



Commodore's Comments

Busy describes last week but very fun. The Women's Golf Outing and Luncheon was such a good time. At the risk of sounding like I'm bragging, since my team put it together, the day was perfect. The weather, the food and especially all of the friends getting together made Friday a real highlight this summer. Thank you Vickie Rogers, Linda Bergan and Ilene Golden for putting so much work into event. I've always felt so lucky to be with these three teammates and this year they proved how much fun they are whether were playing or working.

The second grand event was the annual Corn and Sausage Roast. Working with Scott and Dawn Troyer really helps lighten the load of putting together a meal for 140 people. I want to take advantage of my Commodore status and list everyone else who helped us on the front page of the Barker instead listing them on an inside column. The evening would not have come close to successful if our team of volunteers weren't there helping. Vickie and Tom Rogers, Patty Luecht, Ilene Golden, Sue Williams, Katie Luecht, Mike Lutz, Dwayne Weaver, Bob Waddle and Carol and Fred Freihofer were extremely helpful and such fun to work with. Thanks for all of the help, and thanks to all of our diners, without you there would be no Corn and Sausage Roast.

This is the summer of the sequel. First we have Harry Potter (book and movie), then came Shrek 3 and the Bourne something or other. Next is the house walk on Birch Lake 2. Opening this Saturday for one day only (the Directors and Producers are hoping for House Walk 3, 4 and 5 for your summer enjoyment for years to come). Each of the houses have been highlighted in the Barker the past few weeks. I confess that I have been in a few of the houses during their construction phase so I am excited to see the finished project. The outside of each of the houses are so unique that I think we are all in for a treat to see the

photo courtesy of Ben Wozniak

Tentative BLYC Calendar

Aug. 11	House Walk
	1-4 pm
Aug. 18	Kidz Regatta
Aug. 18	Fall Dinner
Sept. 1	Board Meeting 9 AM
Aug. 18 Aug. 18 Sept. 1 Sept. 3	Sailing Awards

different styles of decoration on the inside. Don't forget that all of the proceeds will be given to our Invasive Species fund. This fund is paying for the treatment we had on Wednesday (rain delayed) to kill the Eurasian Milfoil and will allow us to continue further treatments (if necessary) and for ongoing professional surveys of our lake.

As you view the houses this weekend remember that it is a beautiful day in the neighborhood.

> -Blair Garceau Commodore 2007

Birch Lake Notes —

FALL DINNER:

This years fall dinner will be held Aug 18th, up at the camp, in the main dinning hall. The menu will include appetizers, boneless pork chops, corn, mashed potatoes and desert. The cost for the dinner will be \$15, of which \$4 will be for the use of the camp.

Appetizers will start around 6 pm with dinner starting at 7 pm. It's been a great year on the lake, come out, relax and enjoy a great meal with all of our friends from around this great lake.

Also don't forget our next vice commodore will be announced at this dinner.

Please call with your reservations to Mike Lutz @ 269/476-2843 or 269/207-1153 or Amy Trudell @ 269/744-7746.

House Walk

The House Walk is this Saturday (August 11; rain date is Sunday, August 12) from 1 to 4 pm. Just a reminder to get your tickets ahead and save money.

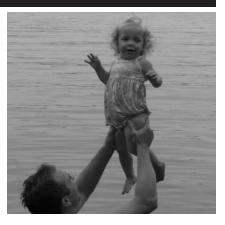
Parking will be at the Wozniak's Barn, or for those who have difficulty walking, some parking will be available at the various homes.

We are discouraging coming in boats because of the Eurasian Milfoil on the East Side.

Many different kinds of crafts will be on sale in the barn, from jewelry to bird houses. When you get your brochure for the homes, your ticket will be put in for a



The Hardy family of Traverse City Michigan visited us this past weekend. Tom (and wife Betsy) Hardy, parents of Olivia, age 12, Julia age 9, Thomas age 6, Andrew (Drew) age 2.75 and Sophia, age 1.5 is my nephew, so I guess the kids qualify as my GREAT nieces and nephews. The





family arrived at our cottage at 4:00 p.m.on Friday and everyone, was in the water by 4:15 p.m. Thanks Birch Lake for being such a great place to entertain family. (Sorry, no photo of Andrew. -Celia Fallon



Birch Lake Kids of the Week

Birch Lake Notes —

drawing for \$100 gift certificate to Fishers Lake Inn, \$50 gift certificate to Sauk Trail, and a gift certificate for a free massage. Be sure and write a name on the back of your ticket, as you probably won't be present when the tickets are drawn.

There will be free refreshments in the barn when you feel you need a break, or after the tour. The tour starts anywhere. Just judge by the crowds at the various homes. We are looking forward to seeing lots of people and having a great time at Birch Lake.

-Denny Weesner, Vannessa Wozniak, Michelle Seyfort

Men's Golf Outing

I would like to thank all of this year's sponsors, this outing (if some of you did not know) is not a profit making event, it is a event to have a great time and fellowship. Every year we are looking for more donations, either in gift give aways and or cash to pay for the event. So please, if you can give next year. We have had long-standing sponsors for over 10 years and more, like Bender plastics, Tim Stefen, Krugell Lawton, Claeys Candies. This year and last we had new ones as well, as Gary Eshleman, The Garceau's, Vitale's, Freihofer's, Wiseman's, Russworm's, Mullin's, Ric Jones, Stewart Spratt. As you can see the list is getting larger each year. I would like to thank the



Kyle Kinzler with his very first catch on Birch Lake with his Scooby Doo fishing rod. As you can see, he was very happy. Kyle is the grandson of Ruth & Dennis Kinzler on Walnut St.



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Birch Lake Kid of the Week

Birch Lake Notes —

rules committee and Bud Zesinger for this years tie breaker — 1st Place was a tie McElwee (59) and Team Herm Kruggel (59), so Bud went to the 18th hole and worked his way back — It wasn't long to find the winner, "Kruggel" Congrat's to them for an outstanding round.

Team Zesinger was 3rd and Team Temple rounded out the field. A special gift was given to Dick Cowen for his hole in one on number 3! I do not remember a hole in one ever during any of the BLYC Mens Golf.

I also one to give a big thank you to my volunteers Becky Wiseman, Deb Taghon, Carol Freihofer. Thank you!

This year Herm Kruggel received My special person of the year award called The Patriarch Award, for his years of service as well as many other contributions to the lake was honored.

Again I just want to thank everyone for allowing me to host such a great time.Please feel free to send me a note or call me with any suggestions or ideas for next years event. See you next year. -Artie McElwee

Jankowski designs

Former Birch Lake resident and noted artist Coy Jankowski is producing three fabulous new designs for our enjoyment and the benefit of Birch Lake Yacht Club.

Fran Welch will have a color board on display at the fall dinner and would



Barker Kids of the Week Amanda Butler, Mackenzie Dobosiewicz and Claire Brovold posed with their scooters

like people to consider placing an order for tee shirts and sweat sets, possibly some baseball caps as well, so we can get an idea on how many units to order. All purchases must be prepaid with shipping. Details to follow in future Barker articles. Prices will be available at the dinner.

Line Dancing

Line Dance at the Yacht Club Tues.

mornings 9 am Everyone welcome.

Directories

Directories are here! If you are a member of Birch Lake Yacht Club and did not receive your free directory please call Blair (9862). If you would like a copy or need additional copies (\$5.00) please call the same number. Any inaccuracies in the directory should be emailed

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Birch Lake Kids of the Week

Birch Lake Notes -

to bgarceau@aol.com. Please put "BL director" in the subject box.

Hey, Birch Lake Ladies

Splish, Splash & Shine with Silpada Jewelry! Slip into the Open House between Noon-4 pm on Friday & Saturday, August 24 & 25. View all the new jewelry at www.mysilpada.com/bonnie.hogoboom. See and try on the exclusive, handcrafted .925 Sterling Silver Jewelry Invite a Friend! At the Hogoboom Cottage 14830 Lakeshore Dr.

JEWELRY DISPLAY

Come prepared to shop this Saturday during the House Walk from 1-4 p.m.!

Jewelry Artist Darlene Troyer, owner of Magdalena Moon Designs, will have a booth displaying hand crafted fine silver jewelry.

Darlene has been teaching silver jewelry design classes at Carnegie Center for the Arts in Three Rivers for over 3 years and has been featured in local newspapers and juried art shows. Birch Lakers will be the first to see the new line of Birch Leaves that she has made especially for this showing. Using real leaves from our own Birch Lake trees she has created pendants and earrings.

Be sure you allow some extra time to look over the many jewelry items that will be on display! Birch Lake Kids of the Week



Barker Kids of the Week Ashton Blue Troyer who is the newest kayaker in the Troyer family! Ashtons proud parents are Scott and Dawn Troyer.

photo submitted by Darlene Troyer

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- Birch Lake Notes -

Birch Lake Kids of the Week

This week's final Barker Kids of the Week are Denny Weesner (right) and Carole Hoover; guest of the Eichorsts'. The pair celebrated their birthdays at the BLYC Women's Golf Outing. Coincidentally, they both turned 39!



This week's Questions: 29. What famous writer never published any of his work while he was alive, and was quickly forgotten when he died. But when 2 fans put together as many of his works as they could find 2 years after the writer's death, they caught on and he became famous. Who is the writer we're talking about?

30. In 1931 in an exhibition game, 17-year-old pitcher Jackie Mitchell struck out both Babe Ruth and Lou Gherig and was signed to a minor league contract. The contract was cancelled though and Jackie never got to play in the majors. Why?

31. 1.5% of all automobile accidents can be blamed on what?

32. What occurs once in June, once in January, twice in August but never in March?

33. What will be special about any month that begins on a Sunday?

Answers to last week's Questions 24. What strange and bizarre fruit has its seeds on the outside? The Strawberry!

25. What sport was once known as Battledore? Badminton!

26. Until 1929 when President Hoover got one of these in the Oval office, the President had to share this. What? A phone!

27. In the late 1500's many officials in the Vatican wanted to ban this because Muslims invented it, but Pope Clement VIII liked it so much he said Christians could enjoy it. What? Coffee!

28. In 1863, Italian Priest Giovanni Caselli invented what device in use today? The FAX machine!

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Eshleman, Gary & Ronda Falk, Roger & Suz. (2006) Fallon, Paul & Celia Foley, Tom Foos, Jim & Carol Fredlake/Wozny Freihofer, Fred & Carol Freihofer, Fred & Carol Frew, Steve & Jackie Gableman, Ryan Garceau, Bernie & Blair Golden, Marc & Ilene Gotstein, Mike & Marge Green, Dick & Barb Greene, Peter & Julie Greenig, Robt. & Kay Groszek, John & Lois Grundy, Chas & Amber Habich, Don Harlan, Bruce & JJ Harman, Don & Lind Harris, Gwen Henderson, Roy Hern, Jim & Mary Hogoboom Hogoboom, David Howard, Jim & Susan Howard, Tom & Colleen Jones, Vic & Leslie Keirn, Terry & Pat Kelly, Mike & Lu Kesmodel, Chas & Annie King, Bill & Le King, Bob & Leslie Kinzler, Dennis & Ruth Klappauf, Carl & Sandie Kolber, Chet & Vivian

Kolber, Chris & Barb Kruggel, Herm & Bev Kuhn, Tom/Temple, Jan Lacy, Tom & Julie Limes, Jim & Traci Lindzy, Dick & Judy Lochmandy, El & Jeanette Luecht, Bill & Patty Lutz, Mike Machalleck, Mike & Katha Manor, Stephen & Virginia McElwee, Artie Miller, Jack & Mardie Monroe, Norman Mosier, Tom & Robin Mullin, Rich & Pam Nevala, Tom & Jen O'Brien, Joe & Betty O'Brien, Major O'Connell, Joe & Becky Olson, Dave & Judy Palm, Bob & Carolyn Papandria/Covey Parkinson, Frank & Eliz. Parnell/Niezgodski Pence, Norma Petit, Claude Pitakos, Stan Quinlan, Steve & Vickie Rassmussen, Buzz & Linda Reynolds, Dan & Michele Rieth, Bud & Louise Rodriguez, Mike & Lisa Rogers, Tom & Vickie Russell Russwurm, Rick & Patti Sanders, Ray & Sonia

Sante, Marty & Doris Scofield, Laveta Sevfarth, Gordon Sharp, Don & Nanette Sheetz, Harold & Char. Smitley, Jeff & Denise Spratt, Stewart Steffen, Tim & Irene Stevens, Pat (Jeff) Stitz, John & Trish Talbot, Sara Toth, Helen Troeger, Earl & Connie Troeger, Scott & Holly Troeger, Tom & Pat Troyer, Ken & Darlene Troyer, Scott Trybus, Dennis & Margar Tudor, Dennis & Rita Vath, Helen Vitale, Phil & Sandy Waddle, Bob & Sue Wagner, Bruce & Sue Walker, Nancy Waxman, Dan Weaver, Doug & Julie Weesner, Denny Welch, Randy & Fran White, Phyllis Williams, Pat & Sue Wiseman, Terry & Becky Witchie, Ron & Linda Wos, Stan & Doreen Wozniak, Ben & Vanessa Yoshizawa, Jim & Linda Zelasko, Millie Zesinger, Bud & Barb





Fleet Captain's Corner

tsam, Jetsam and Driftwood...

This week is a little bit of a catch-all...a little of this and that in between the hectic joys of fatherhood and unending demands of home, career and college.

This year's racing standings are very unusual in that we have extremely close scores in both MC Scow and Sunfish divisions. The place standings are separated by less than 200 points in both divisions and basically all places are still up for grabs! Any sailor, except for probably me, still has a chance of winning a class! This is like watching the seventh game of the World Series, or the last two minutes of the Super Bowl and the score is tied! Get out there sailors and give it all for the last few weeks!

It is often said that sailing, racing sailboats in particular, is like standing fully clothed in a cold shower, trying to smoke a cigar, and tearing up hundred dollar bills - all at the same time. First, a quick but well noted word of thanks to a couple of those that make this wonderful experience possible:

Many thanks to Nancy Walker and Denise Smitley for volunteering and running the race committee boat this past Sunday (...feel free to volunteer any and all that are interested...no worries, lessons provided!)
 Also and again, many thanks to Harold Cranmer for setting the marks and planning the race course as he does every week.

■ A quick get well and warm wishes to Lind Harman and thanks to her for letting Don come out and play!

A few announcements need to be made so I'll get that out of the way here:

■ Kids Regatta will be held August 18, 2007 at 2 pm beginning at the King's on the North Shore...look for a flyer posted elsewhere in the Barker this week

■ Tentative date for the Couples' Regatta will be August 25 at 4 pm...more to follow later!

■ Labor Day Regatta will be held on Saturday and Sunday, September 1st and 2nd at 1 pm on both days. I am looking for race committee boat and starters for both days.

 The Annual End-of -Year Sailors' Meeting and Awards Ceremony (for all sailors, hopeful sailors, family and basically anyone even slightly interested in the fine art of going nowhere slowly and with great effort) will be held at 11 am on Labor Day, Monday September 3rd
 Please to all sailors!!! It is voting time for Sailor of the Year and Junior Sailor of the Year. This award is for a sailor that gives all not just in skill and sailing excellence but in: sportsmanship, sharing of knowledge and technique and efforts to promote sailing as a sport and lifestyle. Please get your votes to me via personal meeting, email (srichards71@comcast.net) or lake phone (Vitale's on East shore 476-1680 weekends) or by my



Saturday August 18th – 2pm (subject to change) Gather at King's boathouse for refreshments and the Sailing Instructions. Kids are wanted and welcome!

Two Rules:

Please bring / wear PFDs (lifejackets / aka: boat-coats) There must be a kid onboard to join the racing (*)

(*) rental kids onsite subject to availability



cell phone, anytime 24/7 (574-329-0494). Each sailor gets one vote for Sailor of the Year and one vote for Junior Sailor of the Year. Thanks and get your votes in soon!

Just a last little thing for those that love the idea of sailing but maybe just aren't ready for the actual experience; here is a list of some classic sailing literature, perfect for curling up by the window on those cool, rainy fall days which are fast approaching...

- The Odyssey of Homer
- Moby Dick by Herman Melville
- The Wind in the Willows by Kenneth Grahame
- The Voyage of the Beagle by Charles Darwin
- The Secret Sharer by Joseph Conrad.

■ The Rime of the Ancient Mariner by Samuel Taylor Coleridge

■ Leaves of Grass by Walt Whitman including:

- The Ship Starting
- In Cabin'd Ships at Sea
- O Captain! My Captain!
- Here, Sailor
- Aboard at a Ship's Helm
- Song for All Seas, All Ships
- After the Sea-Ship
- Now Finale to the Shore
- Joy, Shipmate, Joy!

The Loss of the Eurydice by Gerard Manley HopkinsThe Ship of the Line by C.S. Forester

Enjoy! Now that my desk is clean, it's back to y

Now that my desk is clean, it's back to work...until an all too brief few moments on the lake this weekend... Fair Winds and Following Seas,

Steve Richards 2007 BLYC Fleet Captain



2007 BLYC 7/8/07 Results, Season Standings (updated)

	Races	Races	Completion	Place	Season	Season	Current
Race12	Att'd	Comp	Percentage	Avg	Total Points	Point Avg	Place
MC Scow	-	-					
Scott Troeger**22							
Harold Cranmer11							
Don Harman**DNSDNS							
Bob King							
Phil Vitale	10	10	83.33	3.800	13852	1385.20	5th
Jim Bolinger**DNSDNS	3	3	25.00	4.000	4113	1371.00	6th
Jeff Smitley6	9	9	75.00	4.111	12274	1363.78	7th
Bill Luecht	10	10	83.33	5.000		1298.00	8th
Sunfish A Fleet							
Tom Howard2							
Rick Russwurm**DNSDNS	5	5	41.67	2.000	7611	1522.20	2nd
Dave Olson1	10	10	83.33	2.500	14843	1484.30	3rd
Erica Vitale3	9	9	75.00	3.667		1395.33	4th
Sandy Vitale4	10	10	83.33	3.800		1385.60	5th
Ashley Marquez**DNSDNS	5	5	41.67	4.000		1372.20	6th
Steve Richards**DNSDNS							
Nancy Walker**CBCB							
Junior Fleet							
Neil Troeger**DNSDNS	1	1	8.33	1.000		1600.00	1st
Katie Luecht1	10	10	83.33	1.100		1592.10	2nd

** Sailor below qualifying percentage for Season

SB- Safety Boat will be scored at End-of-Season as Committee Boat Service

DNS - (Did Not Sail) does not count for or against any sailor; however a minimum of 2/3 of total season races must be completed to qualify in class CB - Any sailor who volunteers to operate the Race Committee Boat and/or act as Starter will receive the point equivalent of a First Place finish for that day and will be counted in final season totals

DNF - (Did not Finish) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

DQF - (Disqualified Foul/CB Ruling/Other) will equal Last Place of Class minus 1 place (i.e. 5 boats race in class, DNF equals 6th place)

GCDQ - (Gross Misconduct Disqualified) will count as zero points for that race or day (CB ruling)

Season points are determined using the Square 40 Scoring System (1st place equals 40 squared, 2nd place equals 39 squared, etc.)

Season place is determined by totalling season points and dividing by races completed. DNF does not count toward required season race minimum



BLYC House Walk Preview

Nancy & Clyde Hayes

Nancy and Clyde Hayes are the owners of the beautiful home on the East Side of the Lake that is For Sale. Nancy has lived on the lake since 1979 on Kinsey Street, on the Hill. She and Clyde built the present home two years ago. They will be moving to Elkhart when the home is sold.

This home is a "bonus" on our tour and contains many special features, including a Jacuzzi tub, bamboo waterfall faucets and an Italian-tiled, walk-in shower. There is a 3-sided fireplace overlooking the lake from the kitchen/dining areas/wet bar or living room. The master suite has his/her customdesigned closet, lake views, office/nursery area and custom bath. We are sorry to see the Hayes leave the lake, but wish them well in any new ventures that they may looking toward in the near future.

Bob and Sue Waddle 63382 Birch Road

Sue and I began coming to Birch Lake back in the late 1980s as guests of Dan Reynolds who currently lives on the south side. We were so enamored with the beauty and tranquility of the lake that we knew we wanted to have a place here.

Pam and Rich Mullin lived in the small house that originally occupied this lot and we learned that they were selling the house in order to buy another house on the north side of the lake, so we purchased the house from them.

The original house was small, roughly 1000 square feet, and had been remodeled countless times. The dog's ball was always stuck beneath something because the floors all sloped different ways. There is a photo of the original house near the front door as you come in. But we loved the small house and spent many happy weekends there as w visited from our main residence in Munster, Indiana.

Our long-term plans were always to move to Birch Lake when we retired. So in 2004 we decided to tear down the old house and build a new one more suitable for funtime residence. We had gotten some rough design sketches for a new house that our prior neighbors, Beth and Jerry Mumaw, had commissioned for their lot, which is similar to ours. They had moved away and were not planning to build. We took the plans to Sue King, who is an interior designer, and she helped maximize the use of



The BLYC House Walk is TODAY, August 11 (rain date August 12) from 1 to 4 pm. It will feature seven homes and the beautiful and historic barns owned by Ben and Vanessa Wozniak and Terry & Linda Curtis. Tickets are on still available today for \$15. All proceeds are going in a fund to fight the Eurasian Milfoil.

Hayes (above), Waddle (below)

-Denny Weesner, Vanessa Wozniak & Michelle Seyfarth



space.

We hired Duane Gundy of Gundy Custom Builders at Shavehead Lake to build the house for us. He did a wonderful job considering he built the whole place using the sketches we had received. We left a few things undone such as the landscaping, electric generator installation, and finishing of our garage and bonus room so that I would have something to do after retirement, which happened in 2006. They are slowly getting done, but it is still a work in progress.

The house has approximately

2600 square feet on three levels. There is a bedroom and bathroom on each level and seventeen stairsteps per level (whew!). The home is an all electric residence with a geothermal heating/cooling system. Our main focus when building was to provide the best views of the lake that we could, since that is why we're here.

We are very happy to be able to live here and love our wonderful neighbors and the sense on community that exists.

Enjoy the tour,

Stu's Star Stuff **Neteor showers building**

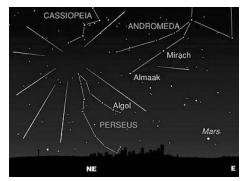
ne of the greatest things about being at the lake are the dark skys at night. Being away from city lights we can see so many more things here than in town...tons of stars, constellations, planets and even the occasional satellite gliding silently across the dome of the sky. But my favorite things to see, and probably most everyone's, are shooting stars, or meteors.

An increase in the number of meteors at a particular time of year is called a meteor shower.

Comets shed the debris that becomes most meteor showers. As comets orbit the Sun, they shed an icy, dusty debris stream along the comet's orbit. If Earth travels through this stream, we will see a meteor shower. Depending on where Earth and the stream meet, meteors appear to fall from a particular place in the sky, maybe within the neighborhood of a constellation.

Meteor showers are named by the constellation from which meteors appear to fall, a spot in the sky astronomers call the radiant. In our case this weekend, the radiant is located near a point in the constellation Perseus.

As it turns out, the Perseid meteor shower is building toward its peak on Sunday night. Friday you might see a



A planet's "elongation" refers to its separation from the Sun in the sky, as viewed from Earth. When a planet's elongation is zero, it is aligned with the Sun and Earth, and is in a "conjunction."

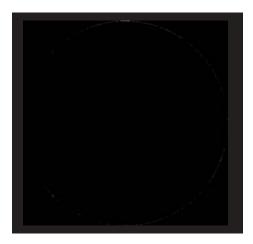
handful of Perseids in all -- a few dozen streaks of light across the moonless night sky.

This year is expected to be so-so for the shower. At its peak Sunday night, you might see a couple of dozen meteors per hour. And, to our benefit, there is no Moon in the sky, so there's no moonlight to overpower the meteors.

The bright streaks of light that we see actually come from vaporized particles of Comet Swift-Tuttle. Most of the particles are no bigger than BBs. But a few larger ones create especially brilliant meteors.

These bits of comet dust burn up as

they plunge into Earth's atmosphere at tremendous speed, more than 130,000 miles per hour. The meteors appear to rain into the sky from the constellation Perseus. But they can shoot across any portion of the sky, so you don't need to look in any particular direction to see them. Grab a blanket and a lawn chair and look for some shooting stars. The show's best after midnight but free all night long.



-Stu Spratt The Moon tonight: The moon for Aug. 4 (at Midnight) Illuminated Fraction: 0.005 0.7 days before new moon

Your Horoscope

ARIES (Mar. 21- April 20) Don't give them the use of your credit card. Your ability to ferret out secret information will lead you to an inside scoop on an amazing financial deal. Changes regarding your career direction will payoff handsomely. Children will keep you busy. Your lucky day this week will be Monday.

TAURUS (Apr. 21- may 21) Try to calm down emotionally about personal financial matters. Romantic relationships should stabilize. You will find the perfect outfit if you shop this week. New romantic partners will evolve through group endeavors; however, the association may not be likely to last. Your lucky day this week will be Sunday.

GEMINI (May 22-June 21) You will communicate with ease this week. Problems with your partner are apparent. Your personal secrets may be revealed if you let coworkers in on your family dilemmas. Take a close look at any contracts you've signed in order to be sure exactly where you stand.

Your lucky day this week will be Monday.

CANCER (June 22-July 22) Take time to make physical improvements that will enhance your appearance. You'll be pleased with the results if you take the time to decorate your home. Don't overspend on friends or children. Gambling will be a waste of time and money. Your lucky day this week will be Friday.

LEO (July 23-Aug 22) Try not to judge too quickly. Abrupt changes in your home may send you for a loop. In return, the satisfaction you get is enough for you. Quarrels will erupt if you get into philosophical debates with friends. Your lucky day this week will be Sunday.

VIRGO (Aug. 23 -Sept. 23) Take that long overdue vacation if you can. New romantic relationships will develop through group activity related to sports events. You are best not to confront situations that deal with inlaws or relatives. Spend time getting into physical activities with your lover. Your lucky

day this week will be Friday.

LIBRA (Sept. 24 -Oct. 23) Be careful when dealing

with loved ones. Opposition is present and you should be prepared to counteract it as best you can. If you can't get ahead in the company you're with, perhaps it's time to move on. You will probably have to defend your mate. Your lucky day this week will be Saturday.

SCORPIO (Oct. 24 - Nov. 22) It might be time to pick up the slack and do your share. Direct your energy wisely this week. Anger will prevail if you expect help from others. Think twice before you speak. You will get bored quickly, so make sure that you have scheduled enough activity to hold your interest. Your lucky day this week will be Tuesday.

SAGITTARIUS (Nov. 23 -Dec. 21)

You will be overly sensitive this week. Try to have patience and refrain from being judgmental. Go with the flow and don't be concerned about your own job. Opportunities will develop through those you encounter while attending organizational events. Your lucky day this week will be Sunday.

CAPRICORN (Dec 22.- Jan. 20)

Discrimination will be in order. Control your temper when dealing with your emotional partner. New relationships could evolve through group activities. Try to find another time to present work or ideas this week. Financial difficulties may be worrying you. Your lucky day this week will be Thursday.

AQUARIUS

Jan. 21 - Feb. 19) Your devotion will be persuasive. Keep on your toes when dealing with others. Luck is with you. Take things slowly, especially for the sake of those you love. Your lucky day this week will be Thursday.

PISCES (Feb. 20-Mar. 20)

Think about your budget before booking a trip. Your mind may not be on the job. You will be relentless when it comes to getting yourself back into shape. Consider a trial separation if you and your mate just can't come to terms. Your lucky day this week will be Wednesday.

FOR THE HEALTH OF IT!

By <u>Ima Foodnudge</u>

ORANGES

- Strengthen the immune system
- Lower cholesterol

■ Prevent inflammation

- May lower risk of heart disease and stroke
- May help prevent cancer



Oranges are a strong contender for most popular fruit and food most associated with good health. Even nutritional knownothings know oranges are a great source of vit C. But few realize how many other things they do for you. Oranges give you a double dose of fiber from the skin around each orange section and

in the peel, helps trap and eliminate cholesterol from the body - especially dangerous LDL cholesterol. Try to eat a little of the white part of the orange peel as well as the fruit; it contains half of the fruit's fiber supply.

PEAS

- Reduce cholesterol
- Stabilize blood sugar levels
- Can help improve mood, appetite, and sleep
- May help reduce risk of heart disease
- May help prevent cancer



Probably because they've been subjected to the gray, mealy canned peas in high school cafeterias, many people would rate peas low on the taste and nutrition scale. Go for the frozen or fresh

and you'll quickly learn to love them. Ok, at least like them. Rich in protein and minerals, peas are the vegetable equivalent of liver (that explains a lot)- without the fat and cholesterol. A 5oz serving of fresh peas gives you a good dose of iron as well as 100 % of the RDA for vit B1 - even more than you get from thiamin rich liver. The elderly people, people under stress, and heavy drinkers are especially liable to have borderline B1 defi-

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ciency which cause depression, sleeplessness, loss of appetite, and memory problems. OK, since I fall into almost all of these categories, I'll eat more peas.

Recipes:

Mint-Orange Terrine

"This very refreshing and easy dessert is perfect for those hot summer days or to cleanse the palate after a rich meal. Prepare a day before it is meant to be served." 9 servings

INGREDIENTS

■ 9 medium oranges

- 2 1/2 cups orange juice
- 2 tablespoons honey
- 4 teaspoons unflavored gelatin
- 3 tablespoons chopped fresh mint
- 1 tablespoon chopped fresh mint

DIRECTIONS

Grate the rind from two of the oranges into a saucepan and set aside. Cut away the skin and white pith from all of the oranges. Cut into thin slices, discarding any seeds, and reserving any juice. Pour the orange juice into the saucepan along with the honey, and gelatin; stir over medium heat until the gelatin dissolves.
 Make a thin layer of orange slices on the bottom of an 8x4 inch loaf pan, and sprinkle with some of the 3 tablespoons of chopped mint; alternate layers of orange slices and mint until used up. Slowly pour the hot orange juice over the oranges. Tap the pan lightly to remove any air pockets. Chill overnight until firm, unmold, and cut into thick slices; garnish with 1 tablespoon of mint.

Easy Pea Salad

"This is a really simple side dish featuring peas and cheese. I double the recipe and take it to many family gatherings." 4 servings

INGREDIENTS

- 1 (15 ounce) frozen peas, slightly cooked and drained
- 4 ounces Cheddar cheese, cubed
- 2 tablespoons finely chopped sweet onion
- 1 tablespoon sugar
- 1/4 cup creamy salad dressing, e.g. Miracle Whip

DIRECTIONS

1. In a medium serving bowl, mix together the peas, Cheddar cheese and onion. Stir in the sugar and creamy salad dressing. Chill for at least 1 hour before serving.

Ima Foodnudge is a Birch Lake resident who wants her neighbors to be healthy

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FEATURING:

Deli Selections Fresh Produce Picnic Needs Fresh Meats Cold Beer Videos On August the 4th, at the Birch LakeYacht Club meeting led by Blair Garceau, Commodore, the Board approved recommendations made by the Water Quality Committee.

The Board unanimously agreed to contract the services of Professional Lake Management for a Multiple-Year Program (2007-2008-2009-2010 & 2011)

Professional Lake Management is responsible for completing and submitting an application each year for a permit from the DEQ. The permitting process will begin in the fall of 2007 and will be renewed every fall thereafter for treatment in early Spring when Eurasian milfoil is actively growing.

The permit from the DEQ will be in the office of Professional Lake Management in their Birch Lake file. According to plan, Professional Lake Management will treat within a week of the recommendation made by Tony Groves, Water Resources Director, Progressive A/E.

The Board unanimously agreed to contract the services of Tony Groves. Biologists from his office will perform an annual survey of the lake in the Spring of each year to monitor future infestations of invasive plant species such as the Eurasian milfoil, curly leaf pondweed, and Hydrilla. Findings will be reported to the Water Quality Committee. Tony will be assisted as instructed.

Tony will inform Professional Lake Management, enclose a map of Birch Lake that depicts the location of the treatment area, and recommend the herbicide treatment.

A licensed herbicide applicator from Professional Lake Management will communicate with a Water Quality Committee Lake Contact. The applicator will be assisted as instructed.

The Birch Lake Yacht Club Board and the Water Quality Committee are in "sync" with Tony Groves and Professional Lake Management.

Obviously, there are no guarantees, but we are confident that the professionals we kired are the "best of the best".

The Michigan Lake & Stream Associations Aquatic Plant Survey not only told us that we are a high quality lake, but also told us what beneficial plants we have in our lake, and that the lake contains a healthy and diverse assemblage of native aquatic plants. The Survey was the beginning of a 7-year Eurasian milfoil Watch. The program successfully resulted in the identification of a very *small* bed just south of the inlet stream at the east end of the lake, and a *small* area east of the access site at the south end of the lake.

If any lake is to be free of invasive species, it will be Birch Lake.

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<u>CLASSIFIED ADS</u>

Birch Barker classifieds ads are free for **members** of Birch Lake Yacht Club; non-members must pay \$5. Put your ad in the Barker Box at 63174 Birch Road, fax me at 269-445-9200, or send e-mail to me at: **sailorphil@philvitale.com**

FOR RENT:

Updated **Cabin** overlooks North Shore by day, week month or season Sleeps 4-6. \$500 weekly — 476-2086. Call 574-825-9355-ext 241.

Florida rentals: We have a house in Naples and a condo in Daytona Beach for rent, if interested please call the Bergans, 476-9359.

<u>FOUND:</u>

Yellow, 2-seat Float Tube (kid dragger). Call Bill at 476-2280, 14890 Birch Lake Rd.

FOR SALE Window air-conditioner. Call Olson, 476-2125.

Fishing boat for sale

19?? 12' Aluminum fishing boat with 9.9 Evenrude motor. Old Gator trailer. Wide bottom boat very steady in the water, great to take the kids fishing in. Tom DeCocker 476-9821.

For Sale: Large Compost Tumbler in very good condition \$ 180. Also: **Holder 14 MK made by Hobie Cat** also in good condition \$1500. Will consider other offer. Claude Petit W. 847 675 6241 or cell 847 274 9932

For sale: 2002 Mercury 6 hp outboard engine. Runs great. Also comes with 1940-1960 Alumacraft 14 ft. row boat in good shape for age. \$750 obo. Call 476-9852

For Sale: Trailer - Shore Lander, 15 ft. Call 1-574-231-0890 or 1-269-476-9688. Price \$400.

Lake Safe Fertilizer - Only a few bags left. This fertilizer is offered by the Water Quality Committee and is approved for greening your lawn without harming the lake. Don't feed the weeds, use lake safe fertilizer. It is only \$12 a bag and pick up or delivery can be arranged by calling the Bouwkamps at 476-1001.

Storage Facility for Sale or Lease - Zoned Commercial, Storage Facility and Property located around the corner in Williamsville and is available for lease or sale. Building is 7,600 sq. ft. or you can lease 4,000 sq. ft. with high bay doors for tractor trailer access. You can review the property at http://home.comcast.net/~millracestorage Inguiries may call 476-1001.



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BLYC MERCHANDISE:

■ Birch Lake Posters, we were very fortunate to receive additional posters from Camp Fire. These Birch Lake posters were given to the camp. Therefore, all money received on these sales will be returned to camp. Ready to frame and signed by the artist, selling at \$20.

■ 2007 Birch Lake Calendars, a few remain at a discounted price.

Call Vickie Rogers 476-2383

PETS:

4 kittens born on July 17th will be needing new homes soon. 2 female brown tiger stripe and 2 males - one is brown tiger stripe and one black. Also the loving mother cat needs a home. She is a brown tiger stripe also, approximately a year old and loves attention. Call Rita or Dennis at 476-2744 in the evenings.



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BLYC 2007 Dues, Contributions & Donations Form

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\$	 BLYC Member Dues (\$20 / year)
\$	- BLYC Associate Member Dues (\$10 / year)
\$	 Homeowners' Assoc. (\$10 / year)
\$	- Sailing Fees (\$15 / year)
\$	 Building Improvement Fund
\$	- Fireworks Fund
\$	 Water Quality Program
\$	 Eurasian Milfoil Eradication
\$	- Riparian (\$8/yr, provide address for magazine)
\$	- Safety Committee
\$	- Other (non-party related expenses)

Total \$

Name _

Address_ Address_

> Mail to: Holly Troeger, Treasurer 1516 Ash Drive East Elkhart, IN 46514 or drop off at: 63696 Birch Road (call 476-9898)

Make checks payable to Birch Lake Yacht Club



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