Becky and one of his daughters, Debbie Davis (Old) while flying a flag from his life vest with a big 70 on it! He isn't done skiing for the summer but now we can stop counting the laps.



Jim Foos skied 70 laps around Birch Lake this summer



Volleyball results

What a great time everyone had playing volleyball last Sunday. Some of the players were going to be sore on Monday morning. The games took place in the field near Ben Wozniak's barn. Players included Terry Keirn, Major O'Brien, Gordon Seyfarth, Stu Spratt, Lindsay Weesner, Terry Wiseman and Ben

Wozniak. Gordon gave Stu and Terry K. a private lesson after the main match. We're going to do this again so watch this space for another date. Likely 8/12. Stay tuned.

Line Dancing

Line Dance at the Yacht Club Tues. mornings 9 am Everyone welcome.



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We wish everyone a safe and enjoyable summer at Birch Lake!

-Ben and Vanessa Wozniak

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He may be moldy but he ain't plastic!

*And he probably won't remember your name
until you've know him for years ... but, hey
He wants everyone here to...*

'Have A Safe and Fun Summer!'

— Birch Lake Notes —



Team Kruggel took top honors at the 47th annual Birch Lake Men's Golf Tournament at Four Lakes Country Club.
golf photos courtesy of Kurt Kruggel



Congratulations to Dick Cowen who got a hole in one at the Men's Golf Outing ... reportedly the first one in the event's history!

Millage for Porter services

A special millage election will be held on August 7 for funding for the Southeast Public Safety Authority (SEPSA), which provides fire and ambulance services to the south part of Porter Township and the northeast part of Mason Township.

Although Birch Lake receives emergency fire and ambulance services from Newburg Township and is not served by SEPSA, if the millage is passed, Birch residents will be required to pay a two-mill increase (\$2 for every \$1,000 of assessed valuation for seven years). SEPSA currently is funded through Porter and Mason Township general funds.

Last year the residents of Porter Township denied a request for an additional 2.25 mills for the same group by a vote of 516 to 267.

There will be a special meeting today (Saturday, Aug. 4) from 4 to 7 pm at the Porter Fire Station on US 12 and Gard's Prairie Rd. You can also get more information from the Porter Fire Department's website: <http://www.ptfd.org>.

House Walk

It is getting closer and closer to August 11th and our House Walk. Be sure and get your tickets early. Parking will be next to the Wozniaks barn and brochures will be given out the day of the

tour, at the barn. Just bring in your tickets, and exchange them for a brochure on all the homes. Also, your ticket will be put in for a drawing later in the day. Refreshments will be served at the barn all afternoon for weary walkers. The House Walk will be held from 1 to 4 pm. We encourage you to buy your tickets in advance, for \$10, but they will also be on sale the day of the Tour for \$15. All proceeds will go to get rid of the Eurasian Milfoil.

Purchase tickets from Denny Weesner (South Side), Michelle Seyfarth (North Side), Bev Kruggel, (West Side), Vickie Rogers (Cove and West Side), and Judy Olsen (East Side).

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— Birch Lake Notes —

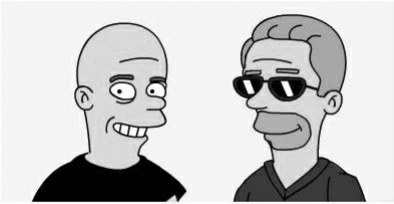
Directories

Directories are here! If you are a member of Birch Lake Yacht Club and did not receive your free directory please call Blair (9862). If you would like a copy or need additional copies (\$5.00) please call the same number. Any inaccuracies in the directory should be emailed to bgarceau@aol.com. Please put "BL director" in the subject box.

The Book Group

The Book Group is meeting Thursday, August 9 at 7:30 pm to discuss future books and to organize. Please come with reading ideas to share at Judy Olson's home.

North Shore Guys



Stan and Stu
Simpson-ized

Kids of the Week

Stuart & Stanley turned this in as "self-portraits" so they could be included as Kids of the Week.

Birch Lake Kids of the Week



Kid of the Week

This is Ian Whiteman square dancing during All Sports Week at Camp Tanadoonah last week.



Kid of the Week

Carmen and Debbie Soldato's Saint Bernard (Quba Soldato) enjoying the Lake this weekend is just too cool not to be a Barker "kid" of the week!

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— Birch Lake Notes —

Birch Lake Kids of the Week



Above: 3 year old Jack Thomas Applegate, son of Jennifer and Shane Applegate (Asheville, NC), grandson of Steve & Vickie Quinlan (West Side). Jen and Jack spent last week here at Birch Lake, swimming, throwing rocks into the lake and having a great



time in the water; and at right, 8 month old Ryan Joseph Quinlan, son of Chris and Sarah (Chicago), grandson of Steve & Vickie Quinlan (West Side) enjoying his first sailing experience.

Almost Impossible Questions #4

This week's Questions:

24. What strange and bizarre fruit has its seeds on the outside?
25. What sport was once known as Battledore?
26. Until 1929 when President Hoover got one of these in the Oval office, the President had to share this. What?
27. In the late 1500's many officials in the Vatican wanted to ban this because Muslims invented it, but Pope Clement VIII liked it so much he said Christians could enjoy it. What?
28. In 1863, Italian Priest Giovanni Caselli invented what device in use today?

Answers to last week's Questions

19. Why do some firehouses have circular stairways? Many years ago fire engines were pulled by horses. The animals were kept in stables on the ground floor, and they learned how to walk up straight staircases!
20. A recent study has shown that even though you can't buy one of these, people do better on tests if they have one. What? A cold!
21. The U.S. city of New Amsterdam became known by what name? New York!
22. What is it that's totally unnecessary, most all of us have, but George Washington DIDN'T have? A middle name!
23. What used to be called 'Fruit Smack Flavored Syrup?' Kool-Aid!

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Tannadoonah Tidbits



It's the last week of camp already. Can't believe how fast this summer has flown by!

On Friday night around 9 to 9:15 pm we will be having our annual end-of-the-summer candlelight serenade down on the pier. Come on out in your boats to hear us serenade the lake and see the beautiful candles floating on the water!

This week's theme is On the Loose Week (also known as Wilderness Week). Each of the cabins will be camping out in tents at least one night this week.

We only have 35 kids this week, so it's a very small group. In total we ended up with 370 kids for the summer, 8 short of our total from 2006, and well short of our goal of 450 kids. Next year we need to get more kids up here!

This was a really great summer up here at camp. We had a fantastic group of staff members who all got along very well together, and had a great time up here at Tannadoonah. It was a huge staff in comparison to last year (we had 23 cabin staff this year, compared to only 11 last year!).

We added a lot of great new programs, and had lots of kids trying new things at camp. It was also a young camp this year (camper-wise), which bodes well for next year.

More than 90 percent of the kids up at camp this summer were going into the 7th grade or younger! I don't think Morris Lodge has ever been so empty! So hopefully next year many of those kids will return, and bring lots of friends with them.

Saturday the staff will stay at camp to clean up, and then we'll have our staff banquet, followed by a staff party. Then everyone departs for home on Sunday morning. It will be sad to see them all go.

We're already making plans for fall camp (tentatively September 7-9), and many of the staff are talking about coming back next summer.

Here are the last few staff bios for this summer season:

Mr. Cain lives in Exchange, and works out at Sports and Games. He was a camper for many years, and a Counselor in Training last summer. He will be a junior at Caledonia High School in Michigan in the fall.

Mr. Phil lives in Rotary with the oldest boys. He recently graduated from St. Josephs High School in South Bend, and will attend Notre Dame in the fall. He plans to study Philosophy and possibly Physics. He teaches Nature and the Low Ropes Challenge here at camp. Mr. Phil had never been to camp before this summer!

Mr. Josh lives in Wallace with the youngest boys. He will be a senior at St. Josephs High School in the fall, and next summer he plans to travel to South Korea for several months. Mr. Josh attended camp at Tannadoonah for many years with the People of Praise, and this year decided to try something new and join our staff. He teaches nature.

Hope that everyone had a fantastic summer, and that next year we'll see you all back at the lake!

*-Miss Amber, aka
Amber Holleman Grundy, Ph.D.
Director, Camp Tannadoonah
amber@tannadoonah.org
574-315-0227*



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BLYC House Walk Preview

Lazy Lodge

Ben and Vanessa Wozniak

Once upon a time, back in 1926, we are told by “old timers”, that there was a large pavilion on this property. It was used to hold square dances, puppet shows, etc. In 1943, Wanda and Pete Winarski bought this large house with the huge screened in porch and 5 small cottages across the road. They sold hamburgers, hot dogs, milk shakes, etc. In the 50's, Pete and Wanda tore down the old place and built the present house. In 1995, Ben and Vanessa purchased the home and have lovingly “rehabed” the 50's era Lodge, and made it their own.

Upon entering the house, note the pine columns, which were trees planted by the original owner and removed to see the lake. The window in the lake level bedroom, was the “Serving Window” for the restaurant. The 1840's barn, moved from

Traverse City, is also on the Home

Tour and adds to the charm of this special property.

Wozniak Barn

This 1850's barn, was moved from its original location, just south



of Traverse City in 2003. Taken down, board by board, and built again by the Amish, it is 36' X 50' with hand hewn beams for the main structure. New wood was milled for the outside. The original outside wood is being used by Ben to build cabinets and bird houses. Both of which, can be seen in the home. Bird Houses will be on sale on the day of the Tour.

House Walk will be August 11 (rain date August 12) from 1 to 4 pm. It will feature six homes and the beautiful and historic barn owned by Ben and Vanessa Wozniak. Tickets are on sale for \$10 in advance and \$15 on the day of the tour. All proceeds are going in a fund to fight the Eurasian. - *Denny Weesner, Vanessa Wozniak & Michelle Seyfarth*

Thanks, campers
These photos submitted
by Miss Amber at Camp
Tannadoonah were shot
as part of a camp activity
involving photography.



Fleet Captain's Corner

Poogaah Nixylpick ! Aiihhh nahoh Boogah, Aiiyeeeeeee ...oop pah!

Oh! So Sorry, Dominic here!

I didn't mean to be rude but I do forget that so-called "adults" use a much lower form of communication than my people, Infant-Americans. So for those of you who are "Infantile-Communication-Impaired" I will revert to a simpler form of language for the duration of this diatribe. I really don't get it though, after all, dolphins have mastered my people's speech, but mature humans are still lacking. I don't look forward to regressing as I grow but it is inevitable. I will strive to work quickly before too much is lost.

The current time is 3:24 AM and the "The Most Beautiful Woman in the World who Feeds Me in the Night" and "The Giant Furry Pack Animal who Carries Me and all of My things Everywhere" are snoring not so gently in the other bedroom, quite dimly certain that I am in blissful repose in my "crib," here referring to an actual crib and not adult street slang for my home. The slight breeze is coolly whispering in from the open window as I write this piece on what the parental units call a "laptop." I see neither a

lap to sit on nor a top to play with, but it seems to do well enough for typing.

The "Dad" has been terribly busy; I'm not sure what that means, it's not a phrase that my people, infants, use, but I would guess that "terribly busy" means watching Star Trek reruns and sleeping in the computer chair while holding a Biology textbook, so I will relieve a slight bit of his "busy" stress by writing this week's column and ensuring the safety of his kneecaps. Dad's angry editor also mentioned something about "sleeping with the fishes," concerning Dad's lack of understanding of the word "deadline." I didn't know that adults could breathe underwater. I have a lot to look forward to! If there are any complaints about sailing scoring, talk to "Daddy," I don't know how to do math yet.

My stuffed animals are great listeners, but very poor conversationalists. So, I did feel the overwhelming need to discuss my myriad adventures on this planet since my arrival seven and a half months ago, particularly those here at this giant "tubby" with the cold water, the one that the "Mommy" and the "Dad" call "the Lake." I will use these

names, "Mommy" and "Daddy," the ones that they seem to prefer, for clarity, although in my language their actual names, which I first used above, more accurately reflect who they really are to me.

So here I am, in this wondrous place, in the faraway land of Michigan. The Kingdom of "Lake House" seems to be ruled by what are called "Grandparents," a quite tidy and smiling lady named "Yummy" and a white-bearded and rather animated gentleman named "Pop-Pop," both so christened by my elder cousin, Morgann. Are adults not allowed to name themselves? It seems that many of the surrounding Kingdoms and their castles seem to have these "grandparent" types as well. They must be superior models to the "parents" to receive the title of "Grand."

Ahhhh...feet. Feet, feet, play with my feet, feet are so much fun...I'm sorry, I do get distracted at times.

A usual Lake day begins as I wake early, about two hours from now, about 5 AM, and I give the Mommy my breakfast order. I wouldn't mind a nice Omelet Florentine with a cold Bloody Mary, but given the language barrier, my



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current fine-motor skills, and my lack of most teeth, I understand her choice of oatmeal and applesauce and I am mildly grateful for my gruel. "Please Mommy, may I have some more?"

Since my schedule is light on the weekends, the morning continues with a chaser of breast milk and a short doze, followed by a sunrise constitutional, a change of diaper and fresh clothes for the day. If adults wonder why babies stare at the sky and smile, this is why. If someone cared for your every serviceable need, you would stare at the world idyllically and ideally as I do.

It's now gym time and I give all in a heavy belly-time workout, working on that crawl and some fine motor skills, while Pop-Pop makes breakfast for everyone else. I guess that this is one of the laws of humanity; when you are graced with children, you cook food for them for the rest of your life. Mommy does for me, Pop-Pop does for Mommy, and it's an endless cycle. I am, however, curious as to how each successive generation of children manage to learn these skills on their own.

There are so many of these new



Dominic Philip Vitale Richards

rules to learn. For example: male and female behavior in adult humans. When a "project" ("project" meaning some great quest involving a "bye-bye" to a mystical land known as "Menards") is announced on a Saturday morning, the older males seem to stand (not a skill that my developing body has mastered yet, but I am working on it) and drink from countless shiny cans while staring interminably at the various items in need of repair, apparently waiting for these things to fix themselves. The females then yell at the males for holding the shiny cans too long and redirect them on to tasks without the cans, much to the dismay of the males. The males then make a big show of

it all and leave for the "Menards" place.

My day continues into the night in alternating cycles of food, drink and occasional passing out, not unlike some of the adults, I've noticed. Maybe I'm growing up faster than I thought! Life is great. Pop-Pop says "Sail fast, Live slow!" He must have been one of my people.

Soon Sunday comes and then the best of all...sailing. All of the adults go to the lake and sit on floating boards with their crib sheets tied on top and

wait for the wind to blow them around. I love the wind...it always tickles my feet and face and makes me laugh. Some day I'll be able to take my blanky and sheet and go sailing too, but right now my legs are too short and they don't have a racing division for infants yet...I really should complain to the "Daddy."

Maybe later, I feel a nap coming on..."yawn"...just a couple of hours until the day begins...see you all then! ZZZZZZZZZZZZZZZZZZZ.

Happy Naps and Warm Bottles,
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2007 BLYC 7/8/07 Results, Season Standings (updated)

| Race | 8 | 9 | 10 | Att'd | Comp | Percentage | Avg | Total Points | Point Avg | Place |
|-----------------|-----|-----|-----|-------|------|------------|------|--------------|-----------|-------|
| MC Scow | | | | | | | | | | |
| Scott Troeger** | 1 | 1 | 4 | 4 | 4 | 40.00 | 1.75 | 6169 | 1542.25 | 1st |
| Harold Cranmer | 3 | 2 | 1 | 9 | 8 | 80.00 | 2.00 | 13401 | 1489.00 | 2nd |
| Don Harman | DNS | DNS | DNS | 7 | 7 | 70.00 | 2.57 | 10349 | 1478.43 | 3rd |
| Bob King | 2 | 4 | 5 | 10 | 10 | 100.00 | 3.30 | 14227 | 1422.70 | 4th |
| Jeff Smitley | DNS | DNS | DNS | 7 | 7 | 70.00 | 3.71 | 9753 | 1393.29 | 5th |
| Phil Vitale | 4 | 5 | 3 | 8 | 8 | 80.00 | 3.88 | 11039 | 1379.88 | 6th |
| Jim Bolinger** | DNS | DNS | DNS | 3 | 3 | 30.00 | 4.00 | 4113 | 1371.00 | 7th |
| Bill Luecht | 5 | 3 | 2 | 8 | 8 | 80.00 | 4.88 | 8790 | 1098.75 | 8th |

Sunfish A Fleet

| | | | | | | | | | | |
|------------------|-----|-----|-----|----|----|--------|------|-------|---------|-----|
| Tom Howard | 1 | 2 | 1 | 10 | 10 | 100.00 | 1.70 | 15461 | 1546.10 | 1st |
| Rick Russwurm** | 2 | 1 | 2 | 5 | 5 | 50.00 | 2.00 | 7611 | 1522.20 | 2nd |
| Dave Olson | 3 | 5 | 3 | 8 | 8 | 80.00 | 2.88 | 11643 | 1455.38 | 3rd |
| Erica Vitale | 4 | 4 | CB | 7 | 7 | 70.00 | 3.71 | 9745 | 1392.14 | 4th |
| Sandy Vitale | 6 | 6 | 4 | 8 | 8 | 80.00 | 4.00 | 10526 | 1315.75 | 5th |
| Ashley Marquez** | 5 | 3 | DNS | 5 | 5 | 50.00 | 4.00 | 6429 | 1285.80 | 6th |
| Steve Richards** | CB | CB | 5 | 4 | 4 | 40.00 | 6.00 | 4902 | 1225.50 | 7th |
| Nancy Walker** | DNS | DNS | DNS | 0 | 0 | 0.00 | 0.00 | 0 | 0.00 | 8th |

Sunfish B Fleet

| | | | | | | | | | | |
|-------------|-----|-----|-----|---|---|-------|---|------|---------|-----|
| Paul Fallon | DNS | DNS | DNS | 2 | 1 | 10.00 | 1 | 3121 | 1560.50 | 1st |
|-------------|-----|-----|-----|---|---|-------|---|------|---------|-----|

Junior Fleet

| | | | | | | | | | | |
|----------------|-----|-----|-----|---|---|-------|------|-------|---------|-----|
| Neil Troeger** | DNS | DNS | DNS | 1 | 1 | 10.00 | 1.00 | 1600 | 1600.00 | 1st |
| Katie Luecht | 1 | 1 | 1 | 8 | 8 | 80.00 | 1.13 | 12721 | 1590.13 | 2nd |

** Sailor below qualifying percentage for Season

SB- Safety Boat will be scored at End-of-Season as Committee Boat Service

DNS - (Did Not Sail) does not count for or against any sailor; however a minimum of 2/3 of total season races must be completed to qualify in class
 CB - Any sailor who volunteers to operate the Race Committee Boat and/or act as Starter will receive the point equivalent of a First Place finish for that day and will be counted in final season totals

DNF - (Did not Finish) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

DQF - (Disqualified Foul/CB Ruling/Other) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

GCDQ - (Gross Misconduct Disqualified) will count as zero points for that race or day (CB ruling)

Season points are determined using the Square 40 Scoring System (1st place equals 40 squared, 2nd place equals 39 squared, etc.)

Season place is determined by totalling season points and dividing by races completed. DNF does not count toward required season race minimum

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Stu's Star Stuff



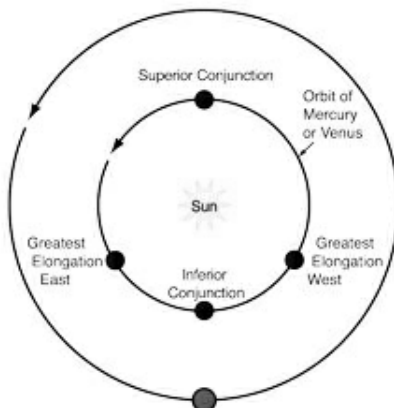
Conjunction junction?

A planet's "elongation" refers to its separation from the Sun in the sky, as viewed from Earth.

When a planet's elongation is zero, it is aligned with the Sun and Earth, and is in a "conjunction." What many people call the morning or evening star is actually a planet, usually Venus but sometimes Jupiter, Saturn, or even Mars. When one of them appears close to the Sun as viewed from Earth, sunset or sunrise watchers are treated to starlike brilliance of one of our planetary neighbors, which may be brighter than any of the true stars in the night sky. The distinction between "morning" and "evening" simply refers to the time at which the planet is visible.

Due to the orbital motion of planets around the Sun, a planet might be a "morning star" at one time of the year, and then later, as its orbit carries it behind and then to the other side of the Sun, it appears as an "evening star."

Saturn, visible low in the west through most of last month, has disappeared into the sun's glare in the western sky. But look for some of the other planets this evening. Jupiter is high in the south above and to the east of Antares, the heart of the scorpion. It looks like a bright cream colored star and is the



A planet's "elongation" refers to its separation from the Sun in the sky, as viewed from Earth. When a planet's elongation is zero, it is aligned with the Sun and Earth, and is in a "conjunction."

brightest object in that part of the sky. Mars and the eye of the bull follow close behind the last-quarter Moon tonight. The Moon rises around midnight and Mars follows about an hour later. It looks like a bright orange star. The orange eye of Taurus, the bull -- the star Aldebaran -- is about an hour behind Mars.

Right now Venus is the brilliant "evening star," but it's beginning to disap-

pear from view. It is quite low in the west at sunset, and drops below the trees as darkness falls. It will return to view by the end of the month, but this time as the "morning star," low in the east at first light.

The positions of the planets change nightly so continue to watch. They're a great part of the show. And the show's free.

-Stu Spratt



The Moon tonight:

The moon for Aug. 4 (at Midnight)

Illuminated Fraction: 0.563

0.6 days before last quarter

Your Horoscope

ARIES (Mar. 21- April 20)

It's time to reconnect with some of the people you used to know. Your domestic scene could continue to be in an uproar this week. Try to visit friends or relatives you don't get to see often. Spending too much time talking to friends or relatives could easily turn into a debate that could lead to estrangement. Your lucky day this week will be Thursday.

TAURUS (Apr. 21- may 21)

Make changes regarding your friendships. You may want to take a look at the personal papers of elders in your family. Overindulgence will mean poor health. Put aside any decisions concerning your position at work. Your lucky day this week will be Saturday.

GEMINI (May 22-June 21)

Communication must be open, precise, and honest. Any financial limitations will probably have to be dealt with on your own. You should spend your day trying to get things completed at work. You can utilize your versa tile mind and dazzle others with your speed and accuracy. Your lucky day this week will

be Thursday.

CANCER (June 22-July 22)

Ignore colleagues who appear to be going in circles. Have some fun, but draw the line if someone tries to fast talk their way into your heart. Romance could develop through social activities or short trips. Dazzle them with your intellectual conversation. Your lucky day this week will be Saturday.

LEO (July 23-Aug 22)

Look into events that you might find interesting, and compromise by doing a few things that you both like to do. You may need the space, but you need the extra cash more. You will find it easy to learn and excel. Try to get out and socialize. Your lucky day this week will be Tuesday.

VIRGO (Aug. 23 -Sept. 23)

Sudden changes could result in estrangement's. Someone you least expect may not have your best interests at heart. Your doubt could lead to insecurity. Try not to hang out with coworkers if you wish to avoid problems later. Your lucky day this week will be Tuesday.

LIBRA (Sept. 24 -Oct. 23)

You haven't been totally honest with yourself and it's time to review your motives. Generosity will put you in the poorhouse. Too much work and no play will not only result in fatigue and frustration but also loneliness, too. Your involvement in sports or entertainment will lead to new romances. Your lucky day this week will be Sunday.

SCORPIO (Oct. 24 - Nov. 22)

You will communicate easily and should be able to develop new friendships. You might find that delays will cause setbacks and upset. Avoid conflicts with in-laws or other family members. Try out for a local sports team such as volleyball, tennis, lawn bowling, or whatever interests you. Your lucky day this week will be Sunday.

SAGITTARIUS (Nov. 23 - Dec. 21)

Don't get involved in joint ventures. It's time to consider putting money into long-term investments. Talk to your mate about a vacation and discuss the expectations of your relationship. Pleasure trips will be favorable and bring about romance. Your lucky day this week will be

Friday.

CAPRICORN (Dec 22.- Jan. 20)

Difficulties with older females in your family may turn out to be quit trivial after all. Work quietly behind the scenes. You will accomplish the most in the work environment this week. You can get support from groups that you belong to if you're willing to step out on a limb and voice your opinions. Your lucky day this week will be Tuesday.

AQUARIUS (Jan. 21 -Feb. 19)

Resist any idle chatter. You will have excellent ideas for changing or renovating your home. Too much too fast will be the attitude surrounding your home environment. Get on with business. Your lucky day this week will be Friday.

PISCES (Feb. 20-Mar. 20)

You may not be that popular at home but you should be able to shine at social gatherings. Don't overindulge in anyway. Do not invest in ventures that only appear to be lucrative. Problems with your mate will develop if you don't let them have their way. Your lucky day this week will be Monday.

FOR THE HEALTH OF IT!

By Ima Foodnudge

Olive Oil

Also known as EVOO for those of you food network junkies.

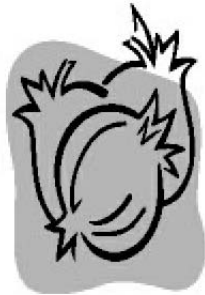
- Lowers dangerous LDL cholesterol
- Helps prevent blood clots
- Lowers blood pressure
- Helps prevent heart disease
- Reduces cancer risks

In Mediterranean countries it's been a top healing food for thousands of years. Researchers have found that olive oil contains hundreds of chemical compounds that perform heart-protective functions. These compounds provide antioxidant protection against free radical cell damage; thin the blood to prevent clots, lower blood pressure, and prevent absorption of excess cholesterol in the body. Olive oil's antioxidant compounds also protect against breast cancer; one study found that women who consumed olive oil at least twice a day had a 25% lower risk of breast cancer than women who consume it less often.

Onions

- Lower cholesterol
- Combat infections
- May help prevent cancer
- May help reduce risk of heart disease and stroke
- May help prevent asthma

If you tend to avoid onions on your sandwich for the sake of your breath, read on: once you find out how much onions can do for your health, you may start asking for extra. (And try a sprig or two of parsley to sweeten your breath.) A large study showed that people who eat more onions in their daily diets have lower rates of stomach cancer. Onions contain dozens of flavonoid compounds which provide strong protection against free radical damage. The main flavonoid found in onions, quercetin, halts the growth of tumors in animals. Researchers believe that quercetin and other onion compounds not only stop tumor growth but also kill harmful bacteria that may lead to tumors. So eat up smelly campers!



Hot Dog Men

"A quick and easy meal that kids love!"

8 servings



INGREDIENTS

- 8 hot dogs
- 8 slices bread
- 8 slices American cheese
- ketchup and mustard to taste

DIRECTIONS

1. Make a slit down the middle of one end of each hot dog; this will be the legs. At the other end, make a small slit each side; these will be the arms. Bring a saucepan of water to a boil, and add the hot dogs. Boil for about 5 minutes until the slits open up.
2. Place slices of cheese onto slices of bread. Set the hot dog men on top. Use ketchup and mustard to make a face, hair and clothes or buttons.

Chocolate Mint Milkshake

"A cool, refreshing milkshake that will have you craving for more. All you need is milk, vanilla ice cream, chocolate syrup, and a few drops of some peppermint extract.

"2 servings

INGREDIENTS

- 4 scoops vanilla ice cream
- 1/4 cup milk
- 1/4 cup chocolate syrup
- 1 drop peppermint extract

DIRECTIONS

1. In a blender, combine ice cream, milk, chocolate syrup and peppermint extract. Blend until smooth. Pour into glasses and serve.

Ima Foodnudge is a Birch Lake resident who wants her neighbors to be healthy

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BIRCH LAKE WATER QUALITY MANAGEMENT PROGRAM
July 30, 2007 Report to Residents – Gert Temple

From: Water Quality Committee
 Regard: Eurasian milfoil Treatment Area

Lake contacts: Dan, Reynolds, Chairman 476-8877
 Rick Russwurm 476-2773
 Bob Temple 476-2773
 Gert Temple 476-2773

The permit has been secured from the Michigan Department of Environmental Quality.

A notice provided by Professional Lake Management was circulated in accordance with the Michigan Department of Environmental Quality procedures. The notice was given to each resident in the Eurasian milfoil Treatment Area.

The scheduled date, type of treatment, restrictions and information provided in the notice from Professional Lake Management is (in part) for review by all Birch Lake residents.

- Birch Lake has been scheduled for the week of 8-6-07. Due to the uncertainty of weather, the treatment scheduled is approximate.
- Watch the shoreline for the posting of the 11x14 inch, yellow, red or green signs. The signs will indicate the date of the treatment, the products used and any restrictions on the use of treated water for swimming, watering lawns, etc.
- Please be aware that only the products approved by the State of Michigan and the Federal Government are being used.
- No adverse effects on people, fish, wild life or domestic pets has been experienced since applying products.
- The restrictions that apply to the products actually being used in the treatment at Birch Lake will be found on the signs posted on the day of treatment.


The X indicates what products and restrictions apply at Birch Lake

| <u>X</u> | <u>PRODUCT/ACTIVE INGREDIENT</u> | <u>RESTRICTION</u> |
|----------|--|--|
| <u>X</u> | Reward/Diquat dibromide | 24 hour restriction on swimming 1-day animal consumption of treated water 5- day restriction on crop irrigation 3- day restriction of domestic water use and irrigation of turf and ornamentals |
| <u>X</u> | Shaded water dye – tracer Copper sulfate/Pentahydrate Cutrine Plus-Ultra, Captain, Algimycin, Earthtec, Formula F/30 Copper as elemental Cygnat Plus/D, 1-Ilmolnene & alcohol ethoxylated fatty alcohol Poly/An anionic poly acrylamide polymer AquaPrep/enzymes & non-ionic surfactants Nutrisorb/gram negative, naturally occurring bacteria | NO RESTRICTIONS |

*Certified applicators: Jason Broekstra, Audry Bulst, Jalme Conroy, BreAnne Grabill, Steve Hanson, Jake Hunt, Kellan Karsten, Nate Karsten, Pat McLamara, Stephanie Mervau, Casey Mickelson, Lucas Slagel, Jeff Tolan, Andy Tomaszewski, Jacob Ware

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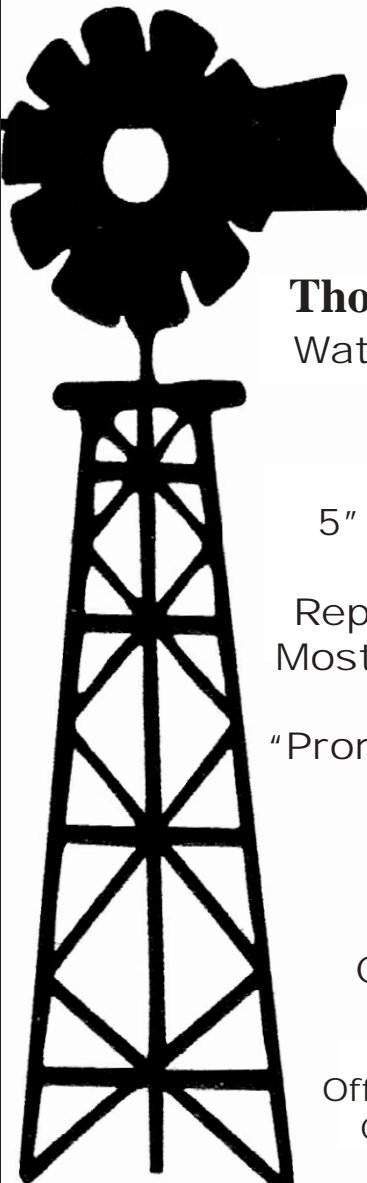
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Florida rentals: We have a house in Naples and a condo in Daytona Beach for rent, if interested please call the Bergans, 476-9359.

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Yellow, 2-seat Float Tube (kid dragger). Call Bill at 476-2280, 14890 Birch Lake Rd.

FOR SALE

1991 Seadoo XP with lift. Good shape/runs good. \$800.00 476-2293

Window air-conditioner. Call Olson, 476-2125.

Fishing boat for sale

19?? 12' Aluminum fishing boat with 9.9 Evenrude motor. Old Gator trailer. Wide bottom boat very steady in the water, great to take the kids fishing in. Tom DeCocker 476-9821.

For Sale: Large Compost Tumbler in very good condition \$ 180. Also: **Holder 14 MK made by Hobie Cat** also in good condition \$1500. Will consider other offer. Claude Petit W. 847 675 6241 or cell 847 274 9932

For sale: 2002 Mercury 6 hp outboard engine. Runs great. Also comes with 1940-1960 Alumacraft 14 ft. row boat in good shape for age. \$750 obo. Call 476-9852

For Sale: Trailer - Shore Lander, 15 ft. Call 1-574-231-0890 or 1-269-476-9688. Price \$400.

Lake Safe Fertilizer - Only a few bags left. This fertilizer is offered by the Water Quality Committee and is approved for greening your lawn without harming the lake. Don't feed the weeds, use lake safe fertilizer. It is only \$12 a bag and pick up or delivery can be arranged by calling the Bouwkamps at 476-1001.

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doors for tractor trailer access. You can review the property at <http://home.comcast.net/~millracestorage> Inquiries may call 476-1001.

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BLYC MERCHANDISE:

In Birch Lake Posters, we were very fortunate to receive additional posters from Camp Fire. These Birch Lake posters were given to the camp. Therefore, all money received on these sales will be returned to camp. Ready to frame and signed by the artist, selling at \$20.

In 2007 Birch Lake Calendars, a few remain at a discounted price.

Call **Vickie Rogers** 476-2383

PETS:

4 kittens born on July 17th will be needing new homes soon. 2 female brown tiger stripe and 2 males - one is brown tiger stripe and one black. Also the loving mother cat needs a home. She is a brown tiger stripe also, approximately a year old and loves attention. Call Rita or Dennis at 476-2744 in the evenings.



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- \$ _____ - BLYC Member Dues (\$20 / year)
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- \$ _____ - Homeowners' Assoc. (\$10 / year)
- \$ _____ - Sailing Fees (\$15 / year)
- \$ _____ - Building Improvement Fund
- \$ _____ - Fireworks Fund
- \$ _____ - Water Quality Program
- \$ _____ - Eurasian Milfoil Eradication
- \$ _____ - Riparian (\$8/yr, provide address for magazine)
- \$ _____ - Safety Committee
- \$ _____ - Other (non-party related expenses)

Total \$ _____

Name _____

Address _____

Address _____

Mail to: Holly Troeger, Treasurer

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or drop off at: 63696 Birch Road (call 476-9898)

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