

Lily Bender (Cove) and her friends from Granger enjoying Birch Lake ... Thanks to Layna Bender for the photo

### COMMODORE'S COMMENTS

HEW!!!! What a weekend! It has taken me several days to recover! The Regatta started the festivities on Friday. With a minimal amount of wind, the sailors still managed to get 3 races completed, and they sailed the last 2 races on Saturday.

The boat parade brought out the best Birch Lake creativity! I knew we had imagination on this lake, but the boats were really amazing this year! Leading our parade were the much deserving Grand Marshals, Barb and Bud Zesinger on the boat of Ron and Diana Betzer followed by several world cup soccer teams, a visit from a galaxy far, far away, a bunch of "despicable" minions, a very flexible and energetic "happy Sully," a bit of N'awlins and Mardi Gras, our own floating casino (watch out Blue Chip!), and a "drop in" from a yellow submarine! Thanks to Dick Bender, Sue Waddle, Linda Curtis, Al and Liz Cover and Denise and Jeff Smitley for judging! And of course our very own SparkyCam. Once again, the parade proved that everyone on Birch Lake are WINNERS!!!

Spectacular fireworks Saturday night made the day a complete success! Thanks to Camp T for letting us use their waterfront, Chas Grundy for coordinating the event, the Newberg Township Fire Department for keeping us safe, and of course the professionals at RKM Fireworks for putting on a fantastic display! You can still make donations to the fireworks fund if you haven't already done so. Many thanks to Cam Butler, Sherri Holleman, and Bill Luecht for helping me with waterfront cleanup on Sunday before the campers arrived (although Bill did less than his 3/4 share of the work!! Sorry honey! I couldn't resist!).

Another successful Pancake Breakfast Sunday morning at Camp T fed over 550 hungry Birch Lakers and guests. Sandy Vitale kept everything and everybody organized even though she is still recovering from double knee replacement surgery only 6 weeks ago! Sandy you are truly remarkable and my role model! Thanks to her associates Phil Vitale, Amy Lutz, Mike Lutz and all the volunteers that made it all come together. What an effort!

LADIES! LADIES! I need those golf reservations with your \$\$, teams, and lunch selection ASAP! Only one week until we tee off! You won't want to miss it!! IT'S FUN!!!

I can't believe the 4<sup>th</sup> was here and gone already. It's been a rainy summer, but the weekends have proven to be all we could have wished for! We still have lots more summer to go and some great

### 2014 Birch Lake Calendar

July 18	BL Ladies' Golf 9 am - TBA
July 19	Newberg Twp Fire/EMS
	Open House, 11 am-3 pm
July 25	BL Men's Golf Outing
Aug 2	Corn and Sausage BLYC
Aug 16	Camp T Hog Roast
Aug 23	BLYC Fall Dinner - TBA
Oct 18	Chili Cook Off
May 2, 2015	BLYC Spring Dinner
Dates	s subject to change.
Watch t	he Barker for updates!
ı	

events coming up. Men's Golf will be on July 25<sup>th</sup>. Contact Peter Soldato if you need any information. The Corn and Sausage Roast on August 2<sup>nd</sup>. (Another night where I won't have to cook!!) The Camp T Hog Roast August 16<sup>th</sup> at the camp. And (drum roll, please...) the Fall Dinner August 23 at the BLYC. Can't wait (for more reasons than you think)!

I wanted to thank the Eagle Scouts for the extraordinary job they did on the Sears Memorial Park at the boat landing. It is such an impressive sight to come down the hill and see the Birch Lake sign, and I want to applaud BSA Troop 562 for making it happen! The project must have taken a lot of work and planning, and their efforts have not gone unnoticed. The troop is still accepting donations to fund this project, and

The Birch Barker is always soliciting and accepting materials for publication. Please E-mail your materials to sailorphil@philvitale.com, or put the items in the stone newspaper/mailbox at my home, 63174 Birch Rd. (East Shore). Please include a self-addressed, stamped envelope if you want photos or other materials returned. To contact me by phone, call (269) 476-168, or contact BLYC Commodore Patty Luecht (269) 476-2615. --Phil V

# — Birch Lake Notes —



Thanks to the Eagle Scouts of BSA Troop 562 for the extraordinary job they did on the Sears Memorial Park project at the boat landing. The troop is still accepting donations to fund this project, and checks can be mailed to Blake Witchie, 15758 Saddle Ridge, Granger, IN 46530.

checks can be mailed to Blake Witchie 15758 Saddle Ridge, Granger, IN 46530. I'm sure any donation would be greatly appreciated.

I am so glad we all had an amazing 3 days of fun and hoopla with our families and friends! I heard of no major incidences and it appears that it was a very safe weekend. Thank you!

Ok, I didn't want to write a novel this week, but there were so much and so many that needed to be acknowledged! So have fun, stay safe, watch for the pink lights and always remember...

PINK ... it's not just a color, it's an ATTITUDE!!!

~Bad Patty, Commodore 2014

### **Pancake Breakfast**

To all of the people who attended and worked at the Pancake Breakfast last weekend, we want to say a big THANK YOU!

Thanks to the expertise of our batter maker Bob Bender, and our Olympic staff of pancake flippers Mike Lutz and Bill Luecht, we served a record 550 breakfasts — and raised \$2416 plus additional \$138.76 of direct donations in direct donations for Camp T.

Our delicious Krusties pancakes were again donated by Lind Harman (thanks Lind!), and thanks to the Fallons for donating the plates.

Thanks are also due to our crack staff of Amy and Mike Lutz, Sheri Holleman, Bob Bender, Karen and Claire Brovold, Tom Rogers, Paul and Celia Fallon, Commodore Bad Patty, Bill, and Katie Luecht, Sam Hass, Cam and Amanda Butler, Kelly Mae Nietokuj, Eric Miller, Karen Curtis Miller, and Peter Trybula (the outside pancake flipper) — and thanks to cleanup crew Steve Richards, Barb Pence, Andy, Chris and Rachel Karceski.

Again, thanks to everyone for your participation and support for Camp T - What a wonderful family we have at Birch Lake. Next year don't turn over and go back to sleep, come on up and chow down on the great pancakes!

-Amy, Mike, Phil & Sandy "Pancake Breakfast Team"

### Be kind to water fowl

We have seen some boaters circling the swan repeatedly trying to get a good look at it, but obviously agitating it. One boat went right through the gaggle of geese. A reminder to be kind to our water friends is be in order.

### **Men's Golf Outing**

Just a quick note to remind all men interested in playing in this year's golf outing: registrations were to be submitted beFORE July 11, 2014. If you haven't yet submitted your registration, please do so by the end of the weekend. If not, I can't guaranTEE you a spot at the outing. IRON out the plans with your team — submit those entries! Please send entries to Pete Soldato (63266 Kinsey Street — hill) or Phil Vitale (63174 Birch Road — east side).

# Be the first

Later this year Lutz Concrete will be installing a beautiful compass rose made of stamped and stained concrete (see photo at right) in a new concrete garage-style apron at the entrance of the Birch Lake Yacht Club.

This design is an example of the services and products available for our our friends and neighbors at Birch Lake!

Interested in a whole new "nautical" look for your plain old garage or entrance?

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# Birch Lake Notes —



# **Boat Parade Fun!**



















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# Birch Lake Notes -

Photos provided by the **SparkyCam** 

### 2014 BIRCH LAKE BOAT PARADE

Birch Lakers once again showed their creative sides at the annual July 4th Boat Parade. Special thanks to Ron and Diana Betzer for chauffeuring our Grand Marshals, Bud and Barb Zesinger. It was a great parade this year; the weather was outstanding. Everyone was a winner! Thanks to all of the participants for the hard work; also thanks to our judges Jeff and Denise Smitley and Al and Liz Cover. Sparky Cam (Bob Waddle) photographed the boats.

Winners included:

Best Pixar Depiction – Wozny/Fredlake's Birch Lake Minions Best Giveaways (Beads) – Groszek's Mardi Gras





South Side Groszek Party. Had fun handing out beads for the boat parade

Best Carnival Float – Magro's Brazil

Best Makeup and Hair - Magro's FIFA World Cup

Best Gaming Entry – Lutz's Vegas

Best Beatles Song Depiction—Bad Patty/Camp T Counselors' Yellow Submarine

Best Team USA Fans – Wos' USA Soccer

Best Pink Sully – Weesner/Eshleman's Monsters, Inc.

Best World Cup Goalie – Petty's World Cup

Dick Bender was a great host providing a covered viewing area for the judges and supplying numbers for the boaters. Sue Waddle and I enjoyed being with our beloved Birch Lake community. Be safe on the lake. *~Linda Curtis* 





**Welcome to Jaywalker** 



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# — Barker kids of the Week —



Pam and Alan VanHuffel's (south side) granddaughter Claudia practicing in Birch Lake on the 4th July for an upcoming swim meet.

Send me your kidof-the-week photos! One picture is worth a thousand words! Send it to me (with the details) via email at sailorphil@philvitale.com

Evan Yosh & Elliott Steffen (east side) with Artie "Buzz" McElwee (north side) and the dragster





Zuz Kappel, 3 years old on May 6, skis for the first time behind the ski boat. She is the youngest grandchild of Steve and Vickie Quinlan (West side).



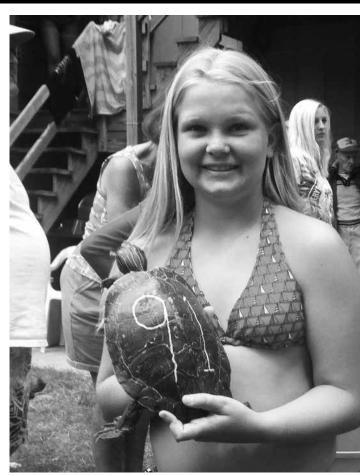
Van Huffel (south side) granddaughter cruise. L to R Courtney, Jocie, Claudia, and Erin.



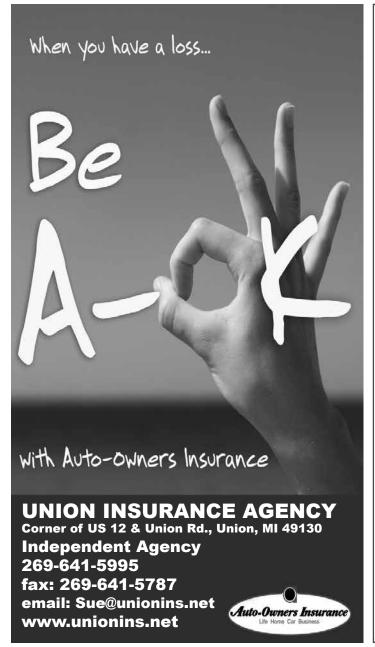
# — Barker kids of the Week —

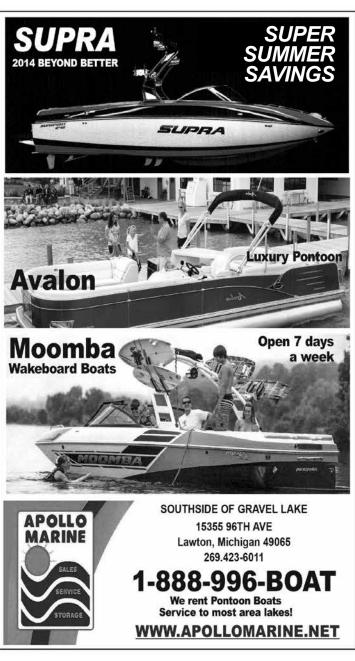


Denny Weesner-Bradfield (south side) and her grandson, Jason Eshleman in the Fourth of July Boat Parade.



12 year old, Hadley Lindzy of the west side of the lake took first place at the annual 4th of July turtle race with her turtle, #91, Godzilla.





# — Barker kids of the Week —



Everett and Jared Schlemmer, grandson and son-in-law of Bernie and Blair Garceau (east side), training for fighting crime with their new Batmobile.



Pam and Alan Van Huffel's (south side) grandkids posing for Volleyball picture over Fourth of July weekend.



Lily Bender (Cove) learning how to wakeboard

# SLOW DOWN

BIRCH LAKE HAS NARROW ROADS, LOTS OF PEDESTRIANS, A TON OF CHILDREN, GRANDCHILDREN AND PETS

> SLOW DOWN ON OUR ROADS AND ON THE HILLS TO AND FROM THE LAKE!

SPEED LIMIT

**15**MPH



And don't forget that ALL boat traffic must travel COUNTER-CLOCKWISE at all times!

# FLEET CAPTAIN'S CORNER



# Regatta Success!

ast weekend's sailing regatta was a huge success. We had light winds for our first race, but the wind gods were looking over us and produced some moderate winds for the last two races on Friday, and they continued on Saturday. It was nice being able to get the races in on Friday and Saturday so we did not have to try to get our races in on Sunday after the pancake breakfast, what would have been a small miracle.

In the last several weeks we have had many new or returning sailors out showing off their skills, making for better sailing and competitiveness during our races. Thanks to everyone that takes time out of their day to make "Birch Lake" sailing a

I need to thank all the people that ran the committee boat last weekend, I know it was hard taking time on a busy weekend, kudos to you!

Until next week,

~Fleet Captain Mike



### **Committee Boat Assignments** for the upcoming Races

### **July Races**

- 13 Bad Patty 20 Bad Patty
- 27 Committee boat needed

### **August Races**

- 3 Bad Patty
- 10 Bad Patty
- 17 Committee boat needed
- 24 Committee boat needed

### **Labor Day Regatta**

August 30 — open August 31 — open Sept. 1 — open

Committee Boat volunteers are still needed to help start races. It's fun, It's easy; will train! Call Mike or Amy at 476-2843.





# Fourth of July Regatta and Season Results

Date	4-Jul	4-Jul	4-Jul	5-Jul	5-Jul	Regatta .	Regatta	Season	Season
Race	1	2	3	4	5	Points	Place	Total	Average
MC SCOW									
Jeff Smitley #2002									
Phil Vitale #500									
Scott Troeger #1489									
Gib Eberhart #916	3	6	7	4	1	21	4	23078	1358
Harold Cranmer #2412	4	5	6	5	4	24	5	14300	1300
Bob King #1199									
Bill Luecht #1579	6	7	4	DNS	DNS	33	7	19608	1307
SUNFISH									
Rick Russwurm	1	2	1	3	2	9	1	12251	1531
Brad Davis									
Mike Lutz (Yellow/White)	3	3	4	2	5	17	3	17269	1439
Nick Anderson									
Camille Butler	7	6	5	8	6	32	5	13004	1182
Peter Soldoto	DNS	DNS	DNS	DNS	DNS	0	n/a	8072	1345
Katie Luecht (White/Red/Blue									
Stewart Spratt									
Herb Cleveland									
Chris of the Schofields									
Bill Butler									

DNS (Did Not Sail) does not count against season score, however sailor must complete 2/3 of races to qualify for season.

DNF (Did Not Finish), DSQ (Disqualified) scores as one place worse than last place (if 5 boats finished, you would have finished 6th, will be scored as 7th place). DNF, DSQ are not counted toward minimum number of races needed.

CB — sailor who serves on Committee Boat receives their season average place as of that date - counted toward season total.

Season Points are awarded on Square of 40 system (1st = 40 squared = 1600, 2nd = 39 squared, etc.)

Season Place = total season points/number of races attempted

# SALLING IN THE BIRCH LAKE FOURTH OF JULY REGATTA

sailing photos taken by <u>Danni Bloss</u> (camp counselor)











# **ATTENTION!!!**

# "SUPER-WOMEN-OF-BIRCH LAKE" Time to play some <u>FUN!!</u> GOLF! July 18, 2014

Diamond Lake Golf Course, Cassopolis

Prizes for best ball, closest to the pin, best putt, and soooo much more! 50/50 cash Raffle, and many surprises!

Lunch will follow at Lunkers in Edwardsburg.

# LAST CHANCE — Deadline for teams and lunch selections is JULY 11TH!!!!!

\$35 per person includes 9 holes of golf with cart, lunch and more fun than legally allowed!!!

Checks should be made out to BLYC and dropped off to Patty Luecht
East Side 63168 Birch Rd — between Phil Vitale and "A-Frame)
Please
Questions call 476-2615

\_\_\_\_\_\_

### **BE THERE!! GET YOUR TEAM!!!**

Each team is encouraged to donate a basket to be raffled

# Team Members and Entries by July 11<sup>th</sup>

	Please include a contact phone number for your team
1	2
3	4

# Please indicate your lunch selection for each team member from the following list:

team member from the to
Grilled Chicken Sandwich (Deluxe)
Grouper Sandwich (Hand Breaded)
Italian Panini
Vegetarian Panini
BLT
Grilled Chicken Caesar Salad

(If you have dietary concerns, let Patty know ASAP!)
Sandwiches served with your choice of Fries or Homemade
Kettle Chips. Soft drinks, iced tea, coffee also included.
Cash bar for mixed drinks and beer.

# — Health at the Lake —

# Managing headache pain

by **Dana Soldato**, PharmD

Headaches are a pain, literally. Everybody has them, and they can be debilitating when they occur. Some people miss work, or waste entire days due to a headache they can't get rid of. Migraine headaches and tension headaches are the most common types of headaches. While these headaches are very painful, they are not harmful.

Nobody truly knows what causes headaches, but many theories are in place. For a long time, it was thought that constriction of the blood vessels in the brain resulted in rebound dilation of the blood vessels. The dilation of the blood vessels would hit the nerves surrounding the brain and result in pain. Now, experts think it's not the blood vessels that cause the problem, but rather an underlying problem with the nerves.

No matter what causes headaches, the pain of headaches can be treated by using over the counter pain medications like Tylenol<sup>®</sup> (acetaminophen), Advil<sup>®</sup> (ibuprofen), Aleve<sup>®</sup> (naproxen), or aspirin.

### **Headache triggers**

There are a number of food and drinks that can contribute to headaches. Some examples include wine, beer, hard alcohol, bananas, chocolate, MSG, cheese, citrus fruits, coffee, tea, pop, nuts, and aspartame. Unfortunately, there are a lot of good tasting things on this list, but try to avoid them in order to reduce headaches!! Other common causes of headaches are stress, emotions, dehydration, strong odors, menstruation, irregular sleep, and changes in the weather.

### **Prevention of headaches**

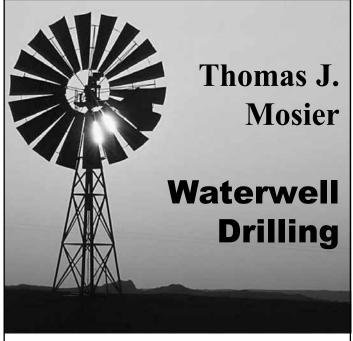
Migraine prevention is recommended for people who experience headaches greater than 4 times per month, have headaches lasting 12 hours or longer, or experience debilitating headaches. Preventative therapy aims to reduce the number of migraines by 50 percent.

Prevention therapy mostly utilizes prescription drugs like antidepressants, topiramate, verapamil, and beta blockers. Lifestyle changes may be helpful in preventing headaches. Some lifestyle changes include getting more sleep, exercising, eating regular meals, drinking plenty of water, relaxation techniques like meditation or deep breathing, and limiting alcohol and caffeine intake. Supplements that prevent migraines include magnesium, vitamin B-2, coenzyme Q10, feverfew, and butterbur.

### **Abortive therapy for migraines**

Migraines can be treated with prescription medications called "triptans." Triptans constrict blood vessels in the brain to reduce swelling. Triptans work best when you take them as soon as you feel a migraine forming. The American Academy of Neurology suggests limiting triptan use to 2 days per week to avoid medication induced headaches. For this reason, many insurance companies will only pay for 9 tablets per month of migraine abortive therapy.

The next time you get a headache, consider what caused it and aim to prevent it from forming next time. Usually, taking an over the counter medication like Excedrin<sup>®</sup> or Advil<sup>®</sup> will help with the pain and allow you to continue on with your day.



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\*Tree and shrub trimming
 \* Rototill our garden
 \*Mowing and Trimming
 \*Fertilizing

## **Property Management**

\* Reliable caretaker

- \* Fulfills all absentee homeowner's needs

  \* Periodically checks your property
  - \* Periodically checks your property
- \* Provides second home peace of mind
- \* Call for all lake property requirements



# STU'S STAR STUFF



# The Big Dipper

he Big Dipper, or Plough, as it's known in Europe, may well be the most famous star pattern in the Northern Hemisphere sky. It's bright and easy to see, and, unlike some other patterns on the sky's dome, it looks like what its name implies. (Cultural aside... Exceptions include, but are not limited to, Leo, Scorpius and the Teapot.) Look for the Big Dipper in the northwest sky at nightfall on these July evenings. Right now you can use the Big Dipper to find the planet Mars.

A useful phrase that I've drilled into you for years is, follow the arc to Arcturus, and drive a spike to Spica. In other words, follow the arc of the handle of the Big Dipper away from the bowl until you come to the star Arcturus in the constellation Bootes. Arcturus is the brightest star north of the celestial equator. Then drive a spike, a straight line across the sky, to Spica, brightest star in the constellation Virgo. The planet Mars resides in the vicinity of Spica on the sky's dome in July.

Mars and Spica are currently close enough together that you could easily mistake one for the other. Here's how to distinguish them. Mars exhibits a ruddy color while Spica sparkles bluewhite. If you have binoculars, they'll help you more vividly discern their colors, especially on a moonlit night.

Keep an eye on the star Spica and planet Mars, as they pop out in the southwestern sky as darkness falls. Day by day, Mars has been moving eastward toward the star Spica, to meet up with this star tonight. Mars and Spica will easily fit within a single binocular field for at least a week.

Afterwards, Mars will keep moving eastward of Spica. It'll leave the constellation Virgo and enter the constellation Libra on August 9, 2014.

The planet Saturn is in Libra now, too, and Mars and Saturn will be noticeably close by late August.

Bottom line: In July 2014, you can use the Big Dipper to follow the arc to Arcturus and drive a spike to Spica and in July 2014 see Mars.

Are you an earlier riser? If so, look for the dazzling planet Venus and the star Aldebaran in the east before sunrise.

Check out the show each night. It's



always changing and it's always free.

~Stu Spratt

Celebrating 50 Years at Birch Lake

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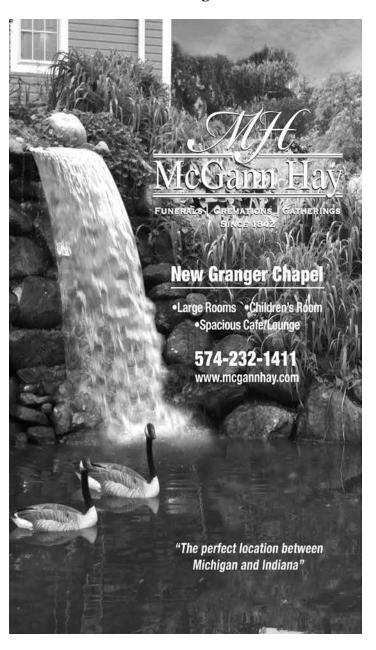
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# YOUR HOROSCOPE

Aries (March 21-April 19) You are focused on home, family and your private life. Interaction with an authority figure, a parent or an older family member might be significant. At the beginning of the week, (Monday/Tuesday) you might have an argument with someone because you don't want others telling you what to do. Be patient with your elders.

**Taurus (April 20-May 20)** Be careful this week. On Monday/Tuesday, it's a strong accident-prone time for you, which means you have to pay attention to everything you say and do. On Thursday/Friday, once again, there is tension building up that can be accident prone for you but this will be milder. Be alert!

**Gemini (May 21-June 20)** Keep an eye on your finances and money this week. Basically, it's something unpredictable so it is also possible that you could find money or make an impulsive purchase, especially related to technology. This particular Full Moon might put you at odds with someone about shared property or shared expenses.

Cancer (June 21-July 22) This is a tricky week dealing with partners and close friends. On Monday/Tuesday, you might be upset with others. Or you might be unhappy because something breaks down. However, relationships will be challenging because others are independent, rebellious and feisty! Someone might demand more freedom or space in the relationship. Then at the end of the week, on Saturday, the only Full Moon opposite your sign all year will occur. Once again, this creates conflict with others, especially partners and close friends.

**Leo (July 23-Aug. 22)** Many of you will encounter unexpected situations or disruptions this

week. Some of these disruptions could be arguments with others or a change to your work schedule. But the underlying current is one of restlessness. You are chomping at the bit and you're not sure why. You want to do something, but what? It makes relationships difficult because you feel restricted and confined. This feeling can then make you resentful, yet there is no one to blame, not really. But it's frustrating! The upside is you could have a revelation or an epiphany about something.

Virgo (Aug. 23-Sept. 22) Be patient and diplomatic when dealing with others this week, especially with friends or people in groups. At the beginning of the week, you might leave someone or quit a club because you no longer agree with them. Or you might disagree with what they are doing. You might also object to how shared funds are handled. Later in the week, on Friday/Saturday, romance is rocky. Arguments and sudden changes in plans might aggravate things.

**Libra (Sept. 23-Oct. 22)** You feel rebellious this week. For the most part, you like to get along because you don't like to rock the boat. You hate telling others what they don't want to hear because at heart, you're a people pleaser. Be patient with bosses and parents. Don't say anything you will later regret. Don't quit your day job.

**Scorpio (Oct. 23-Nov. 21)** Avoid conversations about controversial topics today because heated arguments can break out. Almost certainly, travel plans will be interrupted, canceled or delayed. Similarly, plans for higher education or anything to do with medicine and the law will change. Surprises with publishing and the media are also likely. By Thursday, some tension starts to build.

**Sagittarius (Nov. 22-Dec. 21)** At the beginning and at the end of the week, your money scene is subject to attack. On Monday/Tuesday, make friends with your bank account. Make sure you know what's happening. Sudden changes (perhaps nasty ones) can impact debt, taxes, shared property, inheritances and anything that you owe or share with someone else. Watch your money!

Capricorn (Dec. 22-Jan. 19) On Monday/Tuesday, arguments with family members and partners might occur. Something will disrupt your normal routine. You feel restless. You want more freedom. By Thursday, tension with others once again starts to build. Actually, your work might offer you refuge. You are ambitious right now and matters related to your job will flow smoothly.

**Aquarius (Jan. 20-Feb. 18)** Get ready for interruptions to your work flow this week. At the beginning of the week, on Monday/Tuesday, these interruptions will be due to computer crashes or equipment breakdowns, as well as canceled meetings or staff shortages. Do not overreact. Stay calm and collected. Fortunately, opportunities for fun, entertainment and having a great time exist.

Pisces (Feb. 19-March 20) Parents take note: This is an accident-prone time for your kids so please be vigilant. This accident-prone influence is at the beginning of the week and at the end of the week - so do not relax your vigilance. On Monday/Tuesday, accidents related to sudden changes, including highly charged situations or literally, electricity could occur. Slow down and take it easy. Pay attention to everything you say and do. Know where your kids are at all times. Send out for dark chocolate. Buy sexy new

**After Hours** 

**Emergency** 

Service

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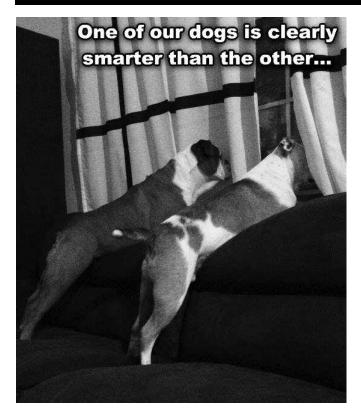
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## BIRCH BARKER FUNNIES



Life would be a million times better if there were piñatas strategically placed throughout the day.





Special thanks to my granddaughter Morgann Applegate for picking out this week's funnies ... -pv









# BLYC 54th ANNUAL MENS GOLF OUTING

(4-MAN FLORIDA SCRAMBLE)

# JULY 25<sup>™</sup> 2014 - \$70 PER MAN SAUGANASH GOLF CLUB

61270 Lutz Rd, Three Rivers, MI - Shotgun start at Noon; Dinner at BLYC at 6 pm

**MUST HAVE REGISTRATIONS BY JULY 11, 2014** 

### **Additional Information**

- \* team prizes and contests
- \* dinner only, \$28 per person
- \* dinner includes rib tips, chicken quarters, two sides, and a salad
- \* lunch **not** included but the club has complete restaurant and beverage service available.
- \* prizes awarded during dinner.
- \* Looking for donations of door prizes -- the more the merrier. If you have access to logo merchandise that could be donated, please contact Pete Soldato at pistolpetesoldato@hushmail.com
- \*Also looking for hole sponsors. If you or your company want to sponsor a hole, please contact Pete Soldato at **pistolpetesoldato@hushmail.com**
- \* Need for around 70 players
  - \* **Send entries to** Pete Soldato 63266 Kinsey Street, Vandalia, MI, 49095 -- hill or Phil Vitale 63174 Birch Road, Vandalia, Michigan 49095

2014 BLYC Men's Golf	Foursome Information
Team Captain:	Please Print Players names:
Total Enclosed \$	
*checks should be	made out to BLYC

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# Birch Barker Word Search

# THE WEATHER CHANNEL

Find each of the following words.

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RAIN
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SPRINKLING
WIND

FLOODING CLOUDS PUDDLES THUNDERSTORMS BREEZY CHILLY STORM BALMY LIGHTENING BLOWING CALM GULLYWASHER HAIL

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Holly Troeger Treasurer (E) 476-9898
amvine@aol.com
Mike Sheffieck Secretary (W) $476-1849$
mcsheff@aol.com
<b>Mike Lutz</b> Fleet Captain (N) 476-2843
mmtlconcrete@aol.com

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### NON-DIRECTOR ATTENDEES:

**Upcoming Board Meetings**July 12, August 9, September 6
all board meetings begin at 9 am



# **Bacon Ranch Pasta Salad**

Original recipe makes 10 servings

### **Ingredients**

1 (12 ounce) package uncooked tri-color rotini pasta

- 10 slices bacon
- 1 cup mayonnaise
- 3 tablespoons dry ranch salad dressing mix
- 1/4 teaspoon garlic powder
- 1/2 teaspoon garlic pepper
- 1/2 cup milk, or as needed
- 1 large tomato, chopped
- 1 (4.25 ounce) can sliced black olives
- 1 cup shredded sharp Cheddar cheese

### **Directions**

1. Bring a large pot of lightly salted water to a boil; cook rotini at a boil until tender yet firm to the bite, about 8 minutes; drain.



2. Place bacon in a skillet over medium-high heat and cook until evenly brown. Drain and chop.
3. In a large bowl, mix mayonnaise, ranch dressing mix, garlic powder, and garlic pepper. Stir in milk until smooth. Place rotini, bacon, tomato, black olives and cheese in bowl and toss to coat with dressing. Cover and chill at least 1 hour in the refrigerator. Toss with additional milk if the salad seems a little dry.

People say that drinking milk makes you stronger.

Drink 5 glasses of milk and try to move a wall.

Can't?

Now drink 5 glasses of wine. The wall moves all by itself!







~Trinkets, Artifacts & Antiques~

# Camp Tannadoonah

# Incredible summer!

hank you to everyone who came out to the Pancake Breakfast on Sunday morning! It was a great turnout — busy the whole morning! I hope that everyone enjoyed looking around camp and seeing all of the work that our facilities committee and Mr. Cullen have been spearheading this spring and summer.

This is turning out to be a really incredible summer up at Camp T. Our camper numbers continue to go up — we've seen a 26 percent increase in camper numbers since last year! Our official camper count as of July 8 is 764, compared to 506 on this date last year! Last year we ended the year with an official count of 573, so we're way past that already.

For total campers (including staff kids and campership spots), we are just 2 kids away from 800! That's a new record for Camp T – our previous biggest summer ever was 706 (in 2012).

This week at camp we have an international theme, and one of our specialty programs this week is a Japanese class. The Japanese class is being taught by Melissa Raffelock, the Japanese teacher from Mishawaka High School. And we even have three International campers this week – three girls who traveled all the way from Bogota, Columbia!

We also have Brittany Marlow and Claudia Phipps here this week to teach a musical theater program. This is the second year that they have volunteered at camp to teach this class, and last year's performance was AMAZING! They will be giving a performance again this year at Council Fire on

WAKESIDE MARINE 574.264.2874 wakesidemarine.com fullyloadedwake.com

Friday night – you can come up and check it out around 7:30 on Friday evening.

Plus we have two other volunteers at camp this week — Jennifer and Mark Liddell are here all week teaching Football and Art. Their kids have been coming to camp for years, and this year we have the whole Liddell Family at camp for a week. We love all of our wonderful volunteers who help us be able to offer awesome programs to our kids.

This is also the first week of our CIT (counselor in training) program this summer. There are three consecutive weeks of CIT training, and this year we have a huge number of CITs -23! There are almost as many CITs are there are staff members. It's great to have lots of extra hands here helping with the campers and activities.

We're looking forward to next week when we have 122 campers registered for camp! It's going to be a wild and crazy week and we're hoping for great weather. Hope to see you all on the lake.

~Miss Amber amber@tannadoonah.org





# CLASSIFIED ADVERTISING

### **FOR SALE**

For Sale: **Continental DOUBLE Jet Ski trailer** with storage compartment. \$1,100. Call Becky at 574-386-8609 or Ron at 269-816-1018



For Sale. **14Ft. Smokercraft fishing boat with Johnson motor**. Includes shore station. \$850. Call 269-244-3592 or 574-323-1879 for more information

For Sale: **Electric Razor Scooter**. Great for kids! Rechargeable. \$75.00. Call Kevin at 269-476-2166 or 773-304-8042.

### **COTTAGE FOR RENT**

2 bedroom cottage on west side of Birch Lake for rent. \$650/week, call 476-2744

**3 BR lakeside cottage for rent.** \$850/week. Contact llene at 574-360-8766

- BLYC Roof Fund

- Misc.

### **WANTED TO RENT**

We are considering having a family reunion, but our place can only accommodate 12 or so people at a time. Anyone else on the lake might be willing to rent their cottage? Contact Mike Code at mcode@lowis-gellen.com

### **WANTED**

Wanted - lakefront cottage to BUY! Thinking of selling? Please let me know moorjen@hotmail.com

My family and I are renting on Birch the last two weeks of July and **would love to sail someone's MC** in the race(s) while I'm there if you know of anyone that might like to have their boat out there. I will take good care of their boat and hopefully be competitive. Contact Pat McGann at (574) 232-1411, (574) 532-5377 Pat@ McGannHay.com

Camp needs a ski boat. If someone has one and wants to donate It or sell cheep. Skiing is a real camper hit.

### **LOST & FOUND**

LOST - prescription sunglasses, gold aviator style. I lost them either at the turtle races, or on the way to and from the races. I was walking from the west side. If you find them, please call Tricia Zoller @ 773-230-4521. Thanks!

### **HELP WANTED**

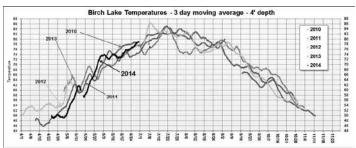
Camp Fire River Bend, and Camp Tannadoonah a growing Michiana based youth development non-profit with club programs, is seeking volunteers to assist in our Fundraising, Marketing, and Finance Committees and to serve on our board. Please contact us at info@riverbendcampfire. org or at 574-387-6095.

### <u>FREE</u>

**Swim Raft.** Call Marlow at 574-903-3431.

### MISC.

Looking for a day of family fun? Come out to the Newberg Twp Fire and EMS Open House Saturday, July 19 from 11 am to 3 pm at the Newberg Fire Department (corner of M-60 and M-40 in Jones). The menu will be a rib meal for \$8, chicken on a stick for \$6 or a hot dog meal for \$4 (meals includes 2 sides and drink); dessert are ice cream, sno cones and cotton candy for \$1.



Temps provided by Steve Quinland

### **CLASSIFIED ADS**

Classified advertising in the Birch Barker is free to members of the Birch Lake Yacht Club (subject to the approval of the editor and the BLYC Board of directors), and \$5 per ad for non-members (please pay in advance). To submit an ad, email it to Sailorphil@philvitale (non-members will have to mail or drop off payment) or, if you must, put it in the stone mailbox at 63174 Birch Rd. on the east side of Birch Lake.

c/o Holly Troeger

1516 Ash Dr. East

Elkhart, IN 46514

# BIRCH LAKE YACHT CLUB 2014 Dues, Contribution & Donation Form support the BLYC, support the Birch Lake Community! LYC Member Dues (\$30 / year) Total contribution:

support the BLYC, support	the Birch Lake Community!
\$ BLYC Member Dues (\$30 / year)	Total contribution:
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(\$10 / year)	\$
\$ Homeowners' Assoc. (\$10 / year)	
\$ Sailing Fees (\$15 / year)	Name
\$ Building Improvement Fund	
\$ Fireworks Fund	Address
\$ Water Quality Program	
\$ Milfoil/Loosestrife Eradication	
\$ Safety Committee	Make checks payable to
\$ Other non-party related expenses	BLYC

# IN JUHIE BUJUS IN JOHIE BUJUS IN JOHIE BUJUS

Maybe you have neck, back, shoulder, or knee pain.

Pain that isn't getting any better. Maybe it's getting worse.

Even if you are considering surgery

or have had surgery with little or no improvement,

there's a good chance I can help.

Chronic pain is my specialty and for 18 years

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