



It Almost Took a Village

Thanks to all the people who helped Pat get the MC righted after dumping it during last Sunday's sailboat races ... After going over, he was assisted by neighbors and friends off of pontoon boats, speed boats, kayaks and paddleboards. Thanks to First Mate Amy Lutz for the photos

COMMODORE'S COMMENTS

BRRRRR! Quite a chilly start to this week! So glad this "October Weather" didn't show up last weekend! The men got to the golf course, and their event went off without a hitch on Friday. I heard from very reliable sources, a very good time was had by all! Saturday's overcast sky did nothing to deter the boaters, tubers, or cruisers from enjoying the water. Sunday the sky turned blue and the gray clouds were replaced with big fluffy white ones. The wind came up, and the races were on! Our friend and sailor Pat McGann, unfortunately, did turtle the MC he was using, but with the assistance of so many concerned Birch Lakers, he was up and safely towed to calmer seas. Thanks to all who (literally) jumped in to help. It was remarkable how lakers instantly become a united force to help! You should all be so proud of yourselves and what a positive example you set for all of us!

Board meeting Saturday Aug. 2, at

9 am. Last "official" one for Holly Troeger and yours truly! Get the gavel ready Fry, it's coming to you! And speaking of Fry, who's that Vice Commodore going to be? As the Commodore, I think I should be advised! Please! Don't make me wait until Aug. 23 to learn the news! (I guess I better buy my ticket so I can find out. I think his lips are super glued!)

Corn and sausage night is almost here! Google the definition of "the true taste of summer" and I bet there is a picture of people enjoying the BLYC's Corn and Sausage Cookout! How they can do it year after year so well, is simply amazing! Bernie and Blair Garceau and their volunteers must have magic powers! "Je vous remercie beaucoup mes amis!" (as my daughter would say!)

I'm sure this is not proper protocol, but I'm going to go off topic, and include something personal. Often times, when I'm having a pity-party for one, I tend to think back, and I think about the could-a-beens, the should-a-beens, and the why-did-this-happen. But the thing that always snaps me out of it is thinking about my wonderful kids (and I

2014 Birch Lake Calendar

Aug 2.....	Corn and Sausage BLYC
Aug 16	Camp T Hog Roast
Aug 23	BLYC Fall Dinner — Page 9
Oct 18	Chili Cook Off
May 2, 2015.....	BLYC Spring Dinner
June 27, 2015.....	People's Regatta
July 4, 2015	Fireworks
July 5, 2015	Pancake Breakfast
July 17, 2015	Ladies' Golf Outing
Dates subject to change. Watch the Barker for updates!	

know we ALL have wonderful kids but, bear with me, here). Our Katie is going to be 21 on Aug. 4, and what an amazing 21 years! I look at her and say, "I think I can honestly say, this I did right!" When Katie came into our lives, it was like hitting the lottery, and right then we realized we were the richest people in the world! It hasn't always been easy for her. She has a special needs brother that required that she make sacrifices and often take a back seat, but she would still love him, watch

— Birch Lake Notes —

over him, and protect him. Bill and I am are so proud of the woman she is now, and we're sure this is just the prelude for what's going to happen. Katie! You are going to do GREAT things! Happy Birthday Katie. We love you and we are so blessed you are our daughter!!!
XXOOXX

Enough sappy stuff. So have fun on the lake, stay safe, watch for the pink lights and always remember....

PINK ... it's not just a color, it's an ATTITUDE!!!!

~Bad Patty, Commodore 2014

Corn & Sausage Roast – August 2, 2014 – TODAY!

The BIG DAY is finally here! The annual Corn & Sausage Roast is TODAY, Saturday, August 2nd. From 5:30pm to 7:30pm at the Yacht Club we'll be serving delectable meals consisting of your meat choice, roasted corn, four sides, cookies and lemonade or iced tea. Prices are only \$4 for a hot dog meal and \$7 for a bratwurst or chicken breast meal (we'll only have a limited supply of chicken breasts so they are first come, first served until we run out). Pay at the door – no reservations required! Come hungry, visit with your neighbors and leave with a smile! We look forward to seeing you!

Fall Dinner is coming!

A big thanks goes out to Mary Karceski (north shore) for handling tick-

et sales for this year's Fall Dinner on Saturday August 23. Her responsibilities include finding volunteers to handle ticket sales for their respective shores and selling tickets at the Corn and Sausage roast on August 2.

So far, she has recruited Vickie Rogers to sell tickets in the cove and west shore, Good Patti Russwurm for the north shore, Sue Waddle on east shore and Sue Williams on the south shore.

Tickets must be purchased in advance and will not be available at the door. Look for the full page announcement in the Barker for more information on this event.

~VC Fry

Thank You

The annual Men's Golf Outing was held this past Friday, and, from what I could tell, everyone seemed to have a great time! I wanted to thank a few people who made the whole event possible with donations of time, money, or prizes.

All of the following hole sponsors donated generously to the event: Chester Law Office (Ed and Carla Chester); Bender Products (Dick Bender); Phil and Sandy Vitale; HRP Construction (Paul and Celia Fallon); Kinzler Family; Dick Cowen; Industrial Packaging Products (Jeff and Denise Smitley); Paramount Properties (Rick and Patti Russwurm); Lutz Concrete (Mike and Amy Lutz). We couldn't

have funded the event without you!

Bud Zesinger, Rick Doolittle, and Tom Nevala all donated prizes for the raffle – always nice to have goodies to hand out.

Tim Steffen donated a keg of beer for the event, and Gus Eshleman supplied all the tables with wine. How could you not have a good time with so much free booze? Thanks again, guys.

Bill Holleman and Chas Grundy were a huge help in planning the event – as past organizers, they fielded all of my newbie questions and even helped set up the Yacht Club and food before the event. Things would not have gone as smoothly without their help!

Last but certainly not least, Sherry Holleman spent her day on the golf course handing out door prizes and raffle tickets. We couldn't have raised as much money through the raffle without her help! What a neighbor!

Again, thanks to all who helped out with the event – it was a pleasure to organize. Hope all the golfers enjoyed themselves and had a fun time spending the day with other Birch Lakers. After all, that's what it's all about.

~Peter Soldato

Online content

The printed Birch Barker is online this season, as well as additional content ... go to www.philvitale.com and follow the links.

Be the first

Later this year Lutz Concrete will be installing a beautiful compass rose made of stamped and stained concrete (see photo at right) in a new concrete garage-style apron at the entrance of the Birch Lake Yacht Club.

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— Birch Lake Notes —



Everyone's a **WINNER**

at the BLYC Men's Golf Tournament

Special thanks to Peter Soldato (hill) for organizing and running the 2014 Birch Lake Yacht Club's annual Men's Golf Tournament and dinner last week at Sauganash Golf Course in Three Rivers. Even though we let Bud's team win again, we all had fun.

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— Birch Lake Notes —



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— Barker dogs of the Week —



Marley Lacy (south side) loves his boat rides with master Tom.



Is that U-Boat Commander Pat with his life-jacketed dog on a kayak? Thanks to Mr. Bob for sending in the DOTW pic.

KID-OF-THE-WEEK PHOTOS!

Everyone loves to see their kid in the paper ... and one picture is worth a thousand words!
 Send your kid of the week to me (or grandpa of the week or neighbor of the week or dog of the week ...
 we even print weeds of the week!) twith the details via email at SAILORPHIL@PHILVITALE.COM

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— Barker kids of the Week —



Dezi Ward, two years old, loves her boat rides! She is the grand daughter of Julie and Tom Lacy (south side).



Ok, I'm sure we've never had a Carp of the Week photo before but this 15 pounder was too good to pass on ... the good news is that it wasn't caught at Birch!

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Birch Lake Home for Sale — 14878 Birch Lakeshore Dr. 2 bedrooms, 52 ft. frontage, sandy beach — \$289,900

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— Barker kids of the Week —



That's Rich and Pam Mullin (north shore) showing some serious Type "A" behavior on a floatie recently ... thanks to their neighbor Mr. Bob for the photo.



And (at right) that's our granddaughter Aley mugging for the camera with her swim goggles on ... not sure what that's all about but then, I'm a grandpa and not supposed to understand too much kid stuff.

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— Barker kids of the Week —



Weed of the week 2: when it was little it looked like a tomato. We were told it wasn't (by the Mrs.). It's a dandy but it's no tomato. No fruit :0(



Then (above) and Now (right) ... Katie Luecht, the daughter of BLYC Commodore Bad Patty and Bill Luecht (east shore) is going to be 21 on August 4 ... congratulations and happy birthday Katie ... and just a word of caution from an old guy ... go easy on the Jameson's next Monday!



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Cooper Petty, north shore with his catch o' the day!

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FLEET CAPTAIN'S CORNER



A perfect day for sailing

What a great day Sunday! We started a bit late but that provided for some awesome winds!

For our "sail gazers," if there is little or no wind, the Fleet Captain will delay races for one hour in hopes of salvaging our races. It worked!

You may have noticed a bit of excitement on the south mark, we had an MC turtle (see cover photos)! Many, many thanks to the "village" for all of the assistance! The boat and it's captain fared well!

We had a great turn out for committee boat: Shefficks and sister-in-law Polly Rosenberger, the Baucuses, Denise Smitely and Karen Brovold made for a formidable crew! Thank you all so much!

Give me a call to join the committee boat fun! 476-2843!

See ya out there!

- First mate Amy

Committee Boat Assignments for the upcoming Races

August Races

- 3 — *Bad Patty*
- 10 — *Bad Patty*
- 17 — *Committee boat needed*
- 24 — *Committee boat needed*

Labor Day Regatta

- August 30 — open
 - August 31 — open
 - Sept. 1 — open
- Committee Boat volunteers are always needed to help start and run the races.

It's fun, It's easy; will train!

Call Mike or Amy at 476-2843.



2014 Weekly/Season Sailing Results

Date	27-Jul	27-Jul	27-Jul	Total	Season
Race	22	23	24	Points	Average

MC Scow/Sailor

Scott Troeger #1489	1	1	3	31376	1569
Jeff Smitley #2002	2	2	1	31580	1504
Phil Vitale #500	5	4	5	26700	1405
Harold Cranmer #1991/2412	3	3	2	31529	1371
Bob King #1199	6	6	6	27292	1365
Bill Luecht #1579	4	5	4	27319	1301
Gib Eberhart #916	DNS	DNS	DNS	17837	1274
Pat McGann	7	DNF	DNS	2245	1123

Sunfish/Sailor

Stewart Spratt	4	1	1	23459	1564
Rick Russwurm (Green/Blue)	1	2	2	21379	1527
Brad Davis	DNS	DNS	DNS	11791	1474
Mike Lutz (Blue/Red/Yellow)	2	3	3	25787	1433
Katie Luecht (White/Red/Blue)	DNS	DNS	DNS	4186	1395
Herb Cleveland	3	4	4	15292	1390
Peter Soldoto	5	5	5	16073	1339
Chris of the Scofields	DNS	DNS	DNS	2525	1263
Bill Butler	DNS	6	DNS	13501	1227
Nick Anderson	DNS	DNS	DNS	9739	1217
Camille Butler	6	7	6	19060	1191

Legend:

DNS (Did Not Sail) does not count against season score, however sailor must complete 2/3 of races to qualify for season.

DNF (Did Not Finish), DSQ (Disqualified) scores as one place worse than last place (if 5 boats finished, you would have finished 6th, will be scored as 7th place). DNF, DSQ are not counted toward minimum number of races needed.

CB — sailor who serves on Committee Boat receives their season average place as of that date - counted toward season total.

Season Points are awarded on Square of 40 system (1st = 40 squared = 1600, 2nd = 39 squared, etc.)

Season Place = total season points/number of races attempted

Crew Counted toward completed races, Points go to skipper of boat.

Technical Protest #1489

The arcane RRS (racing rules of sailing) may discourage participation. Please come out and sail. It's all in fun. Also, be aware it was agreed long ago that sailors will call and correct fouls when rules are broken. That self-policing saves the Fleet Captain and volunteer Race Committee from having to oversee Protest Committees. This last week BLYC, overseer to our two fleets, received a technical protest, which is another matter entirely. Apparently,

after continually viewing the transom of MC1489, concern has grown in the fleet about whether the boat measures in to OD (one design) specs. Rather than referring this to the official MC over-body, several helpful sailors have agreed to analyze the boat for compliance. If you see people measuring and weighing the boat, or using a hole cutter to take core samples, pay it no mind. It's just a bunch of friendly competitors trying to serve their fellows. Watch this space for results.





“Goodbye Summer, Hello Fall”

2014 Fall Dinner
BIRCH LAKE YACHT CLUB

SATURDAY AUGUST 23, 2014

Social Hour 5:30
Appetizers

Dinner Served 6:30

Fall Dinner Menu:

<u>Baked Lasagna*</u>	<u>Roasted Italian Vegetable</u>
<u>House Salad</u>	<u>Ciabatta Bread</u>
<u>Lemon Mousse</u>	<u>Lemonade</u>
<u>Water</u>	<u>Coffee</u>

**Gluten free please request prior to August 15 to cdfreihof@aol.com*

Year End Meeting 7:30
Meet the new Vice Commodore

Ticket price: \$18.00

Tickets must be purchased in advance

For tickets, contact Vickie Rogers for the cove and west shore ,Good Patti Russwurm for the north shore, Sue Waddle for the east shore and Sue Williams for the south shore.



— Dana on Drugs —

Don't mix Tylenol® & alcohol

by Dana Soldato, PharmD

Pharmacists are “lucky” enough to take eight credit hours of a course called Pharmacokinetics. It's a course that delves into great detail about the ENTIRE process of everything that happens, or what could go wrong, from the moment you take your pill to the moment the drug is completely eliminated from your body. It's really complicated, and at times it can be boring, but it sure is one very important class.

This article is going to get extra nerdy at times, but I'm going to do my best to explain what happens within your body when you combine Tylenol® (acetaminophen) and alcohol and why you should never do it!

Tylenol® is metabolized (broken down!) in the liver by an enzyme called CYP2E1. When CYP2E1 metabolizes Tylenol®, one of the metabolites that it forms is toxic to the body. Now before you panic, our body has a way to manage this toxic metabolite so that it does not result in harm to our body. We manage this toxic metabolite, called NAPQI (N-acetyl-p-benzoquinoneimine), using a compound in our body called glutathione. Glutathione works to completely detoxify the NAPQI so that no harm is done to our body. However, the supply of glutathione in our bodies is limited! When glutathione supplies are all used up, the NAPQI will bind to liver cells resulting in injury and liver cell death.

Since we need our livers to survive, you can see how this might be a problem.

If I've already completely lost you, I'm sorry! Just remember that Tylenol® metabolism results in a compound called

NAPQI that is super toxic to our liver cells. Under normal doses and normal circumstances, our body eliminates the NAPQI so no harm is done to our liver.

Now enter alcohol...

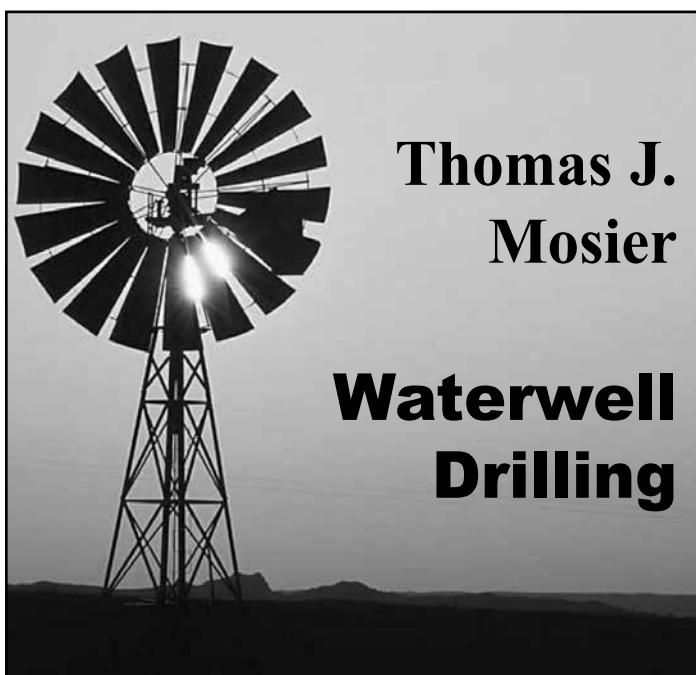
Sorry for getting all pharmacist-y on you, but alcohol at small concentrations is metabolized by an enzyme called alcohol dehydrogenase. However, this enzyme can only handle so much alcohol before it needs to call for help. Unfortunately for Tylenol®, it calls on its friend CYP2E1 for help. As high alcohol concentrations make their way through CYP2E1 the enzyme becomes induced, meaning there is now more CYP2E1 than there was before. OH NO!! With more CYP2E1, there is more formation of that toxic metabolite (NAPQI) from Tylenol® metabolism. With more NAPQI formation there is a greater risk for liver toxicity.

So to make this super complicated process simple: What happens when you drink alcohol and take Tylenol®? You screw up the metabolism of Tylenol® and end up with more toxic metabolites than you normally would. This might kill your liver. Chronic alcoholics have 3.5 greater odds of mortality with Tylenol® poisoning. Tylenol® is completely safe to take in normal doses, but **PLEASE DO NOT COMBINE IT WITH ALCOHOL!**

To prevent Tylenol® toxicity, do not combine Tylenol® with alcohol, and do not ingest the recommended daily limit of Tylenol® which was lowered last year from 4000mg to 3000mg (6 tablets per day). Tylenol® is found in more than 600 Rx and OTC medications, so please double check all your labels for its presence. To easily locate Tylenol®, look for acetaminophen, or that really long “A-word” listed under the “active ingredients” section of a label. Common medications that contain Tylenol® include Vicodin®, Norco®, Percocet®, Excedrin®, Dayquil®, and Nyquil®.

Need something to take before drinking? Try ibuprofen! Thanks for reading!!

PS. This article was inspired by Ladies on the Lake held last Friday during the Men's Golf Outing.



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STU'S STAR STUFF



Here at the lake, away from city light pollution, the night sky is so full of stars that at times it's difficult to pick out some of the major constellations that we are so used to seeing in town. Where do they all come from? Have they always just been there? Will they be there forever? In reverse order, No, No, and Stand by.

A star begins life as a nebula, a giant cloud of gas and dust. The amount of matter in this dust cloud will determine the infant star's mass, and ultimately it's life cycle. Over time, the hydrogen gas in the nebula is pulled together by gravity and it begins to spin. As the gas spins faster, it heats up and becomes as a protostar. Eventually the temperature reaches 15 million degrees and nuclear fusion occurs in the cloud's core. The cloud begins to glow brightly, contracts a little, and becomes stable. It is now a main sequence star and will remain in this stage, shining for millions to billions of years to come. This is the stage our Sun, at 4.5 billion years old, is at right now.

As the main sequence star glows, hydrogen in its core is converted into helium by nuclear fusion. When the hydrogen supply in the core begins to run out, and the star is no longer generating heat by nuclear fusion, the core becomes unstable and contracts. The outer shell of the star, which is still mostly hydrogen, starts to expand. As this giant cloud of gas is expelled, (like what I get treated to in bed many mornings) it expands, cools and glows red. The star has now reached the red giant phase. It is red because it is cooler than it was in the main sequence star stage and it is a giant because the outer shell has expanded outward. In the core of the red giant, helium fuses into carbon. All stars evolve the same way up to the red giant phase. The amount of mass a star has determines which life cycle path it will take from there.

For low-mass stars like our sun, after the helium has fused into carbon, the core collapses again. As the core collapses, the outer layers of the star are expelled. A planetary nebula is formed by the outer layers. The core remains as a white dwarf and eventually cools to become a black dwarf, hence achieving racial equality.

A massive star will undergo a supernova explosion. If the remnant of the explosion is 1.4 to about 3 times as massive as our Sun, it will become a neutron star. The core of a massive star that has more than roughly 3 times the mass of our Sun after the explosion will do something quite different. The force of gravity overcomes the nuclear forces which keep protons and neutrons from combining. The core is thus swallowed by its own gravity. It has now become a black hole which readily attracts any matter and energy that comes near it.

Even larger stars, such as Aldebaran in the constellation Taurus, that are 5 times or more massive than our Sun reach the red giant phase, their core temperature increases as carbon atoms are formed from the fusion of helium atoms. Gravity continues to pull carbon atoms together as the temperature increases and additional fusion processes proceed, forming oxygen, nitrogen, and eventually iron.

Creating heavier elements through fusing of iron requires an input of energy rather than the release of energy. Since energy is no longer being radiated from the core, in less than a second, the star begins the final phase of gravitational collapse. The core temperature rises to over 100 billion degrees as the iron atoms are crushed together. The repulsive force between the nuclei overcomes the force of gravity, and the core recoils out from the heart of the star in a shock wave, which we see as a supernova explosion.

While our sun is not fated to that kind of death, scientists know with absolute certainty that its outer layers will expand to well beyond Earth's orbit, boiling away the seas and turning you, your friends and everything to a cinder. What's not clear is if this will happen next week, next month or even in 2014.

Look for the sun most any time between 6:38 am and 9:02 pm. Outside of those times look for all the other stars of the show overhead here at the lake. They perform for free, but tipping is permitted.

~Stu Spratt

Celebrating 50 Years at Birch Lake

The Moon for this Saturday

(At Midnight, US Central time,
as viewed from the Northern Hemisphere)

Illuminated Fraction: 0.419
0.7 days before first quarter



Sunrise: 6:38am
Sunset: 9:02pm
Moonrise: 1:07pm
Moonset: none
Day length: 14h 24m

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YOUR HOROSCOPE

Aries (March 21-April 19) Partnerships and close friendships will improve. It will feel like you have stopped banging your head against the wall. Get this: The stress you felt all year will not return for two years, and even then, only for six weeks. Meanwhile, love affairs, romance, parties, social soirees, sports events and playful times with children are happening. Something unusual might disrupt your home scene this week. Tread carefully.

Taurus (April 20-May 20) The beginning of this week is accident prone because strong emotions could distract you or make you "lose it." Stay frosty. Meanwhile, in the big picture, fabulous opportunities are beginning to materialize that will benefit your home and family life. They will bring a positive influence that will help you at every level. This is a good time for writing projects, teaching, acting and selling.

Gemini (May 21-June 20) Keep an eye on your money and possessions at the beginning of the week because something unusual will occur. You might find money; you might lose money. Ditto for possessions that you own. Meanwhile, starting this month, and continuing for the whole year, your life will get busier, more upbeat and fast-paced. You're starting to entertain big ideas.

Cancer (June 21-July 22) In the month ahead, you have the best chance in over a decade to boost your earnings or get a better job or, if unemployed, to get a job. This week is a good time to buy wardrobe goodies because you like what you see in the mirror. Unexpected flirtations and new relationships will begin for many. Meanwhile, financial speculation looks promising. (Something I rarely say.)

Leo (July 23-Aug. 22) This is a favorable time for you, the perfect time to rev your engines and

replenish yourself for the coming year. Furthermore, it's an indication that the coming year will be fortunate for you in terms of general opportunities, as well as meeting important people and attracting favorable situations. Admittedly, the next month is harried at home because of increased chaos and activity, but you can handle this. Meanwhile, secret love affairs are passionately exciting for some.

Virgo (Aug. 23-Sept. 22) A friend might surprise you at the beginning of the week; or you might reach an unusual arrangement with someone. Perhaps a friend will become a lover? For some, this will be a secret love affair. In your day-to-day conversations and activities, you will be more forceful and direct in the next month. In fact, you might even be a tad argumentative. That's because you identify strongly with your beliefs now, which is why you won't take guff from anyone.

Libra (Sept. 23-Oct. 22) You can expect a popular month ahead. Accept the fact that you are entering a social year with lots of schmoozing an activity with others. VIPs approve of you. Romance with a boss or someone older or richer is possible. Others will ask for your creative input on design, layout, redecorating and such. Your focus on money, cash flow and how to best use your possessions to your advantage is strong.

Scorpio (Oct. 23-Nov. 21) Everything related to your job is improving! People notice you now - people who count, people who can promote your name and reputation. This is the best chance to promote yourself that you have had in over a decade. Meanwhile, you couldn't start this in a better way. There's mucho activity in your life and you're working hard. Meanwhile, travel for pleasure looms ahead. Others will use this same influence to make money

through publishing, the media, medicine and the law.

Sagittarius (Nov. 22-Dec. 21) Grab every chance to broaden your horizons. Travel now and make plans for future travel as well. This energy will promote positive activity related to publishing, the media, medicine, the law and anything with higher education. Gifts, goodies and benefits come to you from the wealth of others. Ask for a loan or a mortgage. Midst all this, sex is affectionate and hot!

Capricorn (Dec. 22-Jan. 19) You have a strong focus now on dealing with matters related to shared property, taxes, debt and inheritances. The next 12 to 18 months are the perfect time to ask for a mortgage or a loan because you will benefit from the wealth of others directly or indirectly. This week partnerships and close friendships are intense and passionate.

Aquarius (Jan. 20-Feb. 18) This is the beginning of a 12 to 18 month window where you will improve partnerships and relationships. Your ambition is aroused for the next month so use this to your best advantage. Coworkers will help you. A romance or a warm friendship might suddenly strike up at work. Some of you will get a surprise raise or praise.

Pisces (Feb. 19-March 20) Everything related to your job will improve in the coming year. This is the time to either improve your job or get a better job. Trust me. Work-related travel will keep you busy. Meanwhile, set aside time for a vacation because an opportunity for fun, pleasure and travel will drop in your lap. Surprise love affairs with someone who is "different" might materialize. If so, this will be fleeting but dazzling and memorable!

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Telling an angry woman to calm down works about as well as baptizing a cat.



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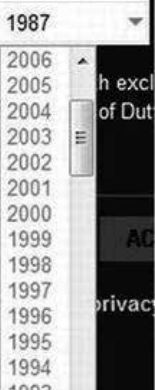
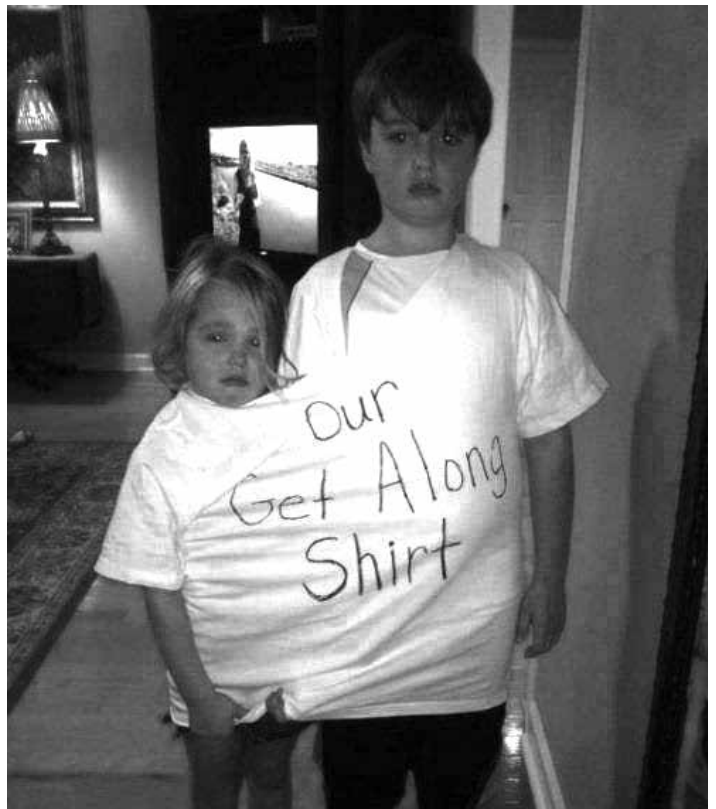
**WHO REMEMBERS
HAVING TO DO THIS?**



My wife and I got back today from a week long vacation. This is what happened when I tried to move the car so I could mow.



This is how I ground my kids now.



**You know you
are too old when
you have to
scroll to your
year of birth....**



TEXTING IN THE OLD DAYS

BLYC Officers and Directors

2013 BLYC Officers

Patty Luecht (E)..... 476-2615-3/4
Pgalloway4@yahoo.com
Fred Freihofer (N)..... 476-9823
cdfreihofer@aol.com
Holly Troeger Treasurer (E) 476-9898
amvine@aol.com
Mike Sheffieck Secretary (W)..... 476-1849
mcsheff@aol.com
Mike Lutz Fleet Captain (N)..... 476-2843
mmtlconcrete@aol.com

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Chas Grundy Past Comm (H) 476-7062
Chas.grundy@gmail.com
Greg Bolin (W)..... 476-2420
gbolin31@aol.com
Ed Chester (E)..... 476-1010
ed@chesterlawoffice.com

Harold Cranmer (W) 574-264-6817
dhcranmer@yahoo.com
Terry Dugan (S) 476-2814
s581122@aol.com
Celia Fallon (E) 476-1467
celia.fallon@gmail.com
Pam Mullin (N) 476-1080
Classegirl1@comcast.net
Steve Quinlan (W) 476-8802
stevequinlan2@yahoo.com
Vickie Rogers (C) 476-2383
tvrogers@frontier.com
Rick Russwurm (N) 476-2407
paramountp@aol.com
Scott Troeger (E) 476-9898
scott.troeger@btlaw.com
Denise Smitley (W) 476-9000
dsmitley@industrial-pack.com
PJ Vandewalle (H) 476-7086
pjvandewalle@gmail.com

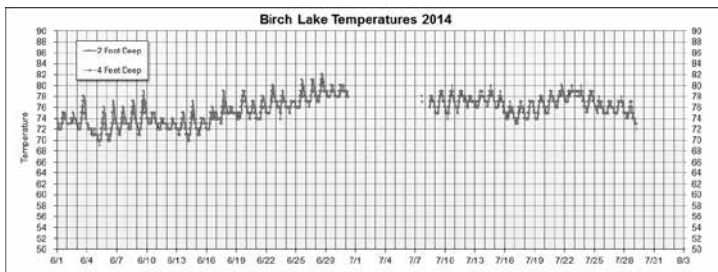
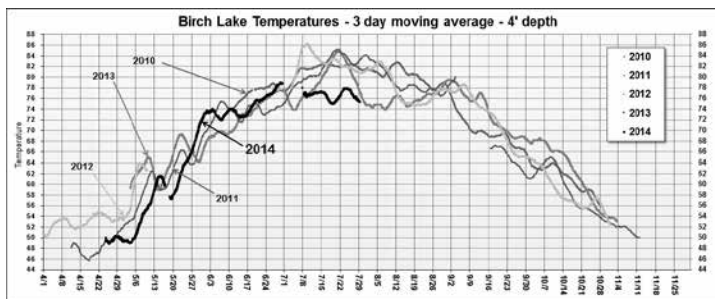
Alan Van Huffel (S)..... 269-244-3487
abec3@aol.com
Phil Vitale (E)..... 476-1680
sailorphil@philvitale.com
Sue Williams (S)..... 476-8886
smwillia@comcast.net

NON-DIRECTOR ATTENDEES:

Jim Bollinger BLYC Homeowners' Association Chairman (E)..... 476-9737
debo36@comcast.net
Paul Fallon, BLYC Water Quality Committee Chairman (E) 476-1467
paulf@hrpconstruction.com
Deb Spratt (N)
debspratt@cressyandeverett.com

Upcoming Board Meetings
August 9, September 6
all board meetings begin at 9 am

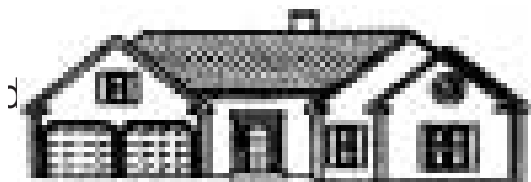
Birch Lake Water Temperature



Temps provided by Steve Quinlan

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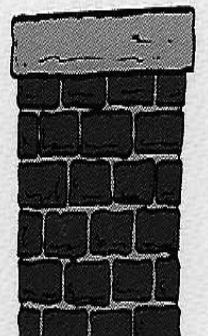
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~Birch Lake Recipes~



Provided Exclusively to the Birch Barker from Mrs. Ima Foodnudge

Grilled tomatoes

“Perfect, easy, and yummy!”
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Ingredients

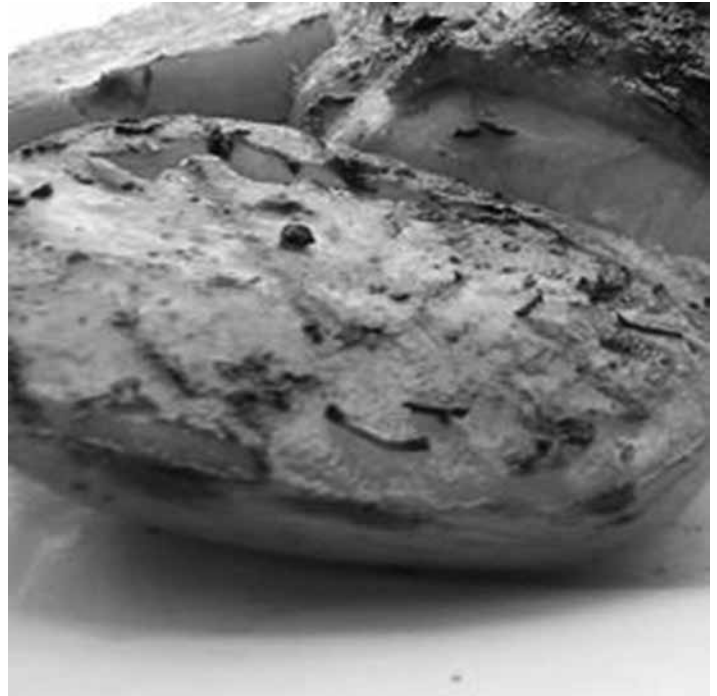
8 tomatoes, halved lengthwise
1 tablespoon olive oil
2 cloves garlic, minced, or to taste
1 teaspoon salt and ground black pepper to taste

Directions

Preheat an outdoor grill for medium-high heat, and lightly oil the grate.

Drizzle the olive oil over the cut sides of the tomatoes, and sprinkle with garlic, salt, and black pepper.

Place tomatoes, cut sides up, onto the preheated grill, and grill until the tomatoes start to sizzle and show blackened grill



marks, about 4 minutes.

Flip the tomatoes over and grill until the garlic turns golden brown, about 3 more minutes.





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Camp Tannadoonah

It's hard to believe but it's almost over!

It's hard to believe that this is the 2nd to last week of camp already! Next Thursday evening (August 7), our campers and staff will be coming around the lake to visit our neighbors and sing to you! If you're home that evening, come on outside and we'll serenade you with camp song. We will leave camp around 7:15 pm, and there will be a group of about 55-60 people coming to sing. One group will go to the cove and north-west side; the other group will go along the north and north-east sides.

It has been a spectacular summer here at Camp Tannadoonah. The camper numbers this year have far surpassed our goals, and things have been going really well up here at camp. We've had 4 consecutive weeks with over 100 campers, and our total official number stands at 775. The total number of campers, including staff kids, donated spots, etc., is 813! That's a huge jump from last year's total of 635 campers, and way past our goal of 690 for this year, too.

This week at camp we have 113 happy campers who have been hoping for a little warmer weather! We had planned on a new game for Tuesday

night called Sponge Wars, involving 800 sponges and lots of water! Plus, the Newberg Township Fire Department was going to bring out their truck and spray down the sports field with the fire hose! But we had to cancel and reschedule for next week because of the chilly weather.

This week at camp we have some special volunteers. Mr. Bill Karban, who serves on our Board of Directors, is here for the week to teach guitar lessons. And Mr. Sam Hass was recruited by Miss Katie Luecht to join the kitchen staff for a week. Next week, we welcome back Mr. Bobby Durkin and Miss Bri Karamol, who will be filling in for some staff who have to leave early.

Next week is the very last week of camp for 2014. On Friday night we have our end-of-the summer council fire, followed by the Order of the Birch ceremony, and the candlelight serenade at the lake. Come out on your boats around 9 pm and watch our campers come down the stairs with their candles. We will gather on the pier and sing to all those who come out to watch.

Then the campers go home on

Saturday, and our staff stay to clean up and close up camp for the summer. We'll celebrate a successful summer with a staff party Saturday night before all the staff leave on Sunday morning. We're all looking forward to relaxing, a good meal, and sharing our favorite stories from the summer of 2014.

Don't forget that Saturday, August 16 is our 6th annual hog roast here at camp! The festivities will begin at 5 pm and continue well into the evening. Come up to camp and join us for the evening! We just ask that people bring a dish to share. There will be live music, great food, and lots of fun. Plus you can check out all the improvements we have been making at camp all year.

A big thanks to Amy Lutz and Patti Russwurm, who assisted our staff on Tuesday evening this week when one of our staff became ill at the waterfront. They were right there to bring ice, water, and crackers over for Mr. Jared. Thanks for being great neighbors!!

~contact Miss Amber at
amber@tannadoonah.org



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Aug. 16



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Garceau's or call Stanley Pitakos.

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FREE

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LOST & FOUND

Does anyone recognize this **love-seat/chair?** It washed up on our shore after a storm on Tuesday night, July 22nd. It is sitting on Pat and Sue Williams' shore (south side) waiting for its owners to come claim it. 476-8886



LOST - **prescription sunglasses,** gold aviator style. I lost them either at the turtle races, or on the west side. If you find them, please call Tricia Zoller @ 773-230-4521. Thanks!

LOST: **Grandchildren's favorite toys:** Tupperware 3 cups (orange w/

holes, green w/ holes, blue), 1 yellow Fisher-Price man. If found please return to Quinlans (west side) or call 476-8802.

FOUND: a friend and I were walking around the intersection of Walnut Road and Harvey Street Saturday evening and found a **ring of keys.** If anyone has lost them they can contact me at 269-476-1145.

During the storm that hit last week, we lost our **zipper pouch that holds out canopy for our Sweetwater pontoon.** the word Sweetwater is in white, and the rest is a reddish color. Reward offered...two tickets to Singin' and Dancin' into the Holidays, 2014.

HELP WANTED

Camp Fire River Bend, and Camp Tannadoonah a growing Michiana based youth development non-profit with club programs, is seeking **volunteers to assist in our Fundraising, Marketing, and Finance Committees and to serve on our board.** Please contact us at info@riverbendcampfire.org or at 574-387-6095.

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